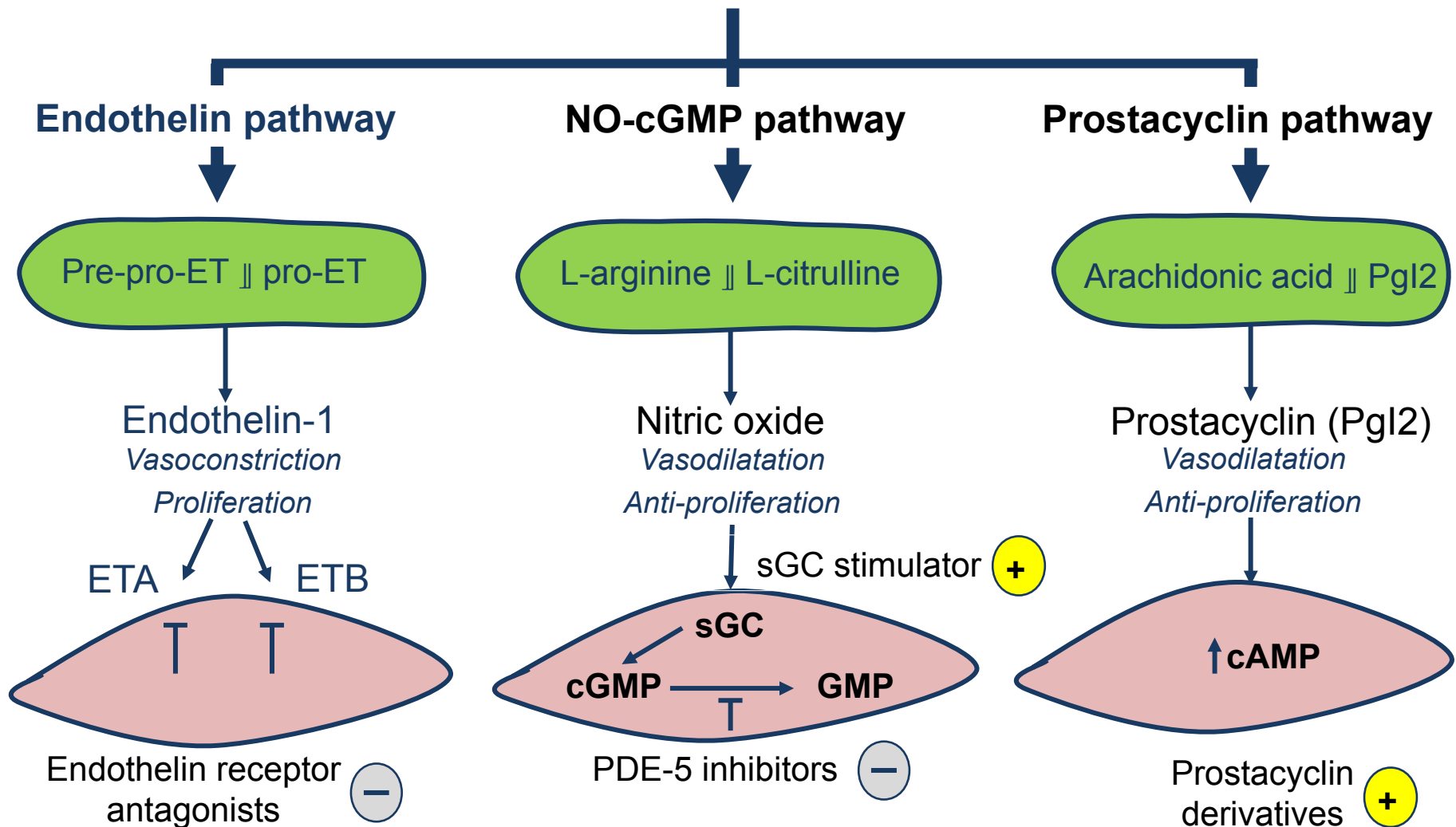


Traitement de l'HTAP en 2014

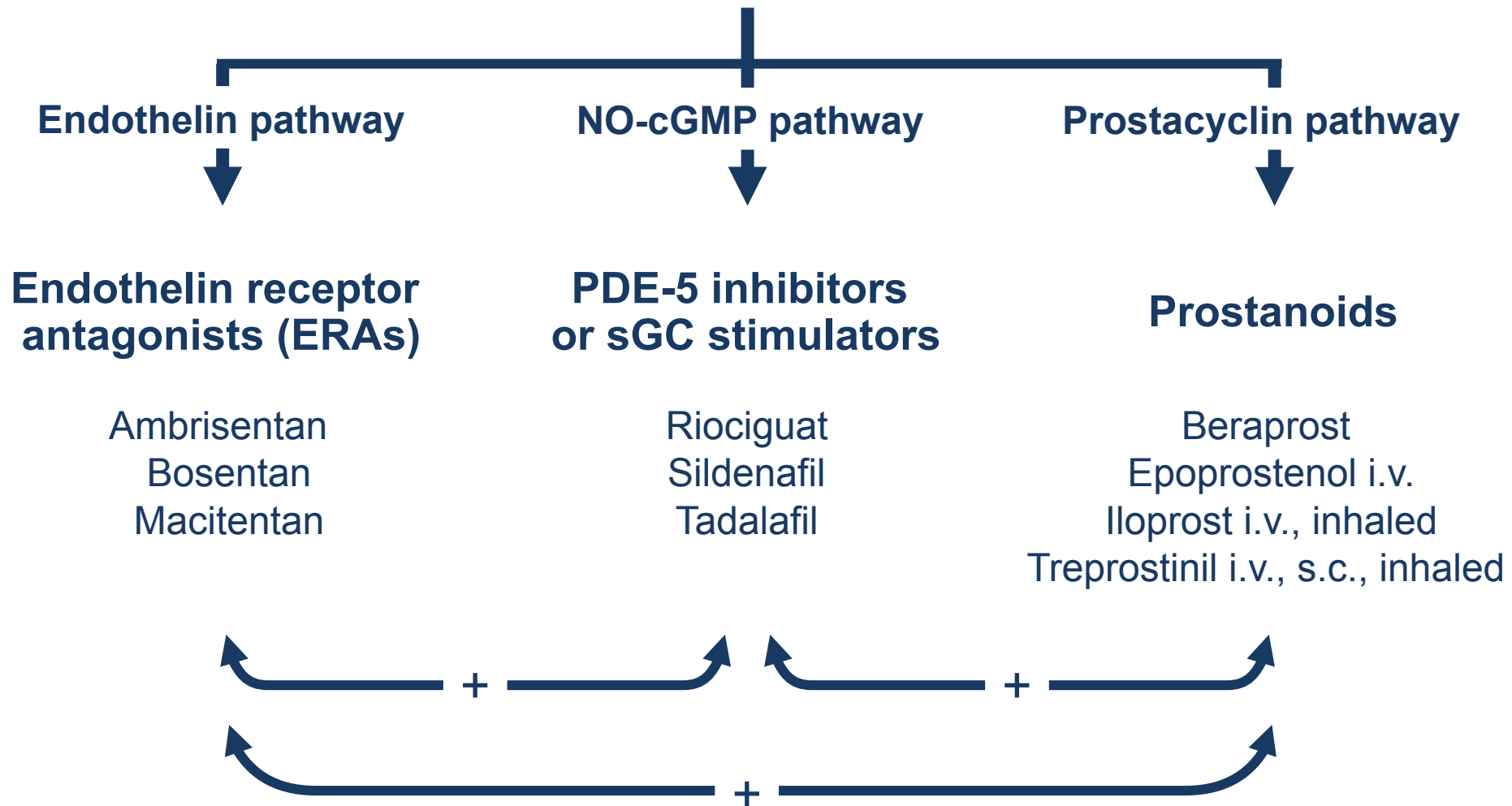
Olivier SITBON

*Centre de Référence de l'Hypertension Pulmonaire Sévère
Hôpital Universitaire de Bicêtre – INSERM U999
Université Paris-Sud – Le Kremlin-Bicêtre – France*

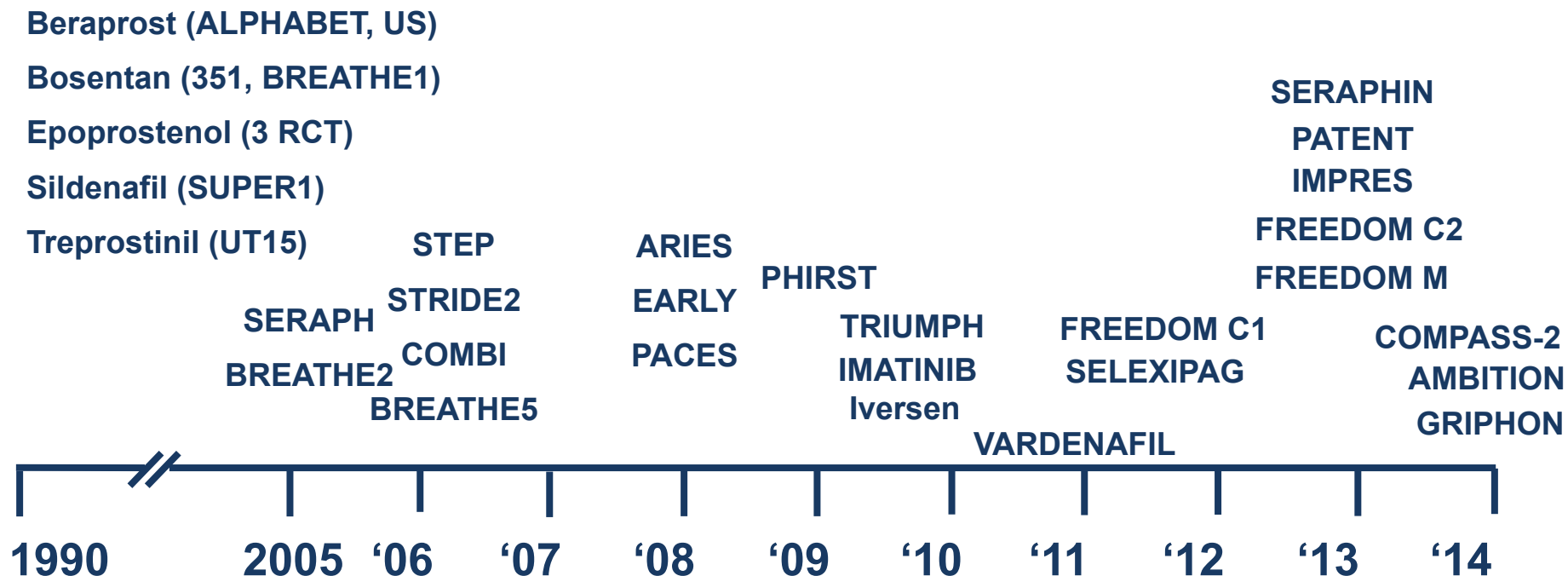
PAH-specific therapies target the three signalling pathways involved in PAH



PAH-specific therapies target the three signalling pathways involved in PAH



Overview of RCTs in PAH



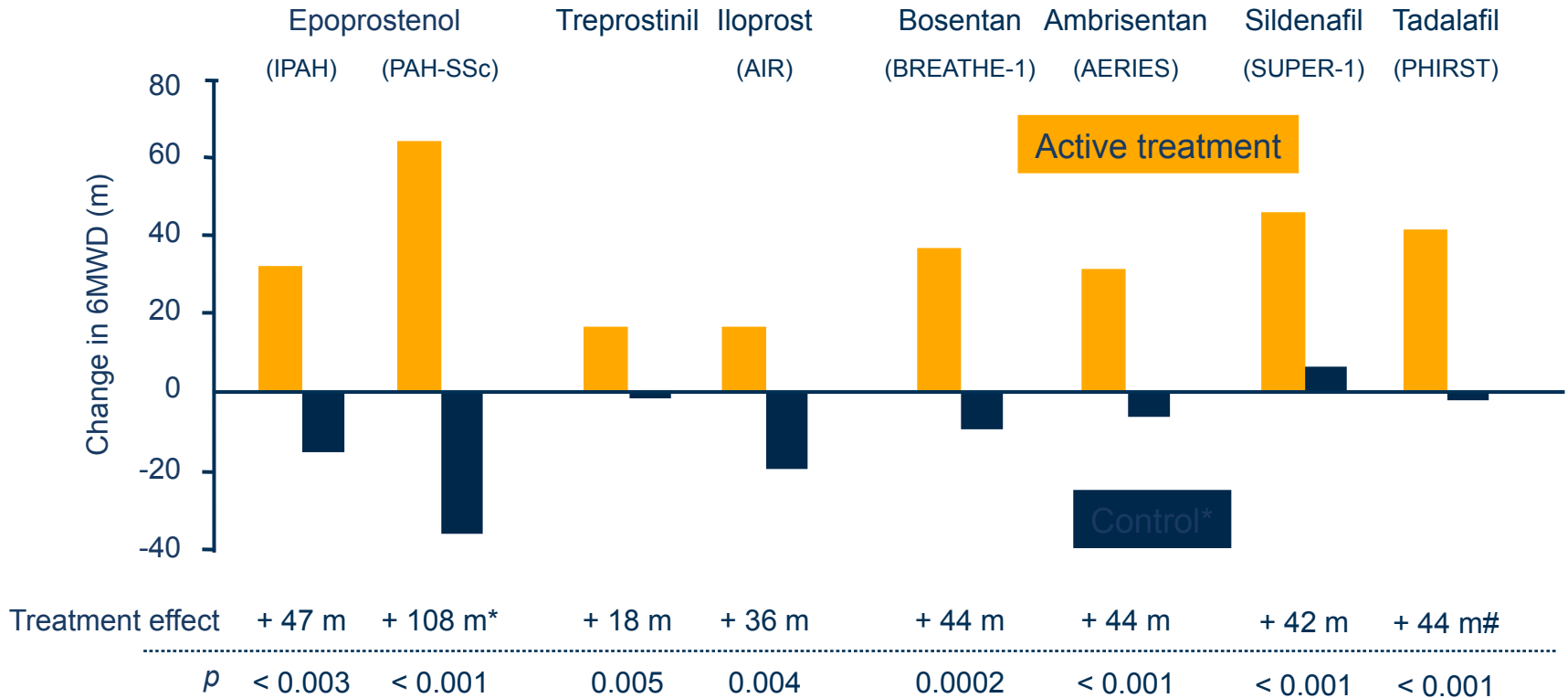
Monotherapy

Monotherapy and/or sequential combination

Initial combination

RCTs with monotherapy in PAH

Improvement in exercise capacity (3-4 months)



* Control = placebo except for epoprostenol trials ('Conventional therapy')

#: monotherapy only

Barst, NEJM 1996.

Badesch, Ann Int Med 2000.

Simonneau, AJRCCM 2002.

Olschewski, NEJM 2002.

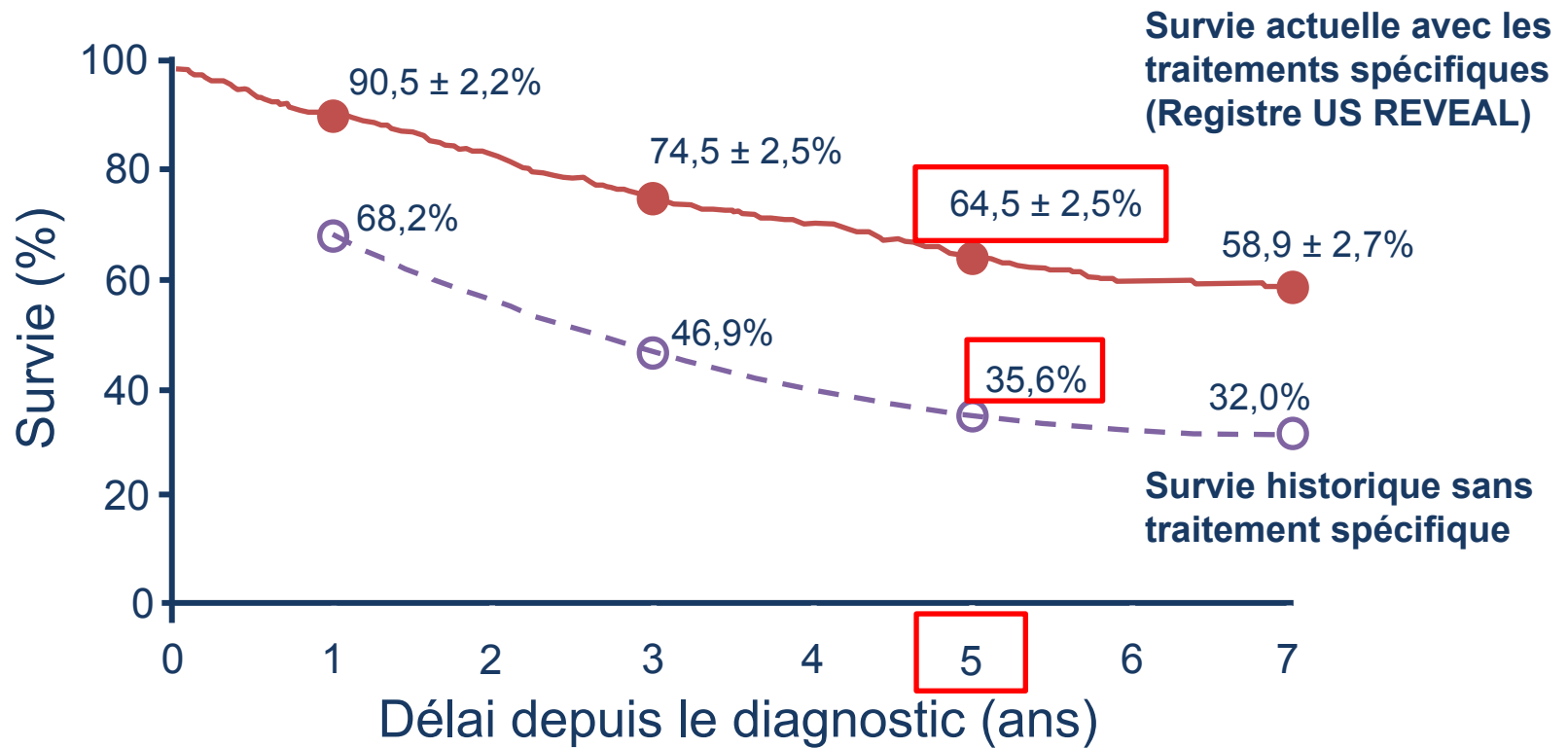
Rubin, NEJM 2002.

Galiè, Circulation 2008.

Galiè, NEJM 2005.

Galiè, Circulation 2009.

Malgré les progrès thérapeutiques, le pronostic à long terme de l'HTAP est insatisfaisant



Comment faire mieux ?

-

-

-

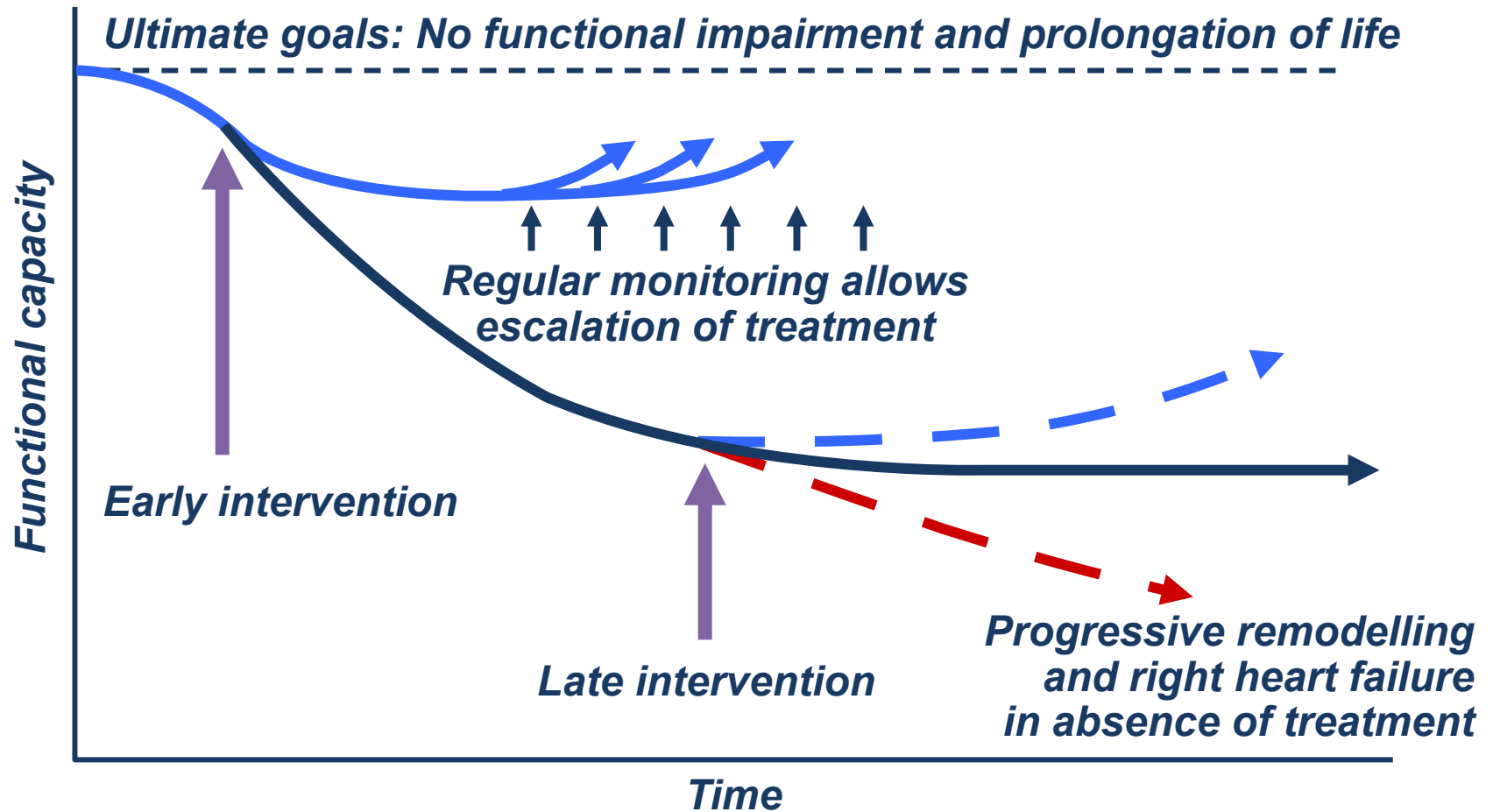
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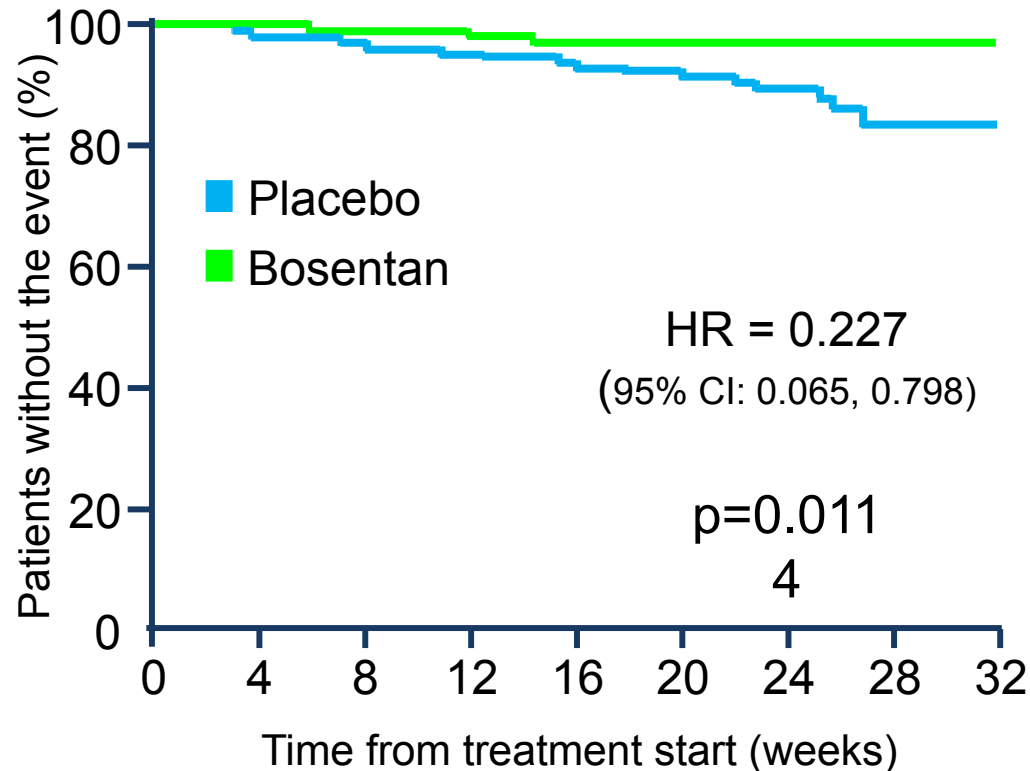
-

Traitement « précoce » et stratégie « goal-oriented » dans l'HTAP



Traiter « précocement »

Etude EARLY: bosentan dans l'HTAP de CF II



At risk	0	4	8	12	16	20	24	28	32
Placebo	92	90	89	86	84	83	77	18	9
Bosentan	93	92	87	85	84	83	80	27	15

	Placebo	Bosentan
6-MWD (m)	431 ± 91	438 ± 86
PVR (dyn.sec.cm ⁻⁵)	805 ± 369	839 ± 531

Définir les objectifs à partir des facteurs pronostiques connus

Assessment parameter	Stable and satisfactory	Stable and not satisfactory	Unstable and deteriorating
Clinical evidence of RV failure	No	Only some of the “green” parameters are fulfilled (Grey zone)	Yes
Rate of progression	Slow		Rapid
Syncope	No		Yes
WHO-FC	I, II		IV
6-MWD	Longer (> 500 m)		Shorter (< 300 m)
CPET	Peak VO ₂ > 15 ml/min/kg		Peak VO ₂ < 12 ml/min/kg
BNP/NT-proBNP plasma levels	Normal or near-normal		Very elevated and rising
Echocardiographic findings	No pericardial effusion TAPSE > 2.0 cm		Pericardial effusion TAPSE < 1.5 cm
Haemodynamics	RAP < 8 mmHg and CI ≥ 2.5 l/min/m ²		RAP > 15 mmHg or CI ≤ 2.0 l/min/m ²

Objectifs thérapeutiques dans l'HTAP

Placer la barre plus haut...

Treatment Goals of Pulmonary Hypertension

Vallerie V. McLaughlin, MD,* Sean Patrick Gaine, MD, PhD,† Luke S. Howard, DPHIL,‡
Hanno H. Leuchte, MD,§ Michael A. Mathier, MD,|| Sanjay Mehta, MD,¶
Massimiliano Palazzini, MD,# Myung H. Park, MD,** Victor F. Tapson, MD,††
Olivier Sitbon, MD, PhD‡‡

Functional class

I or II

Echocardiography/CMR

Normal/near-normal RV size and function

Hemodynamics

Normalization of RV function (RAP <8 mm Hg and CI >2.5 to 3.0 l/min/m²)

6-min walk distance

>380 to 440 m; may not be aggressive enough in young individuals

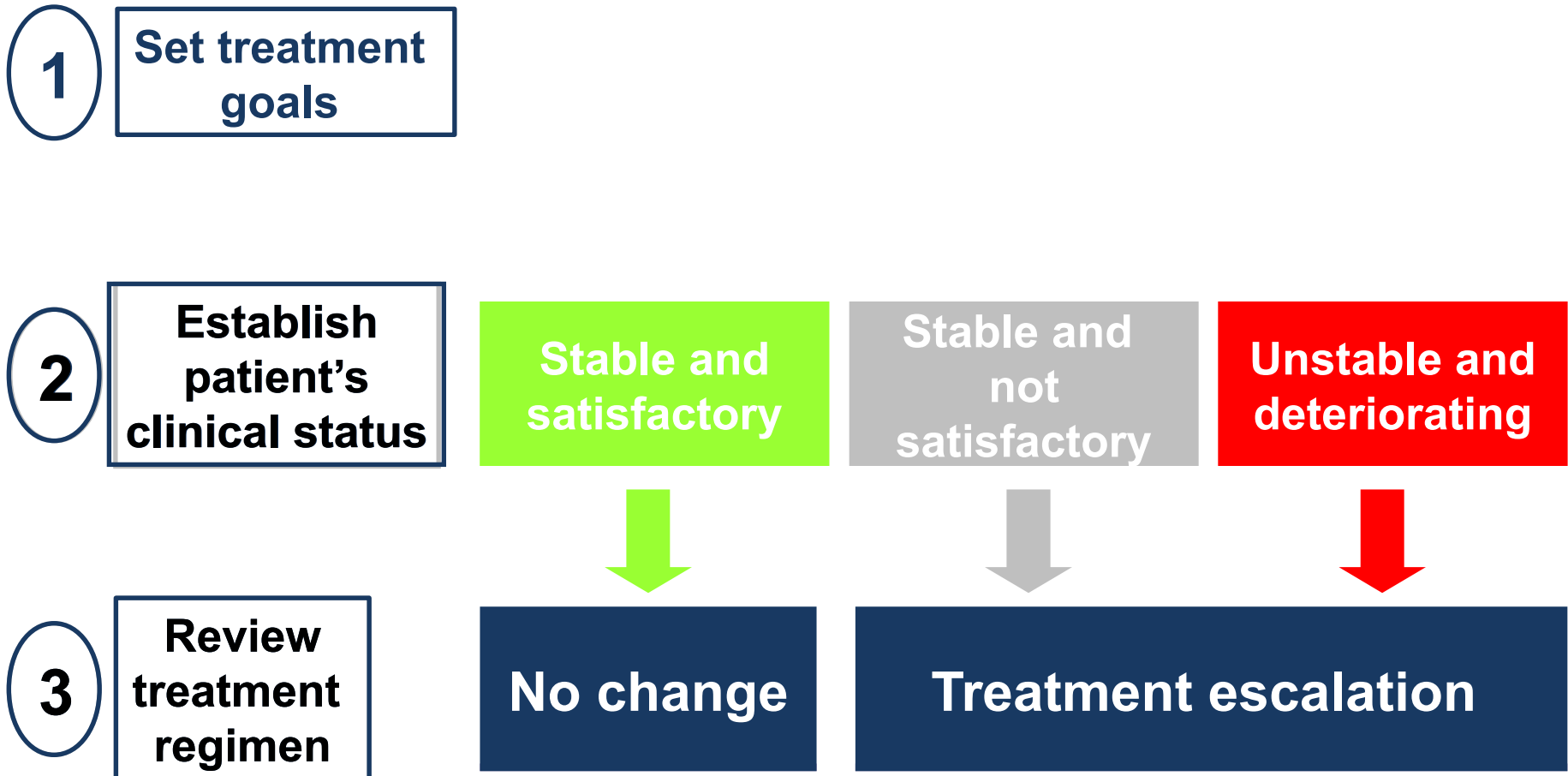
Cardiopulmonary exercise testing

Peak VO₂ >15 ml/min/kg and EqCO₂ <45 l/min/l/min

B-type natriuretic peptide level

Normal

Stratégie « goal-oriented » dans l'HTAP

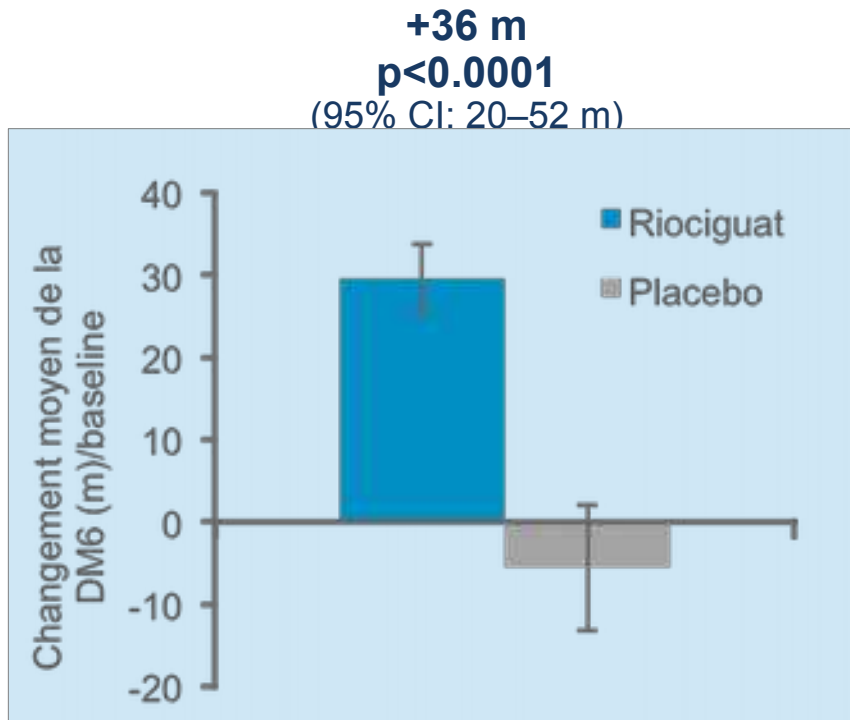


Traitement combiné séquentiel

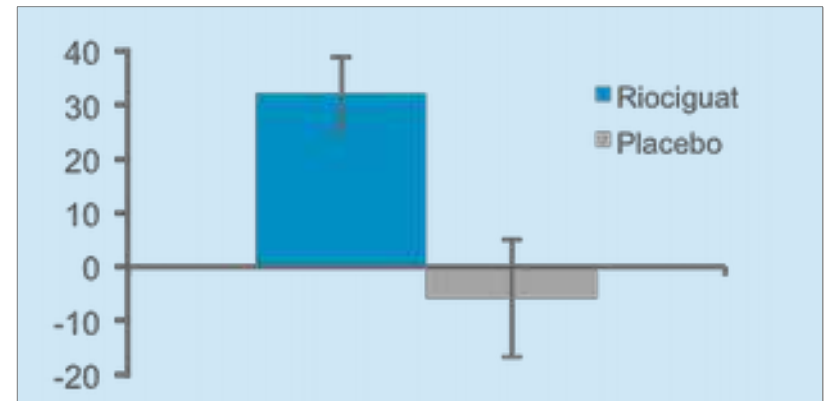
Drug tested	Study	Background	N	Duration (weeks)	Primary endpoint
Bosentan	EARLY	None or sildenafil (16%)	185	24	PVR +, Δ 6MWD (NS)
Bosentan	COMPASS-2	Sildenafil	334	92	Morbi-mortality (NS)
Iloprost	STEP	Bosentan	67	12	Δ 6MWD (NS)
Iloprost	COMBI	Bosentan	40	12	Δ 6MWD (NS)
Imatinib	Phase II	Bosentan &/or sildenafil &/or prostanoids	59	24	Δ 6MWD (NS)
Imatinib	IMPRES	Bosentan &/or sildenafil &/or prostanoids	202	24	Δ 6MWD +
Macitentan	SERAPHIN	None, PDE5i or inhaled iloprost	742	100	Morbi-mortality +
Riociguat	PATENT	None, bosentan or prostanoids	443	12	Δ 6MWD +
Selexipag	GRIPHON	None, ERA and/or PDE5i	1156		Morbi-mortality +
Selexipag	Phase II	Bosentan &/or sildenafil	43	17	PVR +
Sildenafil	PACES	Epoprostenol	264	16	Δ 6MWD +
Sildenafil	NCT00323297	Bosentan	104	12	Δ 6MWD (NS)
Tadalafil	PHIRST	None or bosentan (54%)	405	16	Δ 6MWD (NS)
Trepostinil	Inhaled- TRIUMPH	Bosentan or sildenafil	235	12	Δ 6MWD +
Trepostinil	Oral- FREEDOM C1	Bosentan &/or sildenafil	354	16	Δ 6MWD (NS)
Trepostinil	Oral- FREEDOM C2	Bosentan &/or sildenafil	310	16	Δ 6MWD (NS)

Amélioration de la DM6 chez les patients naïfs de traitement ou pré-traités

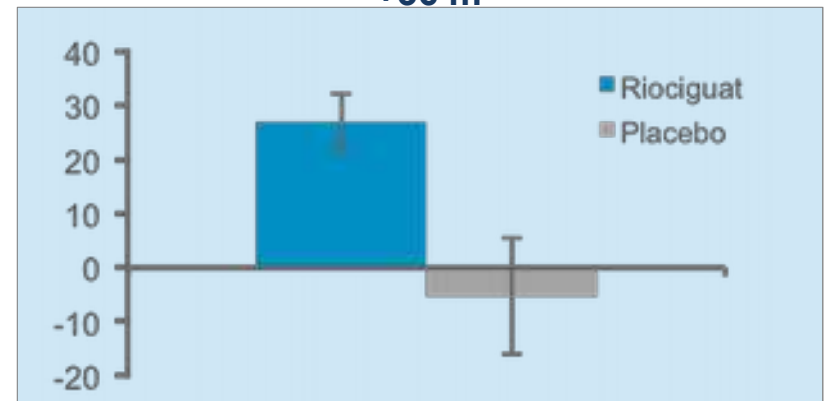
Critère principal: Population totale
(n=254/126)



Population naïve de traitement
(n=123/66)
+38 m



Population pré-traitée (n=131/60)
+36 m



Critères de jugement dans les études cliniques dans l'HTAP

Test de Marche de 6 mn

- Méthode simple, reproductible et valide pour évaluer les capacités d'exercice à court terme
- Δ DM6' initialement considéré comme prédictif de l'évolution
- Initialement accepté par les Autorités pour enregistrement des médicaments

Test de Marche de 6 mn

- Δ DM6' n'est pas prédictif de la morbi-mortalité
- Etudes à court terme non adaptées pour l'évaluation des médicaments dans une maladie grave et évolutive

2000

2003

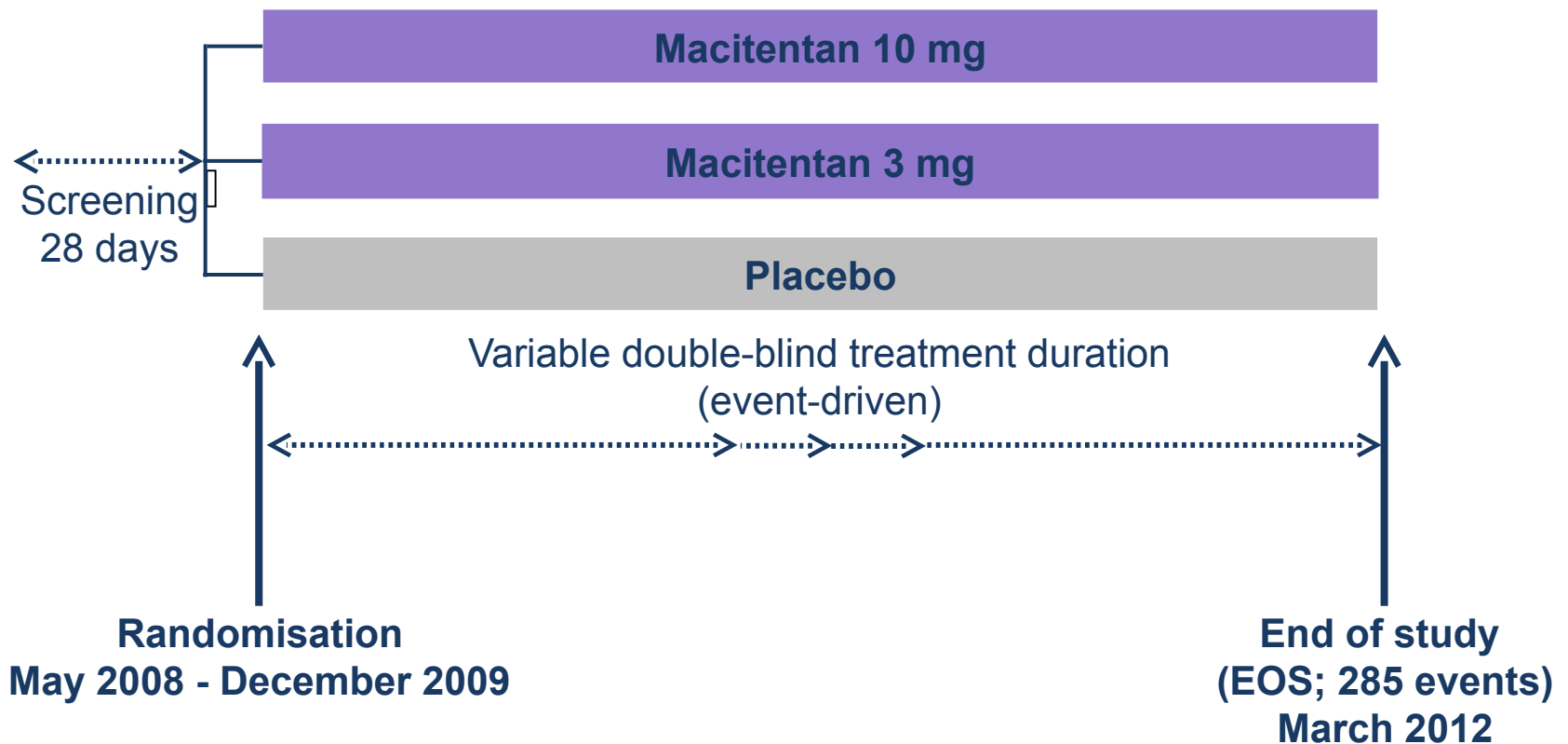
2008

2012

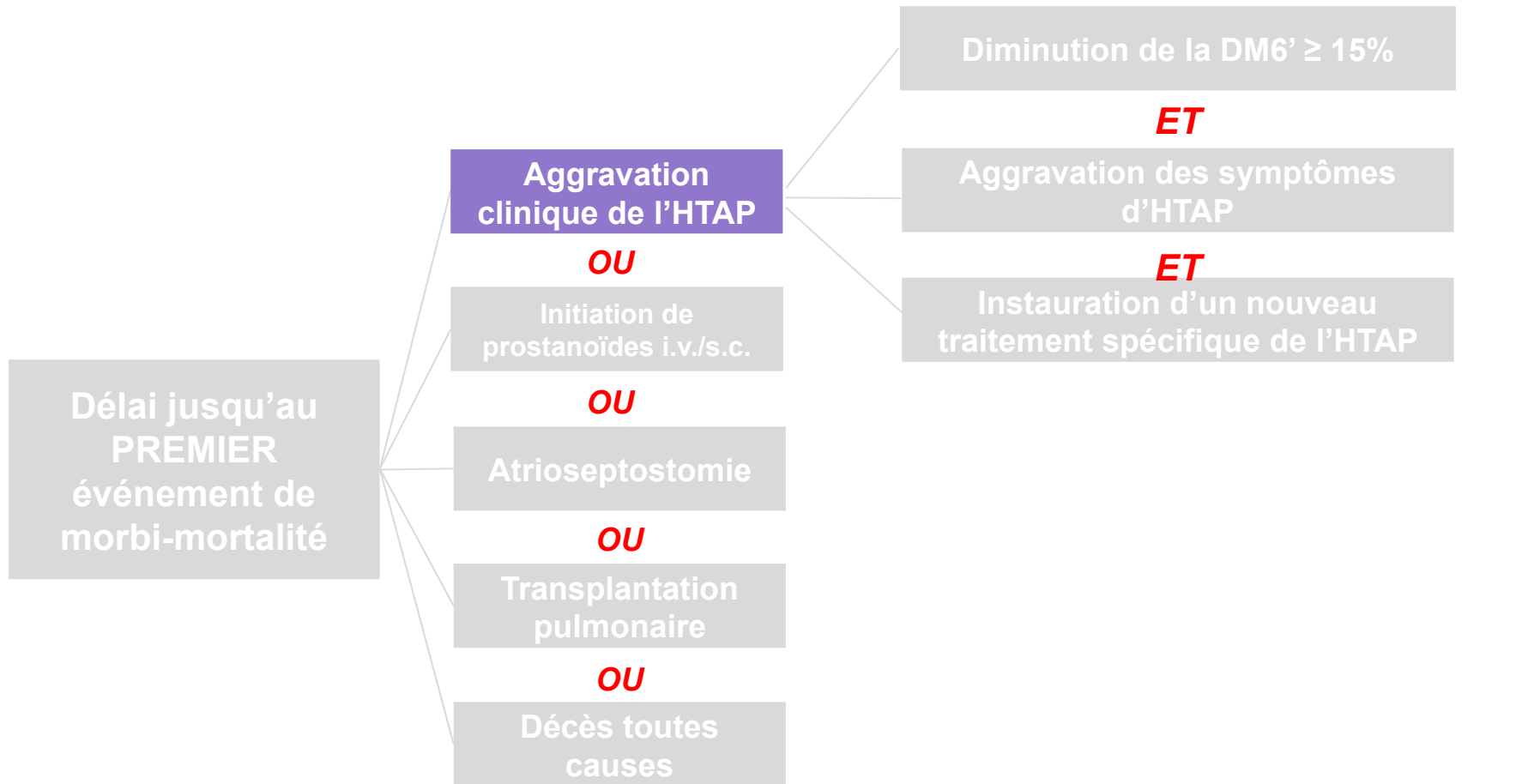
4th World
Symposium
on Pulmonary
Hypertension

Recommandations internationales : nécessité de conduire des études de morbi-mortalité dans l'HTAP

SERAPHIN : Schéma de l'étude

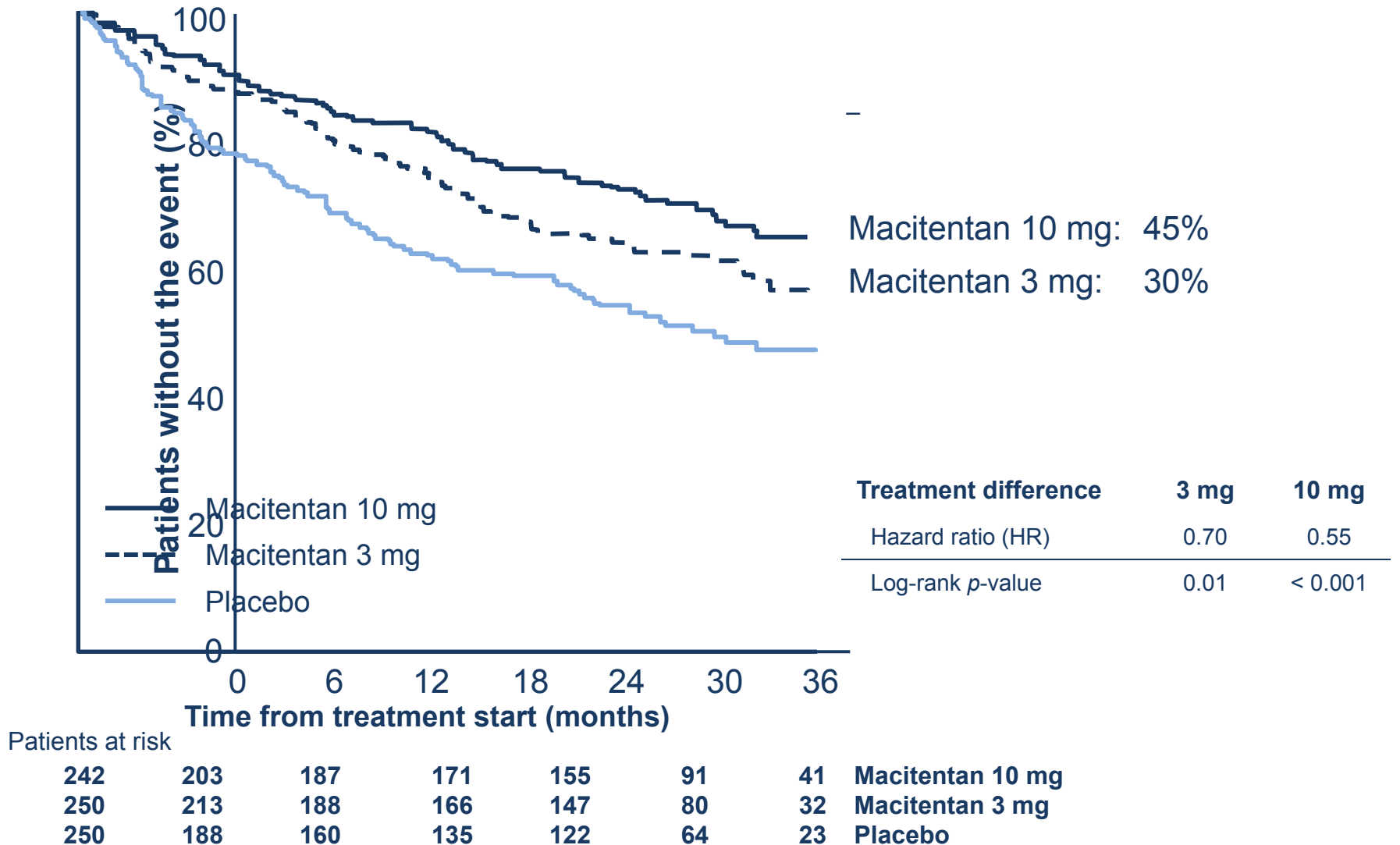


SERAPHIN : Critère principal de jugement



Tous les événements ont été confirmés en aveugle par un comité d'adjudication indépendant

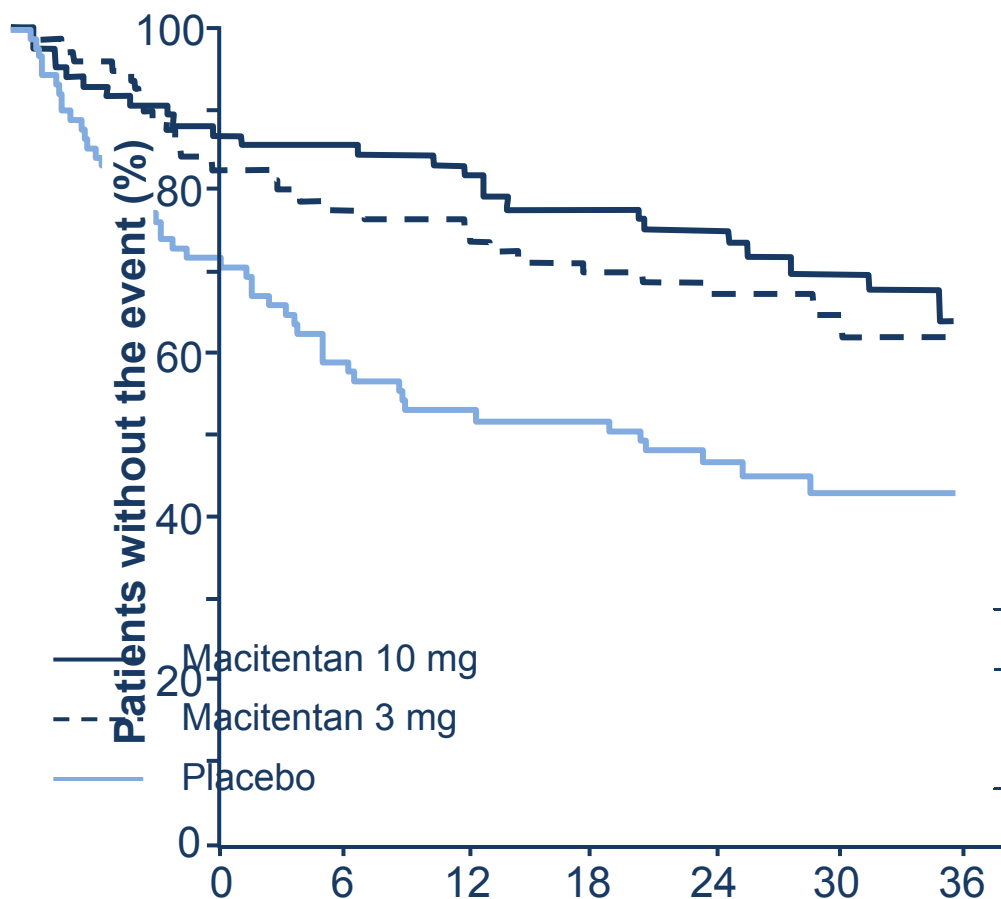
SERAPHIN : Critère principal de jugement



SERAPHIN : Evénements composant le critère de principal de jugement

	Placebo <i>n</i> = 250	Macitentan 10 mg <i>n</i> = 242
Patients avec un événement, n (%)	116 (46,4)	76 (31,4)
Type de 1er événement, n (%)		
Aggravation de l'HTAP	93 (37,2)	59 (24,4)
Initiation d'un prostanöide IV ou SC	6 (2,4)	1 (0,4)
Décès toutes causes	17 (6,8)	16 (6,6)

SERAPHIN : Patients SANS traitement spécifique préalable



Risk reduction of primary endpoint event vs placebo

Macitentan 10 mg: 55%

Macitentan 3 mg: 47%

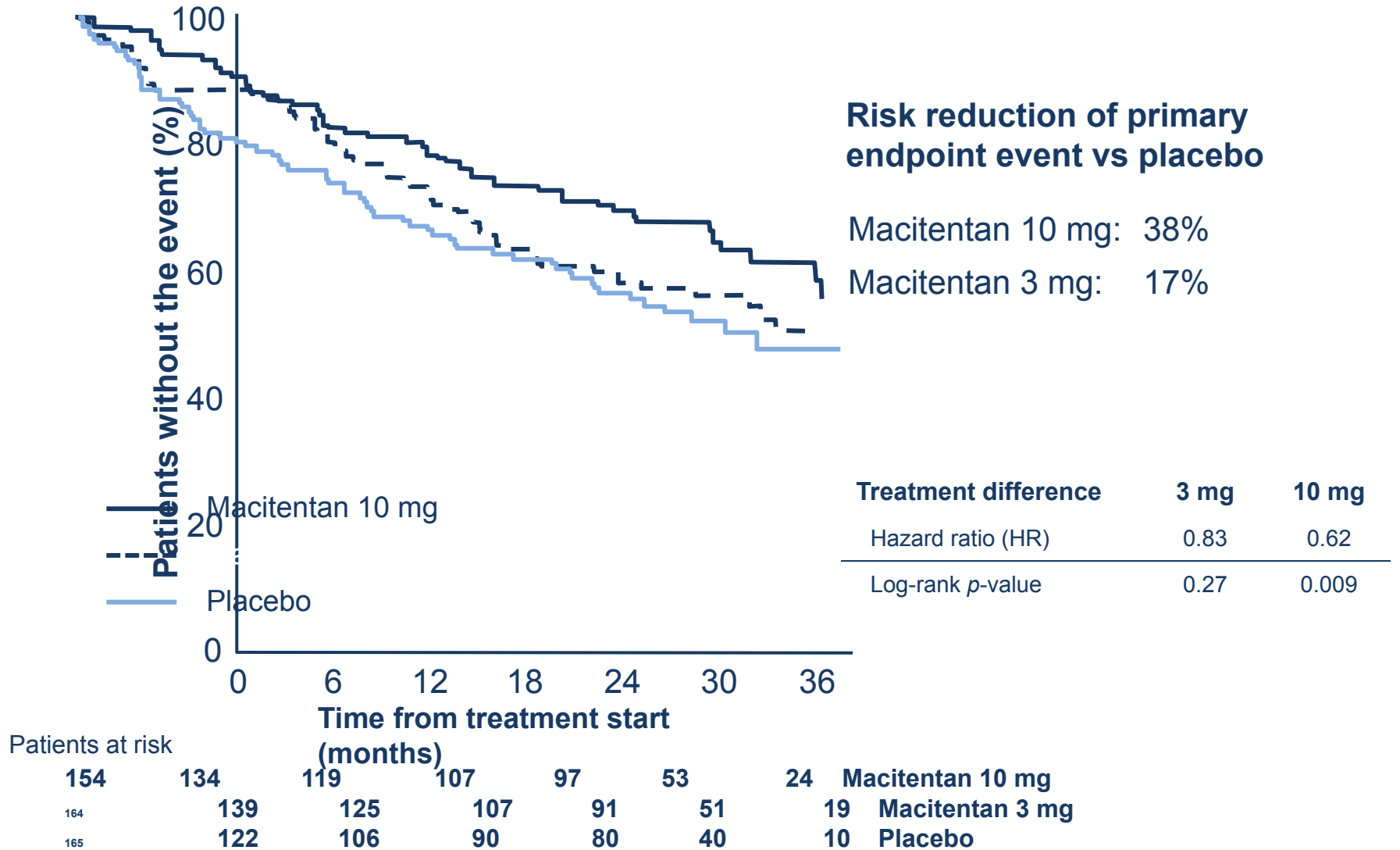
— Macitentan 10 mg
 - - Macitentan 3 mg
 — Placebo

Treatment difference	3 mg	10 mg
Hazard ratio (HR)	0.53	0.45
Log-rank <i>p</i> -value	0.007	<0.001

Patients at risk **Time from treatment start (months)**

88	74	68	64	58	38	17	Macitentan 10 mg
86	74	63	59	56	29	13	Macitentan 3 mg
96	66	54	45	42	24	13	Placebo

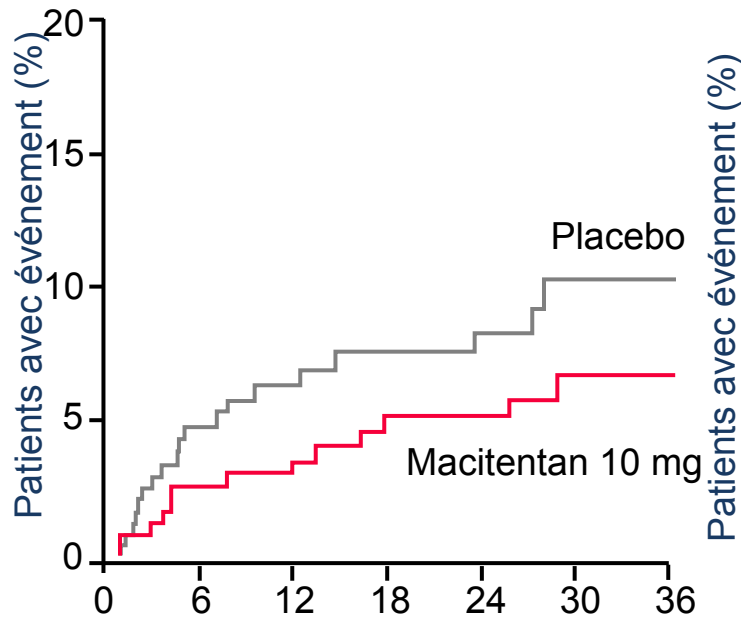
SERAPHIN : Patients AYANT un traitement spécifique préalable



SERAPHIN : Décès jusqu'à la fin du traitement

Décès toutes causes :
réduction du risque de 36%
($p = 0,20$)

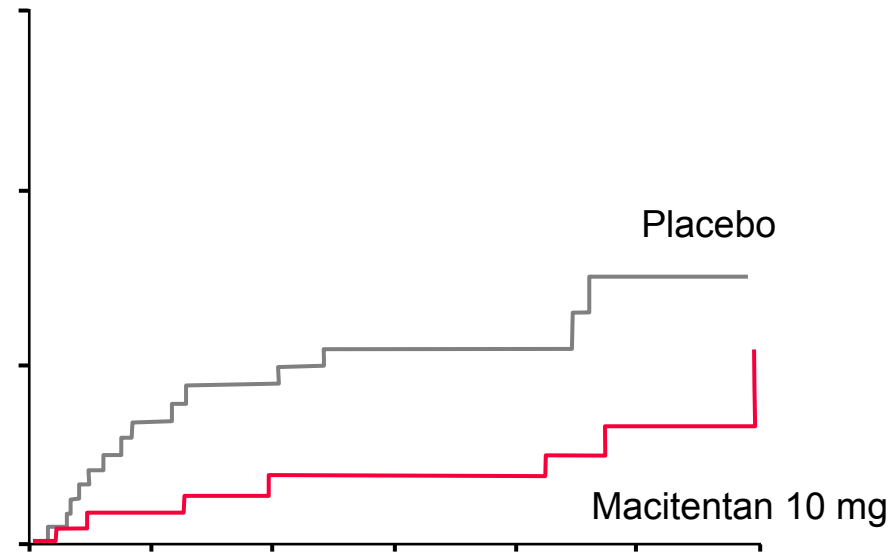
Décès liés à l'HTAP (post hoc) :
réduction du risque de 56%
($p = 0,07$)



■	242	209	188	172	157
■	91	41			
	250	198	163	139	123

Délai depuis le début du traitement (mois)

Patients avec événement (%)



■	242	209	188	172	157	91	41
■	250	198	163	139	124	67	24

Délai depuis le début du traitement (mois)

GRIPHON study (phase III): ProstaGlandin I2 Receptor agonist In Pulmonary arterial HypertensiON

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Actelion press release, 16 June 2014.

NCT01106014: www.clinicaltrials.gov

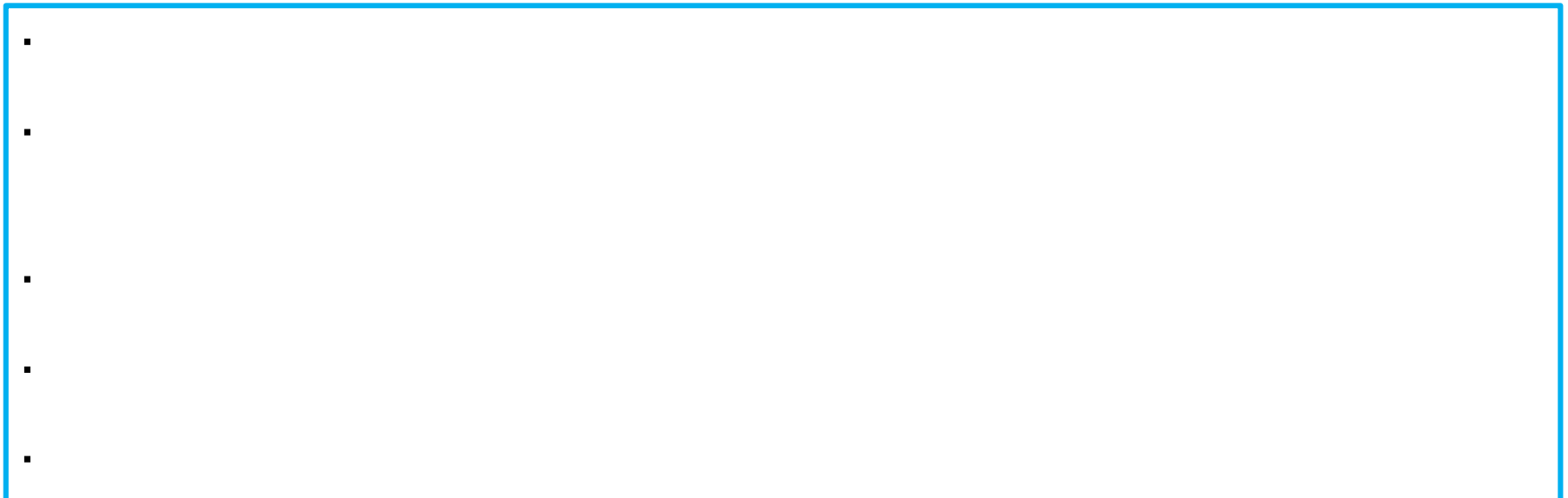
Changing strategy – Initial combination therapy: What is the evidence?

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1. Humbert M, et al. Eur Respir J 2004; 24:353-9.
2. Kemp K, et al. J Heart Lung Transplant 2012; 31:150-8.
3. Sitbon O, et al. Eur Respir J. 2014; 43: 1691–1697.
4. GSK Press Release – 8 September 2014.

Upfront triple combination therapy in pulmonary arterial hypertension: a pilot study

Olivier Sitbon^{1,2,3}, Xavier Jaïs^{1,2,3}, Laurent Savale^{1,2,3}, Vincent Cottin⁴, Emmanuel Bergot⁵, Elise Artaud Macari^{1,2,3}, Hélène Bouvaist⁶, Claire Dauphin⁷, François Picard⁸, Sophie Bulifon^{1,2,3}, David Montani^{1,2,3}, Marc Humbert^{1,2,3} and Gérald Simonneau^{1,2,3}



Upfront triple combination therapy: Effect on FC and 6MWD

Prospective, observational analysis of idiopathic or heritable PAH patients ($n = 19$) treated with upfront combination therapy (epoprostenol, bosentan and sildenafil)

#

*

*
**

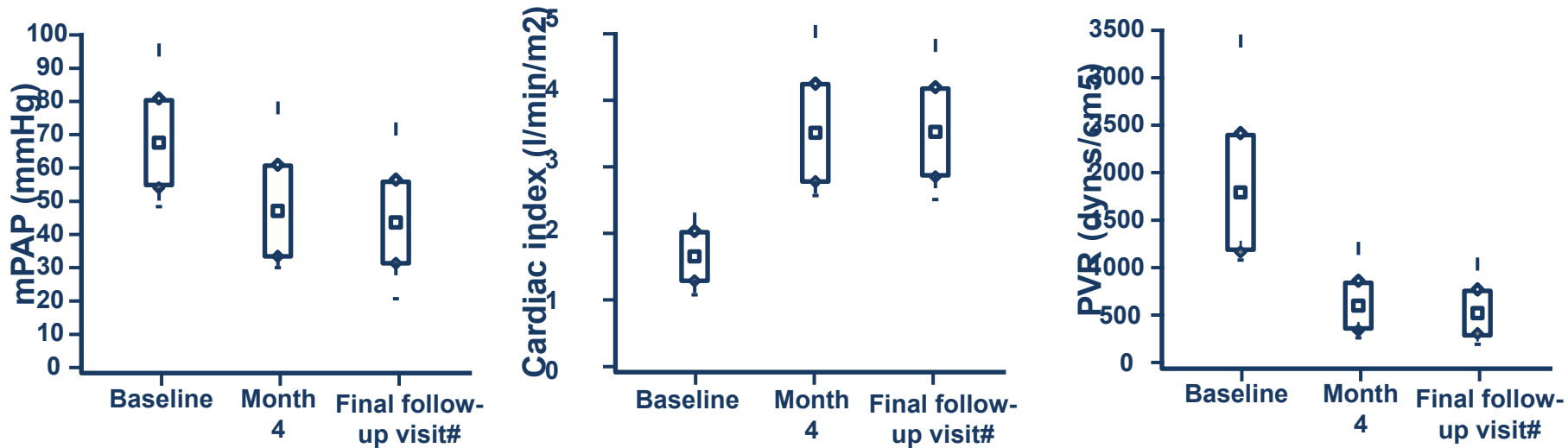
#

#32 ± 19 months

* $p < 0.01$ versus baseline; ** $p < 0.01$ versus 4 months

Sitbon O, et al. *Eur Respir J.* 2014;43:1691–7.

Upfront triple combination therapy: Effect on haemodynamics



	Baseline	Month 4	Final follow-up#
RAP (mmHg)	11.9 ± 5.2	4.9 ± 4.9*	5.2 ± 3.5*
mPAP (mmHg)	65.8 ± 13.7	45.7 ± 14.0*	44.4 ± 13.4*
CI (l/min/m ²)	1.66 ± 0.35	3.49 ± 0.69*	3.64 ± 0.65*
PVR (d.s.cm-5)	1718 ± 627	564 ± 260*	492 ± 209*

#32 ± 19 months

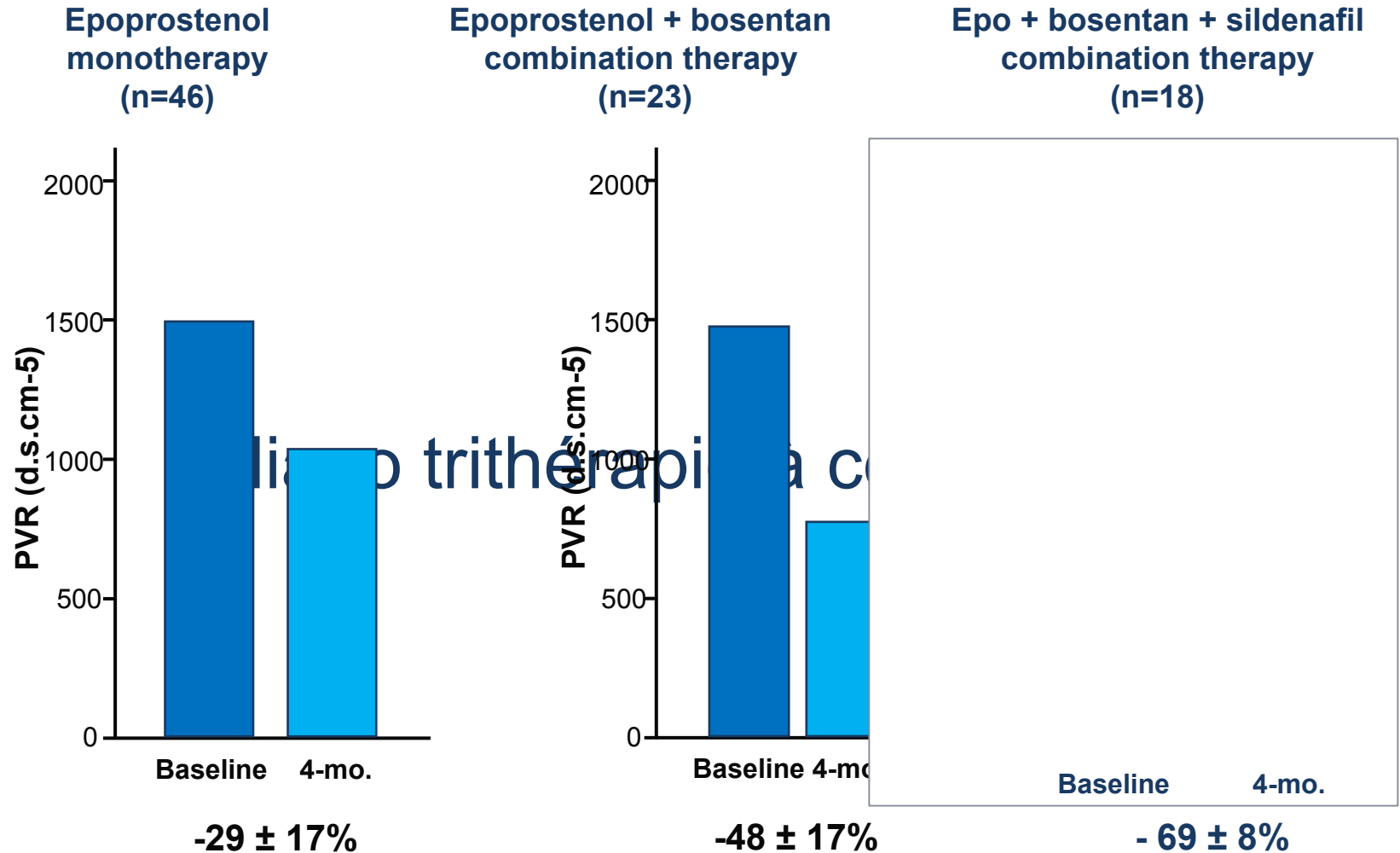
**p* < 0.01 versus baseline

Upfront triple combination therapy: Long-term outcome / survival

-
-
-
-

	1-year	2-year	3-year
Actual	100%	100%	100%
Transplant-free	94%	94%	94%
Expected* [95% CI]	75% [68%-82%]	60% [50%-70%]	49% [38%-60%]

Upfront triple combination therapy



The AMBITION trial

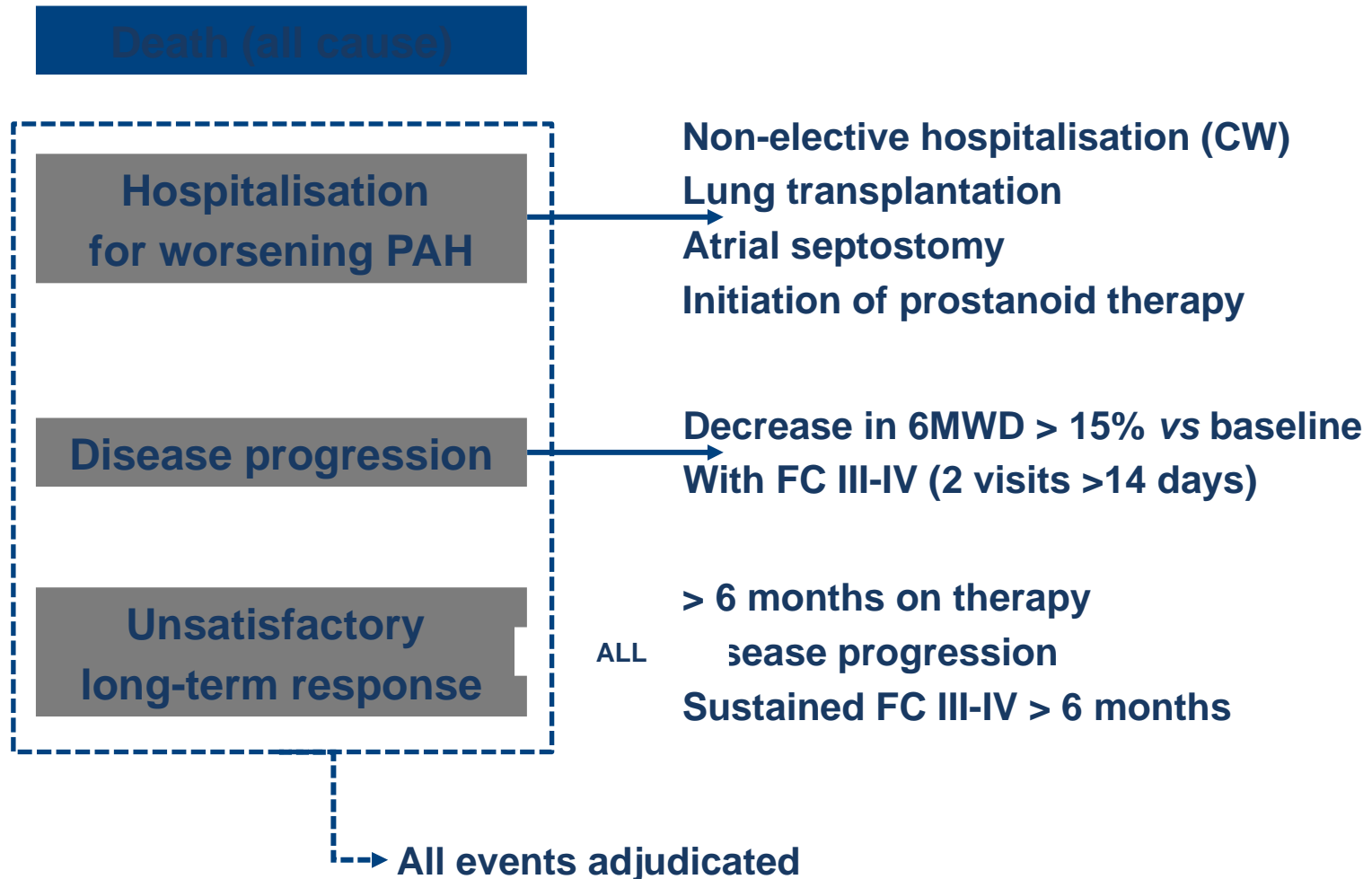
pulmonary arterial hypertension

Event-driven trial

front combination therapy (ambrisentan AND tadalafil)
vs Monotherapy (ambrisentan OR tadalafil)

AMBITION: Primary endpoint

Time to first clinical failure event



AMBITION: Primary endpoint

Time to first adjudicated clinical failure event

- First-line treatment of PAH with the combination of ambrisentan 10 mg and tadalafil 40 mg **reduced the risk of clinical failure by 50%** compared to pooled ambrisentan and tadalafil monotherapy arm (hazard ratio = 0.502; p=0.0002).
- Hospitalisation for worsening of PAH was the main component of the primary endpoint
- The combination was also statistically significant vs the individual ambrisentan and tadalafil monotherapy groups for the primary endpoint.

Expert consensus recommendations for combination therapy have improved with increasing experience

Venice, 2003¹

Dana Point, 2008^{2,3}

Nice, 2013⁴

Sequential combination therapy may be considered in patients who fail to show improvement or who deteriorate on a single drug (monotherapy)

Combination therapy should be considered in patients on monotherapy with 'inadequate clinical response'

Evidence level: IIa-B

In FC IV, initial combination should be considered

Evidence level: IIa-C

In case of inadequate clinical response, sequential therapy is recommended

Evidence level: I-A

In FC III/IV patients initial combination therapy may be considered

Evidence level: IIb-C

1. Galiè N, et al. *J Am Coll Cardiol* 2004; 43:81S-88S.
2. Barst RJ, et al. *J Am Coll Cardiol* 2009; 54:S78-84.
3. Galiè N, et al. *Eur Heart J* 2009; 30:2493-537.
4. Galiè N, et al. *J Am Coll Cardiol* 2013; 62:D60-72.

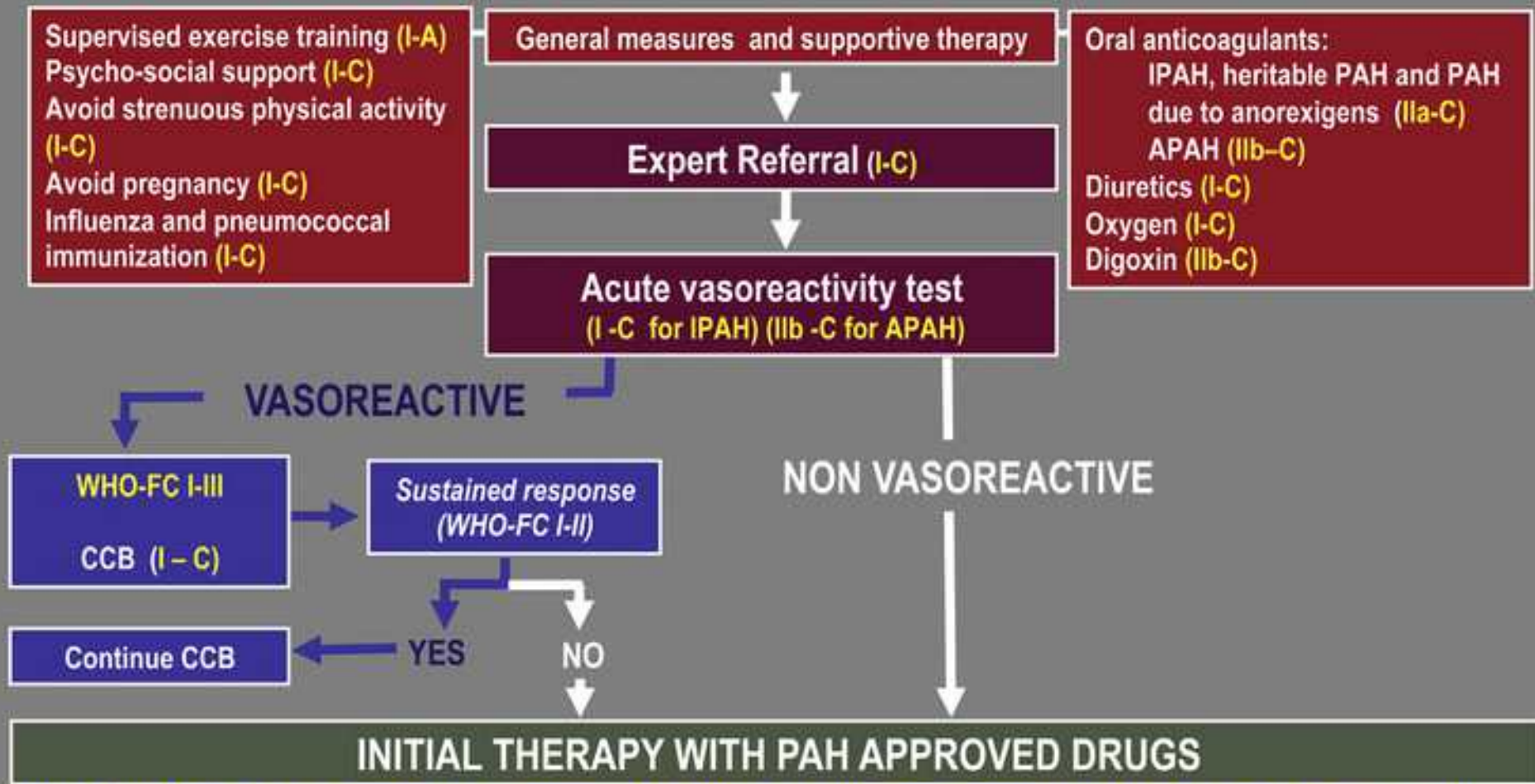
9 traitements approuvés dans l'HTAP

Voie de l'ET-1	Voie de la PGI2 / AMPc	Voie du NO / GMPc	
Antagonistes récepteurs ET-1 (oral)	Prostacyclines et dérivés	Inhibiteurs PDE-5 (oral)	Activateur GC soluble (oral)
Bosentan (Tracleer®)	Epoprostenol (Flolan® et génériques, Veletri®) – IV	Sildenafil (Revatio®)	Riociguat (Adempas®)
Ambrisentan (Volibris®)	Iloprost (Ventavis®) – <i>Inhalation</i>	Tadalafil (Adcirca®)	
Macitentan (Opsumit®)	Treprostinil (Remodulin®) – <i>SC, IV, inhalation*, oral*</i>		
	Beraprost** – oral		

*Approuvé uniquement aux Etats Unis ; Non approuvé en Europe

**Approuvé uniquement au Japon et en Corée du Sud

2013 5th WSPH – Treatment Algorithm



INITIAL THERAPY WITH PAH APPROVED DRUGS

YELLOW: Morbidity and mortality as primary end-point in randomized controlled study or reduction in all-cause mortality (prospectively defined)

*Level of evidence is based on the WHO-FC of the majority of the patients of the studies.

†Approved only: by the FDA (macitentan, riociguat, treprostinil inhaled); in New Zealand (iloprost i.v); in Japan and S.Korea(beraprost).

‡ Positive opinion for approval of the CHMP of EMA

Recommendation	Evidence*	WHO-FC II	WHO-FC III	WHO-FC IV
I	A or B	Ambrisentan Bosentan Macitentan ^{†‡} Riociguat [†] Sildenafil Tadalafil	Ambrisentan Bosentan Epoprostenol i.v. Iloprost inhaled Macitentan ^{†‡} Riociguat [†] Sildenafil Tadalafil Treprostinil s.c., inhaled [†]	Epoprostenol i.v.
IIa	C		Iloprost i.v. † Treprostinil i.v.	Ambrisentan, Bosentan Iloprost inhaled and i.v. [†] Macitentan ^{†‡} Riociguat [†] Sildenafil, Tadalafil Treprostinil s.c., i.v., Inhaled [†]
IIb	B		Beraprost [†]	
	C		Initial Combination Therapy	Initial Combination Therapy

2013 5th WSPH – Treatment Algorithm

