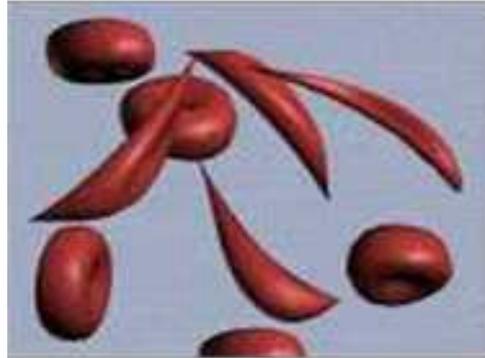


Hypertension pulmonaire et drépanocytose



Dr Florence Parent

Centre de Référence de l'Hypertension Pulmonaire Sévère

Service de Pneumologie CHU de Bicêtre,

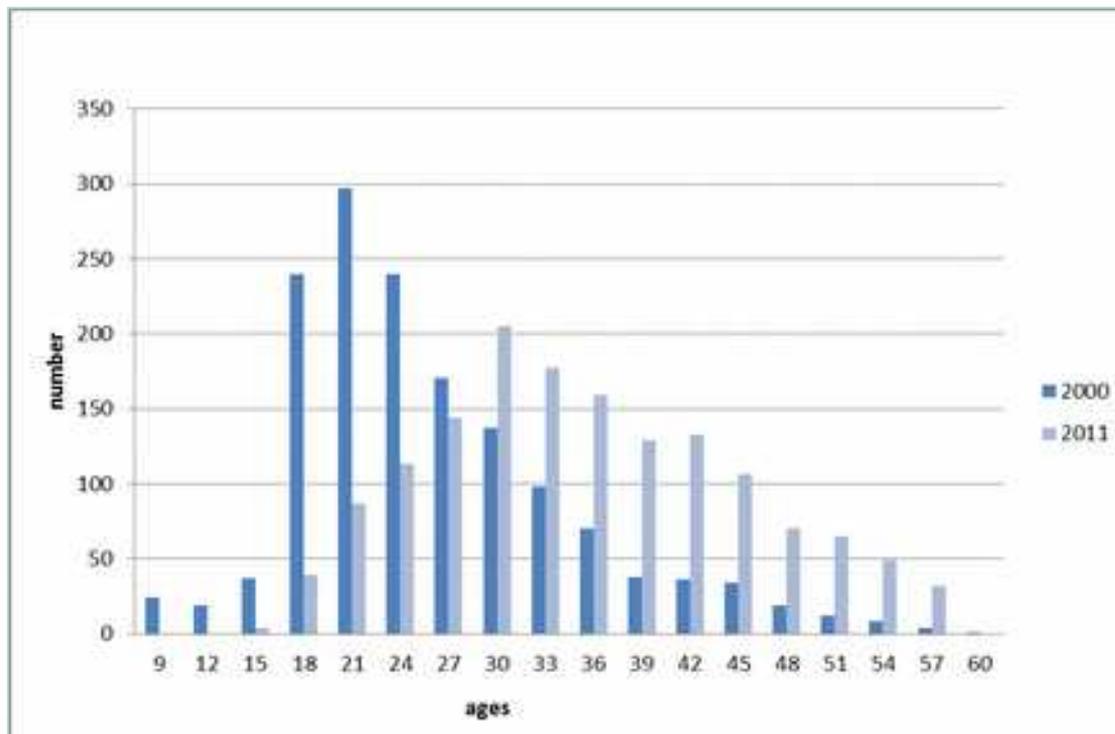
INSERM U999, Université Paris-Sud 11

Le Kremlin Bicêtre – France

Inserm U999. Université Paris-Sud

Syndromes drépanocytaires majeurs

- SS, SC, S β thal, SD Punjad, SO Arab
- Prévalence: 1 - 5 /10 000
 - 250 nouveaux cas / an en France métropolitaine
 - 250 000 nouveaux cas / an dans le monde
- Cohorte Hôpital Mondor: âge des patients suivis

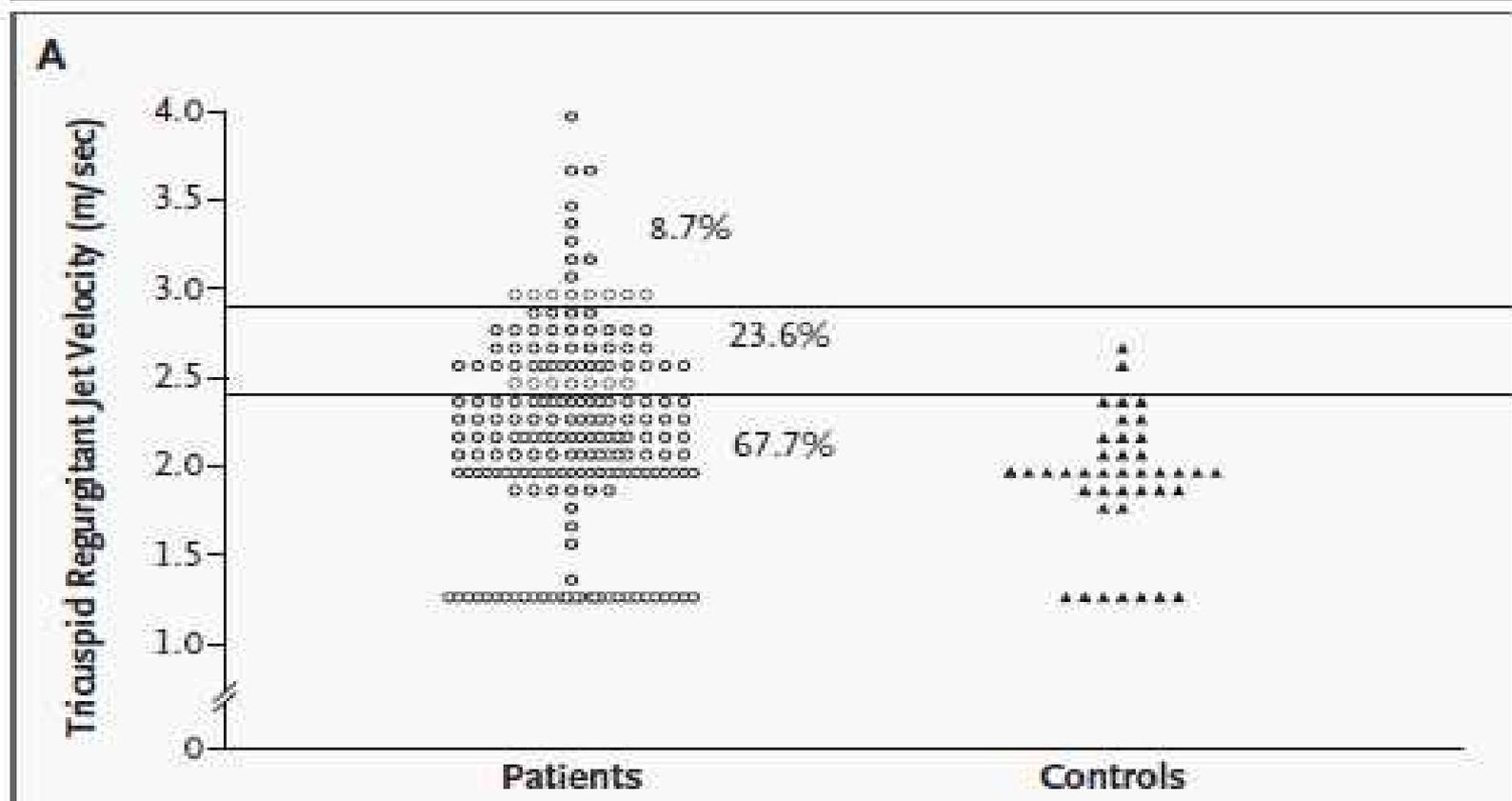


HTP associée à la drépanocytose

- Prévalence, caractéristiques et pronostic
- Screening de l'HTP : à quels patients faut-il faire un cathétérisme cardiaque?
- Physiopathologie, classification et prise en charge

Pulmonary Hypertension as a Risk Factor for Death in Patients with Sickle Cell Disease

Mark T. Gladwin, M.D., Vandana Sachdev, M.D., Maria L. Jison, M.D., Yukitaka Shizukuda, M.D., Ph.D., Jonathan F. Plehn, M.D., Karin Minter, M.D., Bernice Brown, M.D., Wynona A. Coles, R.R.T., James S. Nichols, R.N., Inez Ernst, R.N., B.S.N., R.D.C.S., Lori A. Hunter, R.N., William C. Blackwelder, Ph.D., Alan N. Schechter, M.D., Griffin P. Rodgers, M.D., Oswaldo Castro, M.D., and Frederick P. Ognibene, M.D.

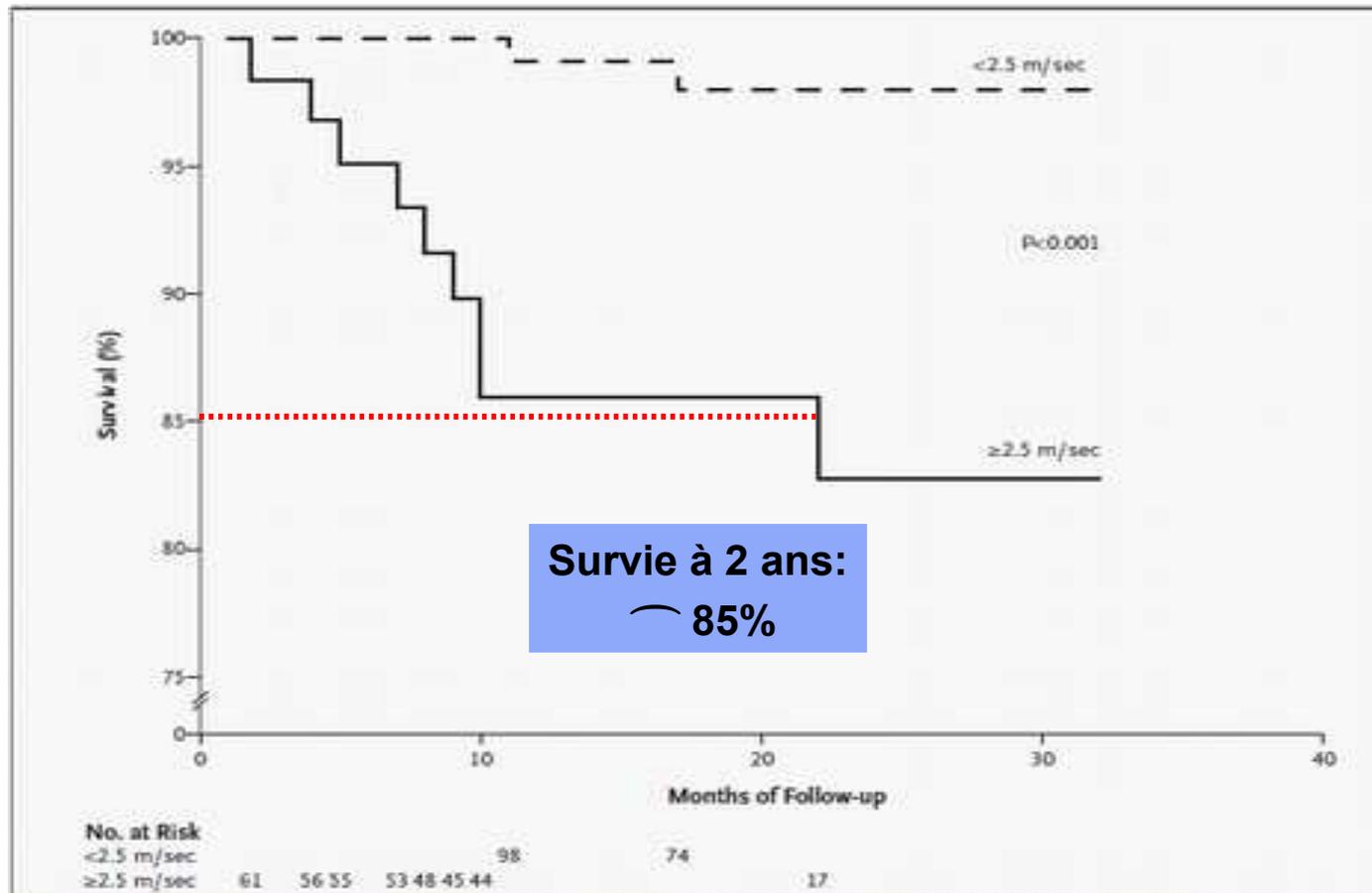


n=195

M Gladwin et al. New Engl J Med 2004

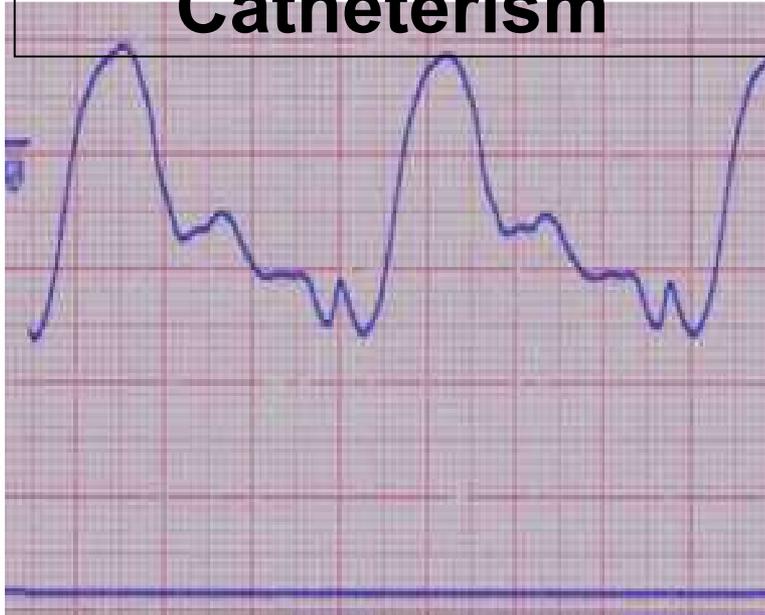
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Measurement of Pulmonary arterial pressure

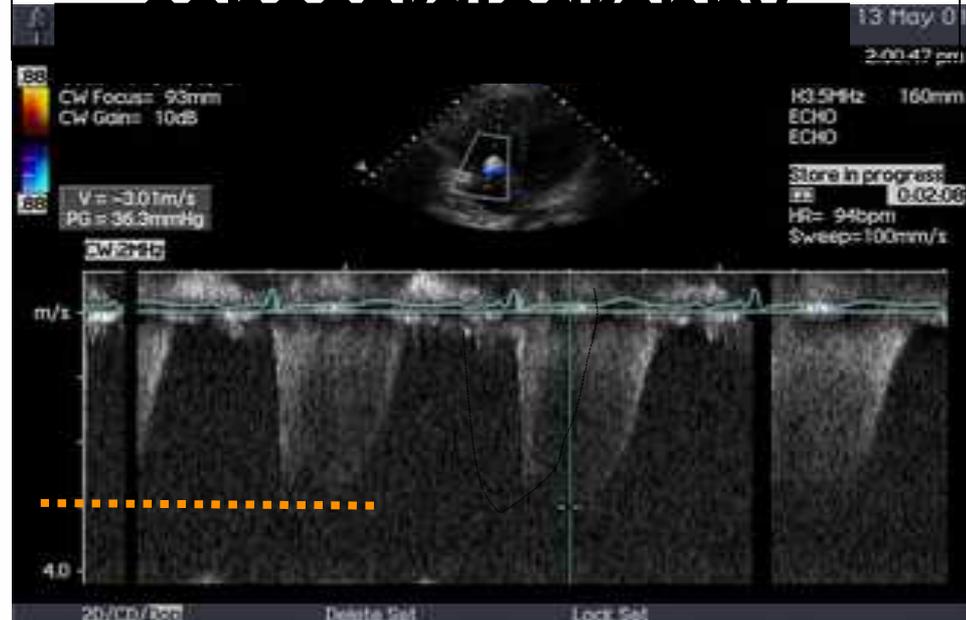
Right Heart Catheterism



Gold Standard Tool

Mean PAP > 25 mmHg

Doppler



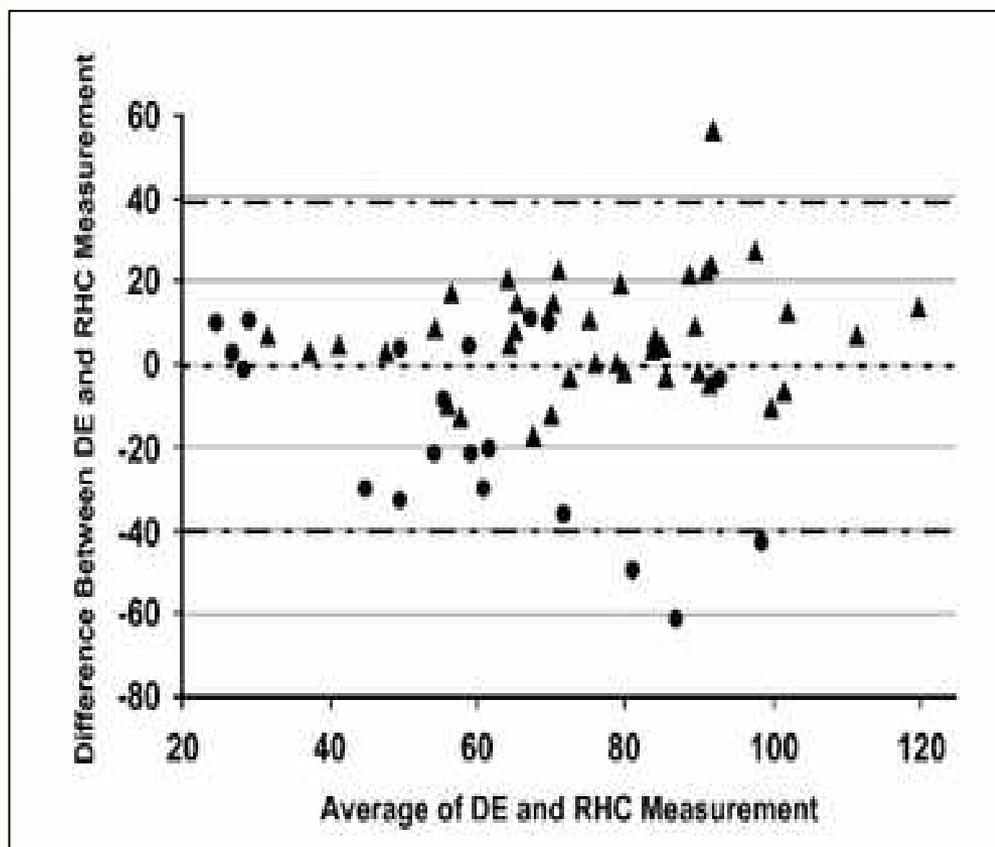
Estimation from TRJV

Systolic PAP =
 $(\text{TRJV max})^2 +$
RAP(estimated)

Accuracy of Doppler Echocardiography in the Hemodynamic Assessment of Pulmonary Hypertension

Micah R. Fisher^{1*}, Paul R. Forfia^{2†}, Elzbieta Chamera², Traci Houston-Harris¹, Hunter C. Champion², Reda E. Girgis¹, Mary C. Corretti², and Paul M. Hassoun¹ **Am J Respir Crit Care Med 2009**

¹Division of Pulmonary and Critical Care Medicine; ²Division of Cardiology, Department of Medicine, Johns Hopkins University, Baltimore, Maryland

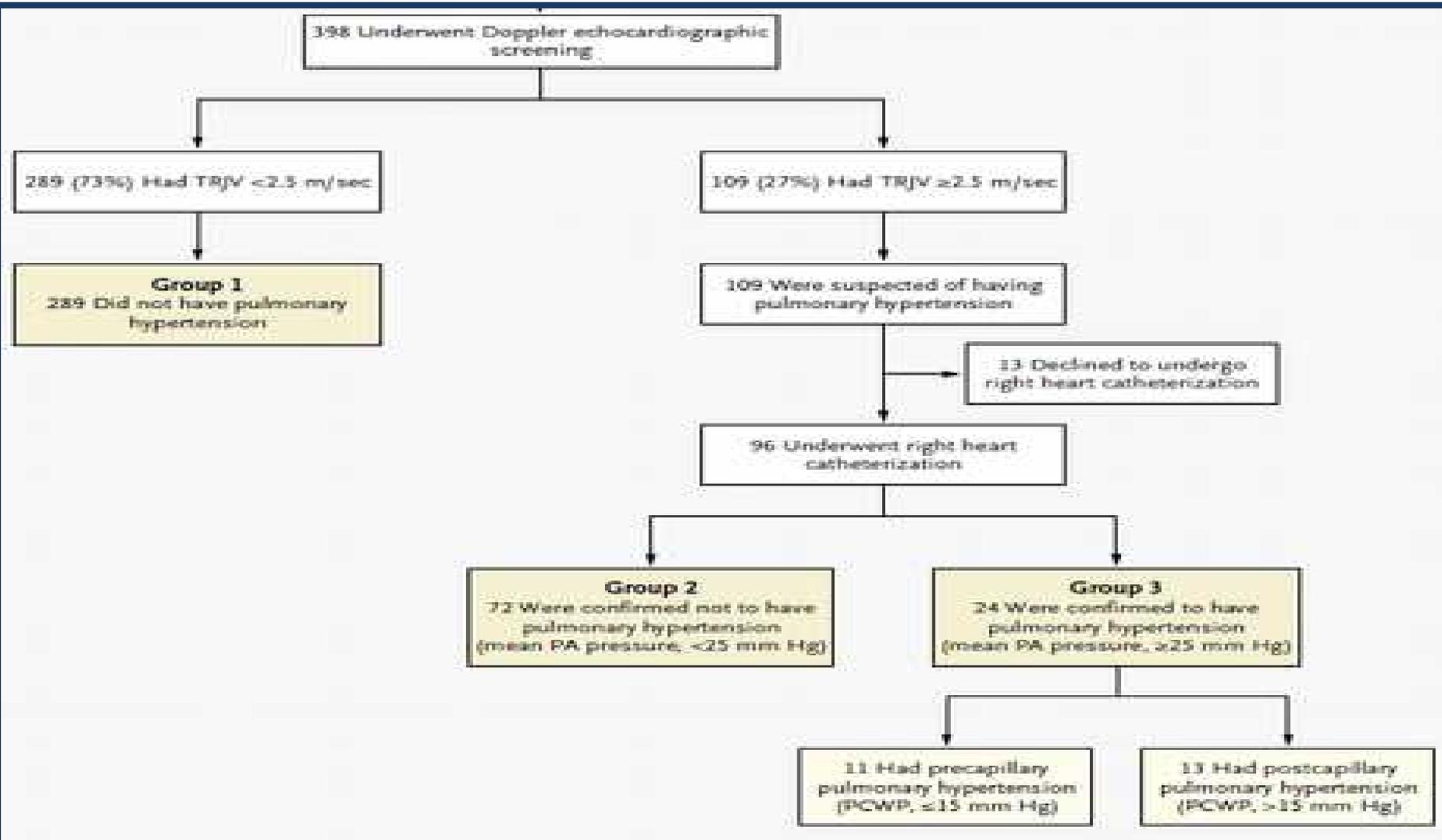


Doppler Echocardiography was inaccurate in 48% of cases (D greater than ~ 10 mmHg)

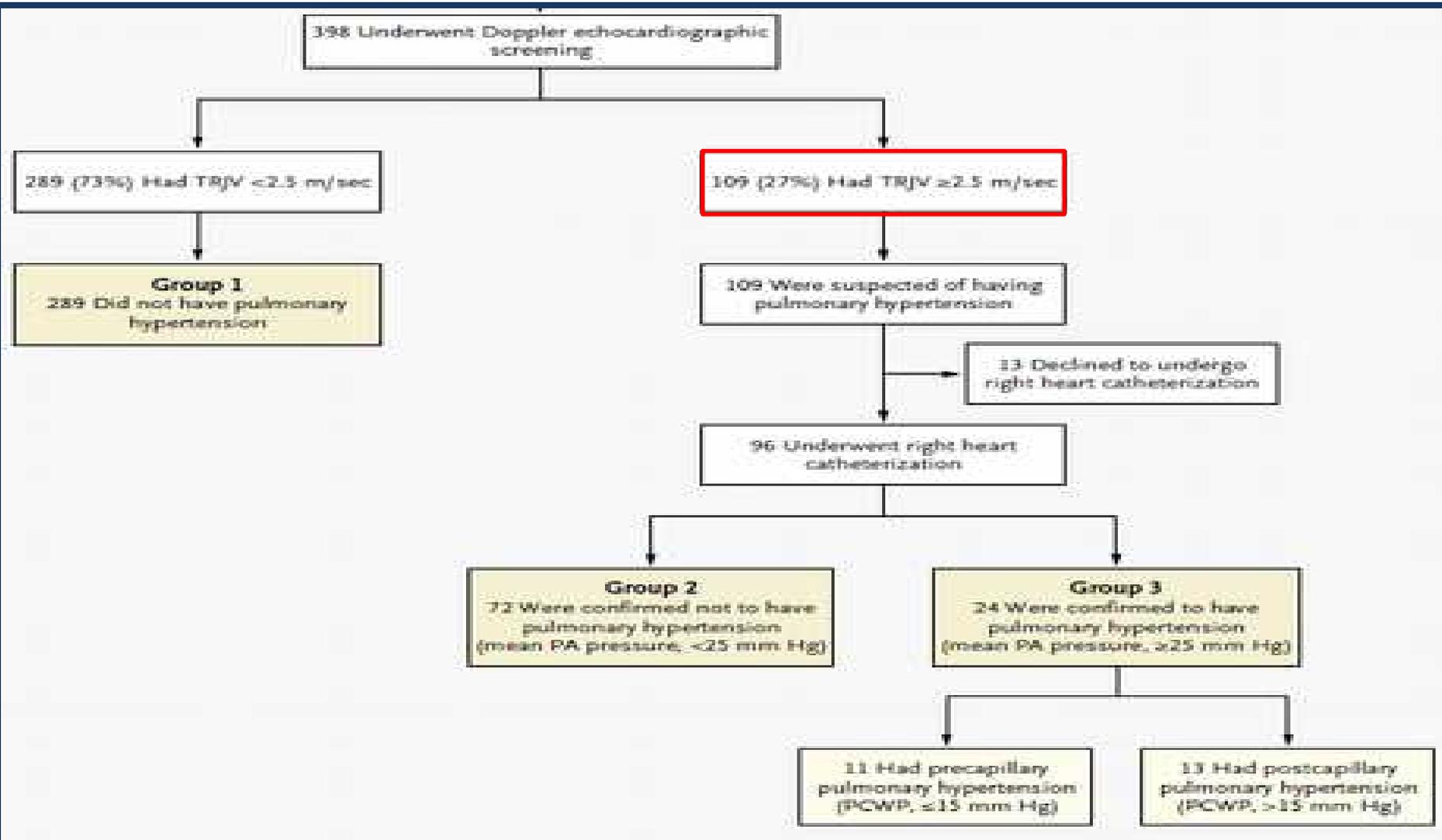
Over and under-estimation occurred with a similar frequency (16% vs 15%)

- **Pulmonary Hypertension(PH)** is an Hemodynamic and pathological condition defined as $mPAP \geq 25\text{mmHg}$ at rest
 - **Pre-capillary PH** : ($PAWP \leq 15 \text{ mm Hg}$)
 - **Post-capillary PH** : ($PAWP >15 \text{ mm Hg}$)
- **Pulmonary vascular resistance PVR** ($mPAP-PAWP/CO$) is not be used in general PH definition
- But is included in the hemodynamic definition of **PAH** (Group1) as follows: $mPAP \geq 25 \text{ mmHg}$, $PAWP \leq 15 \text{ mm Hg}$ and elevated $PVR > 3 \text{ WU}$ ($240 \text{ dynes.s.cm}^{-5}$)

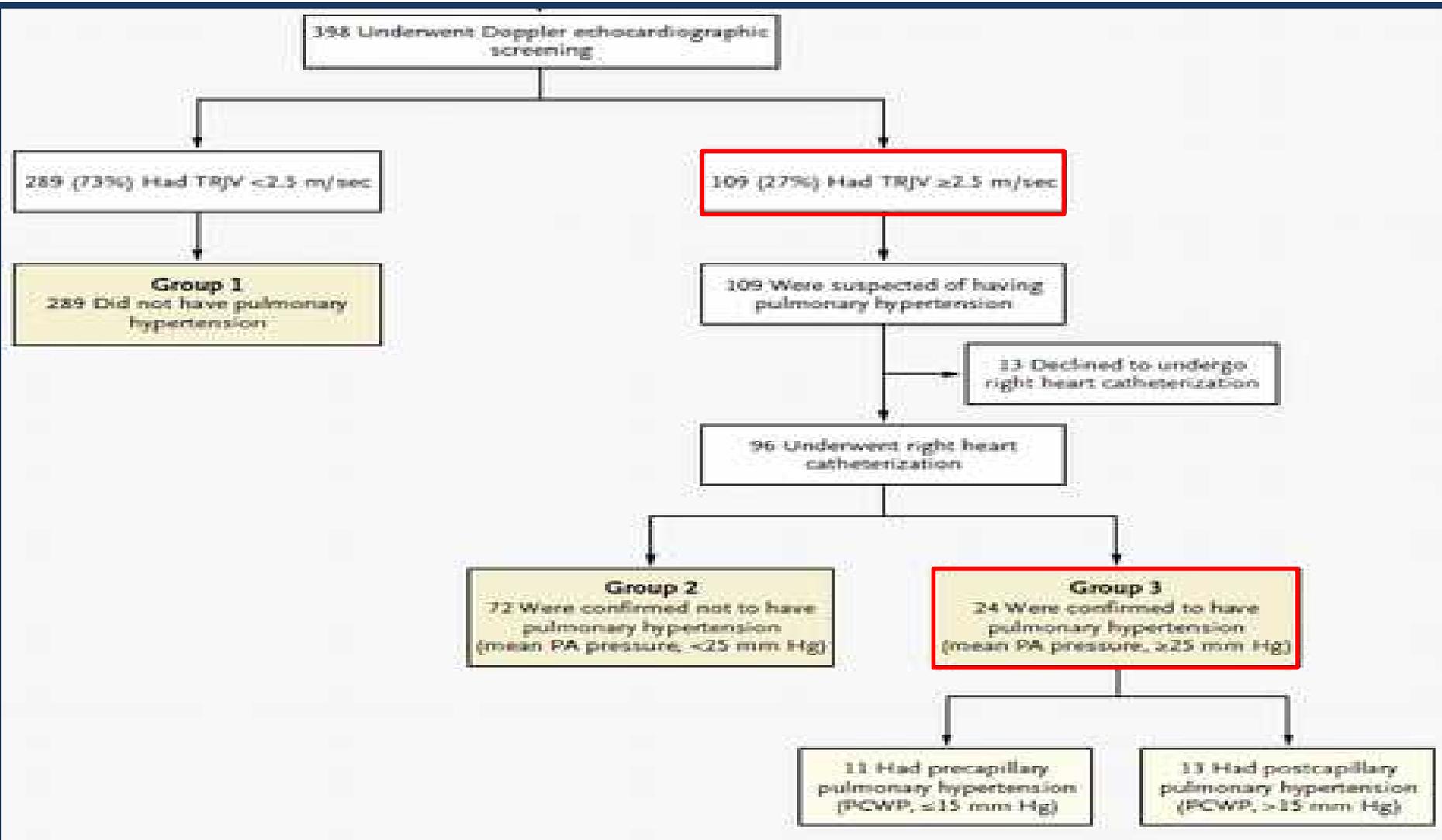
A Hemodynamic Study of Pulmonary Hypertension in Sickle Cell Disease



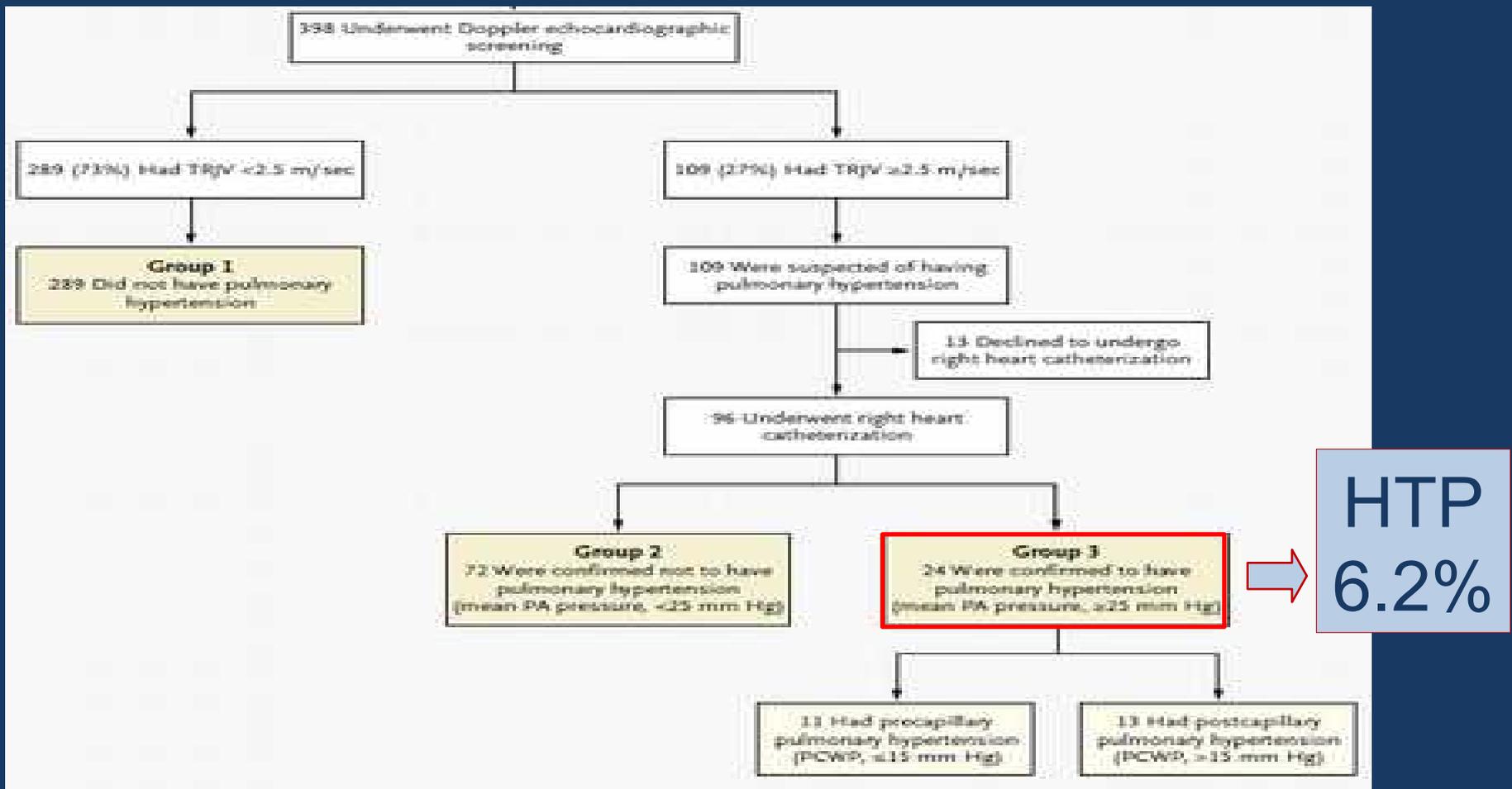
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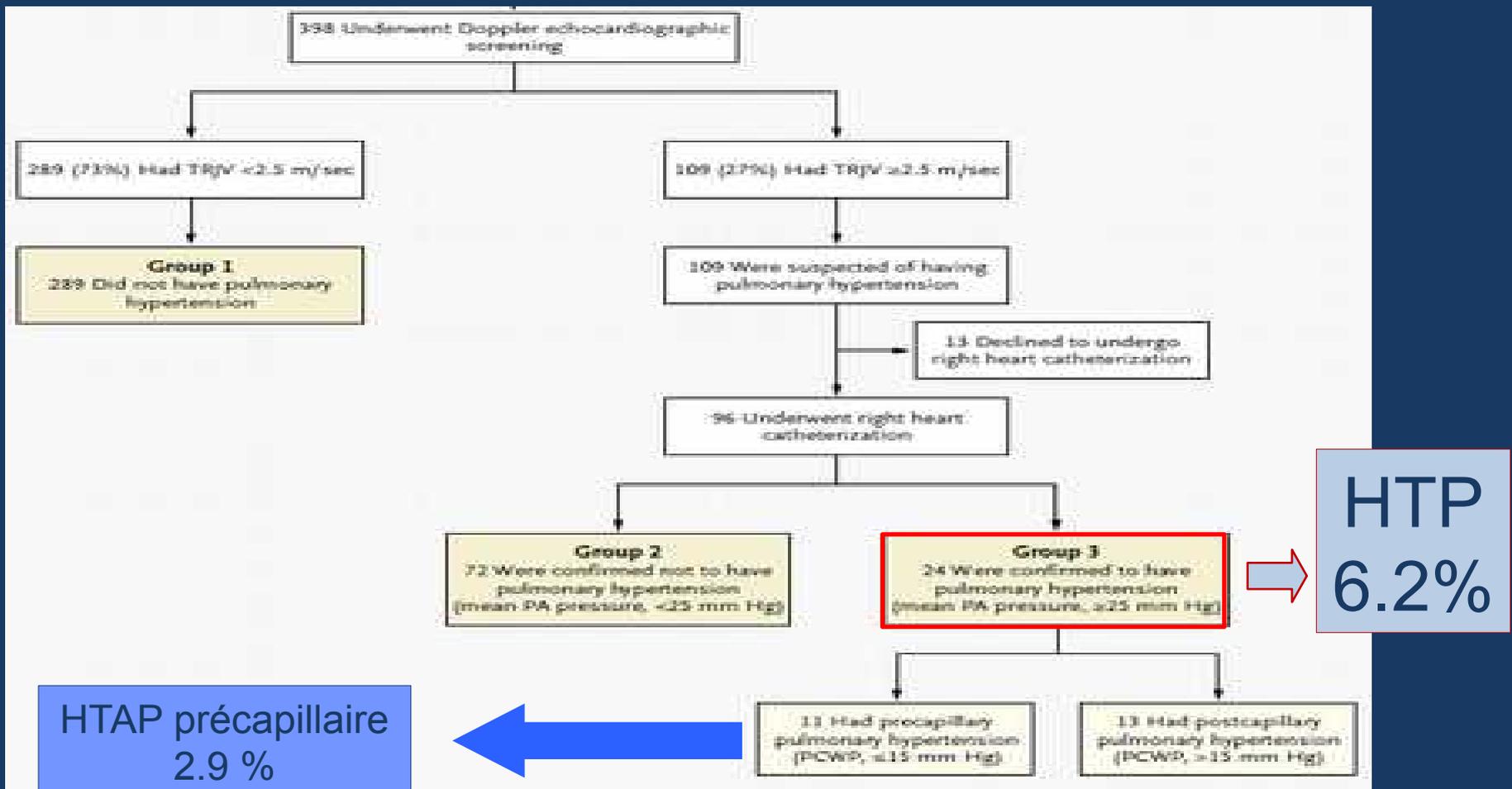
A Hemodynamic Study of Pulmonary Hypertension in Sickle Cell Disease



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A Hemodynamic Study of Pulmonary Hypertension in Sickle Cell Disease



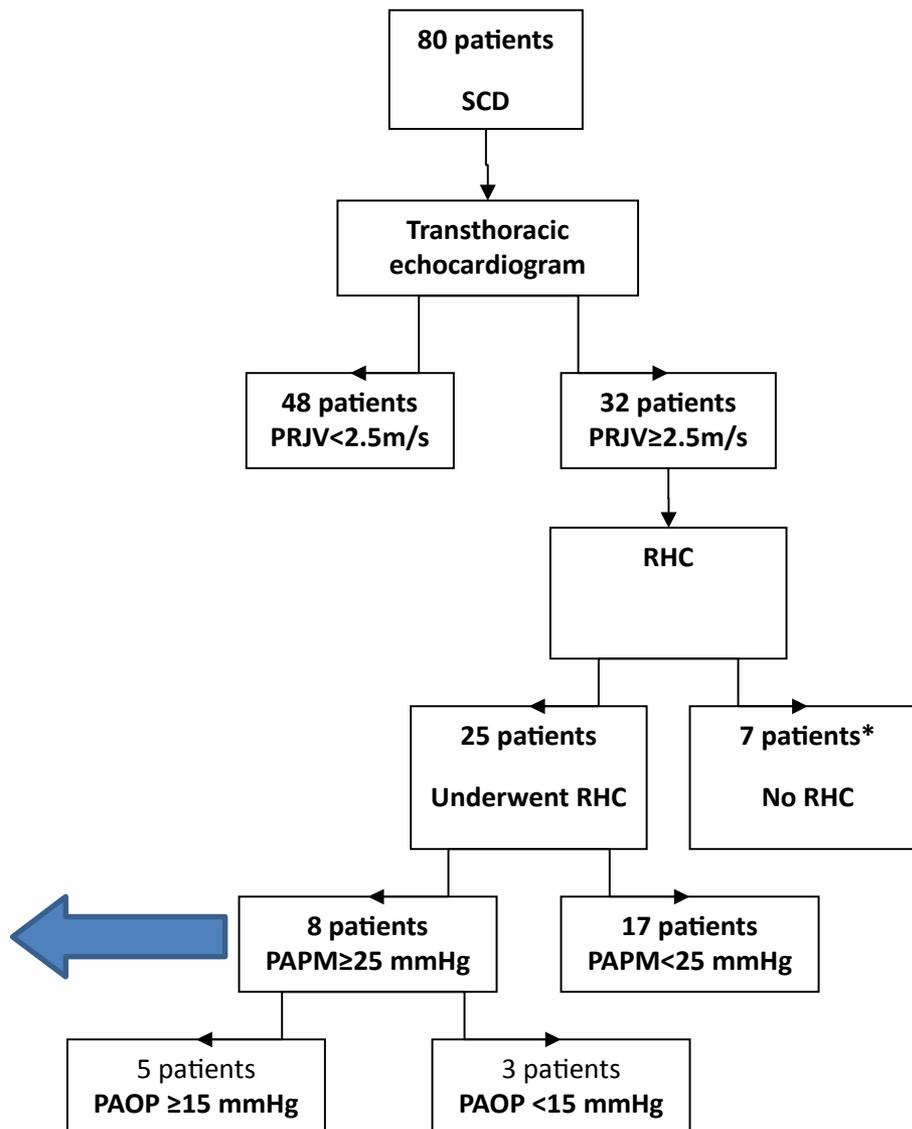
Hemodynamics in different PH Subgroups

	Precapillary Pulmonary Hypertension [‡] (N=11)	Postcapillary Pulmonary Hypertension [‡] (N=13)
Patients who were evaluated (% of all study patients)	3	3
Tricuspid regurgitant jet velocity (m/sec)	3.1±0.5	3.0±0.4
Mean pulmonary arterial pressure (mm Hg)	28±4	32±7
Pulmonary arterial systolic pressure (mm Hg)	43±7	45±8
Pulmonary arterial diastolic pressure (mm Hg)	15±5	22±6
Right atrial pressure (mm Hg)	5±2	13±5
Pulmonary-capillary wedge pressure (mm Hg)	10±3	21±5
Cardiac output (liter/min)	8.2±1.6	9.1±2.1
Pulmonary vascular resistance (dyn·sec·cm ⁻⁵)	178±55	104±26

Sickle Cell Disease Hemodynamics



Prevalence of PH:
10%



Hemodynamic results in the French and US cohorts

	n	mPAP (mm Hg)	Pcwp (mm Hg)	CO (l / mn)	PVR (dyn.sec.cm- 5)
French* Cohort	24	30 ~ 6	16 ~ 7	8.7 ~ 1.9	138 ~ 58
US** Cohort	18	34 ~ 11	17 ~ 5	10.2 ~ 3	148 ~ 111

**Gladwin *et al.* N Engl J Med. 2004

*Parent et al, New Engl J Med, 2011

Hemodynamic results in the French and US cohorts

	n	mPAP (mm Hg)	Pcwp (mm Hg)	CO (L/min)	PVR (dyn.sec.cm- 5)
French* Cohort	24	30 ~ 6	16 ~ 7	8.7 ~ 1.9	138 ~ 58
US** Cohort	18	34 ~ 11	17 ~ 5	10.2 ~ 3	148 ~ 111
US*** Cohort	55	32 ~ 12	16 ~ 5	8.4 ~ 2.5	227 ~ 149

*Parent et al, New Engl J Med, 2011

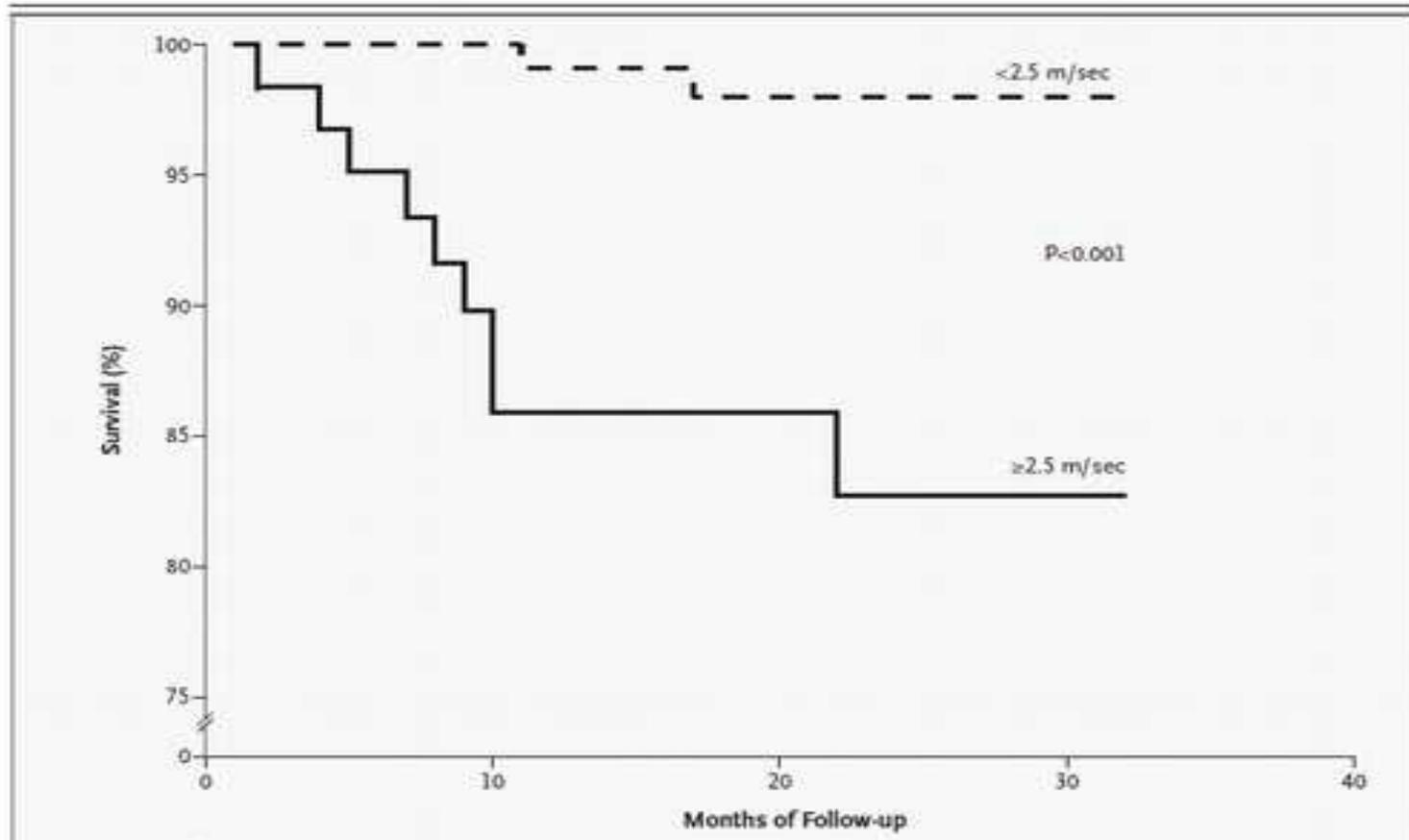
**Gladwin et al. N Engl J Med. 2004

***Mehari et al, AJRCCM, 2013

Pronostic in Patients with PH associated with SCD

US cohort

Mean Follow-up 18 months
Overall rate of Death 5.3 %

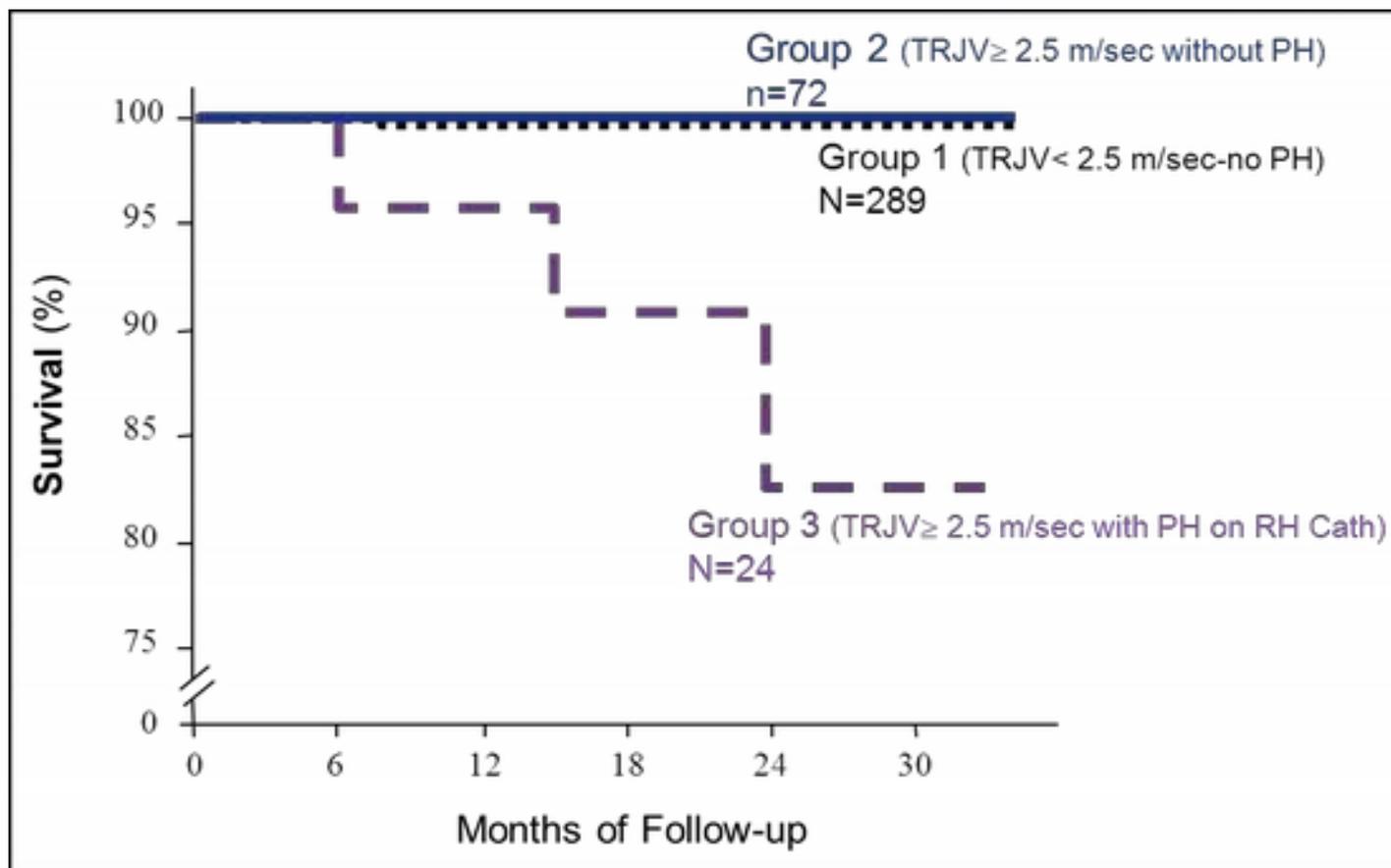


M Gladwin et al. New Engl J
Med 2004

Pronostic in Patients with PH associated with SCD

French cohort

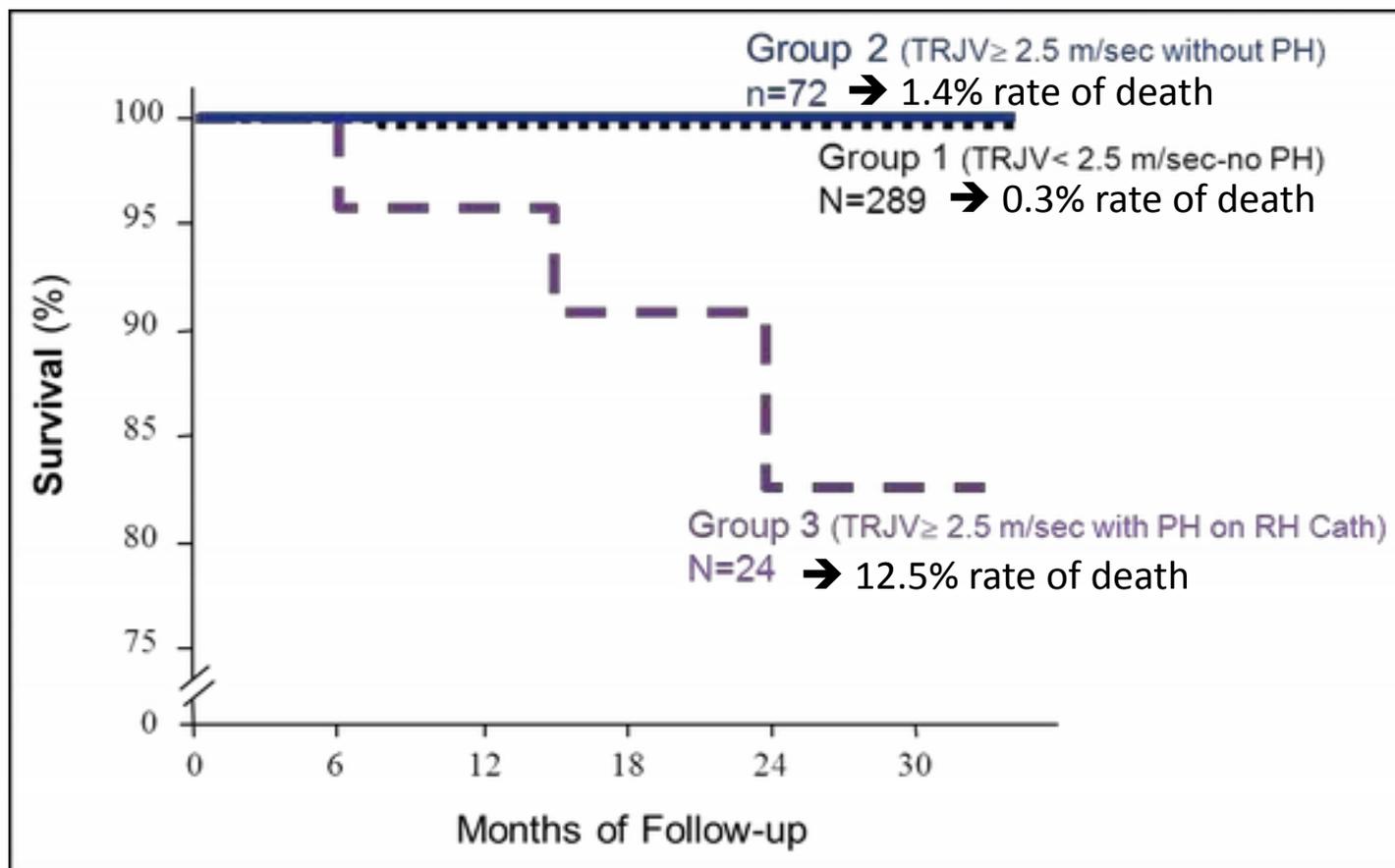
Mean Follow-up 26 months: overall rate of death 2.0 %



Pronostic in Patients with PH associated with SCD

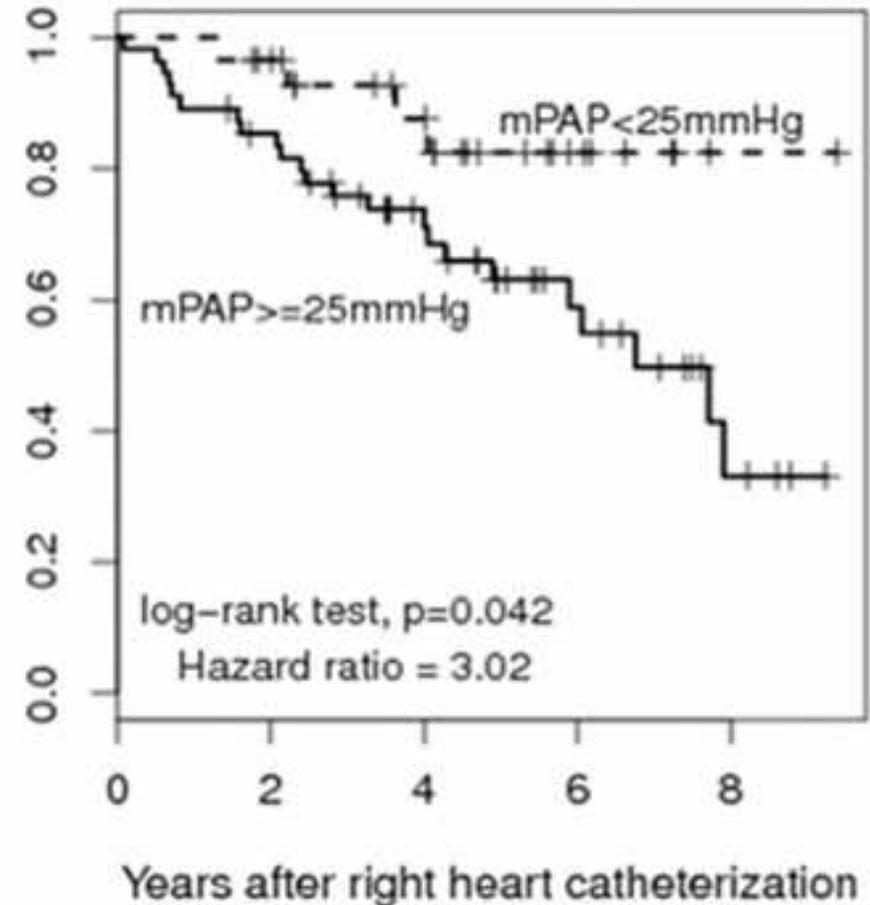
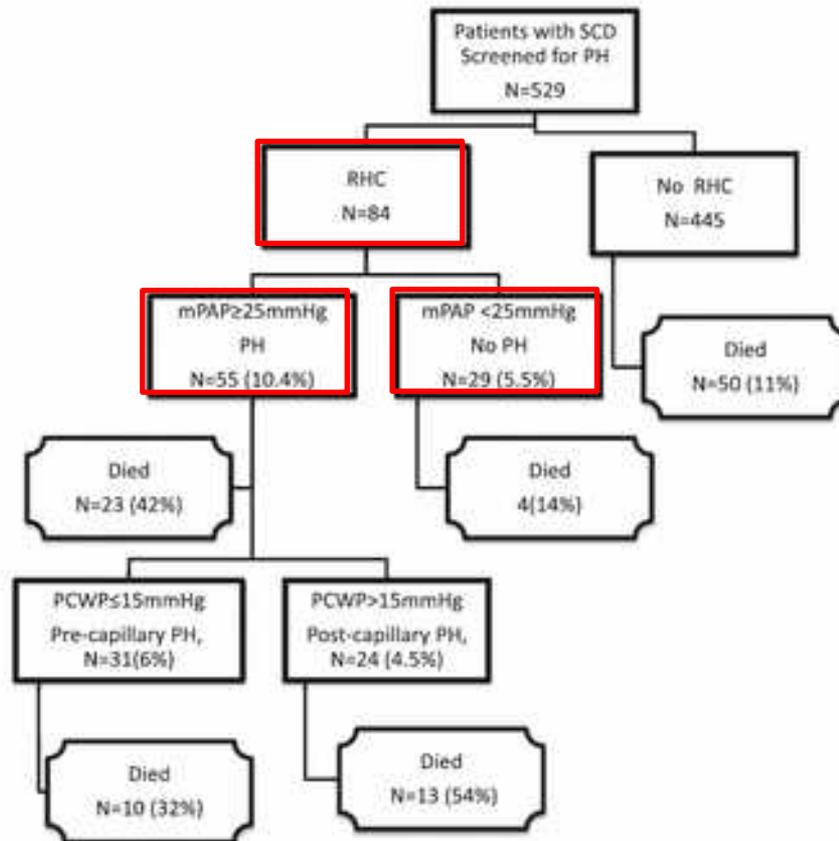
French cohort

Mean Follow-up 26 months: overall rate of death 2.0 %



Pronostic in Patients with PH associated with SCD

US cohort: 84 SCD with RHC



CHARACTERISTICS OF PATIENTS

Characteristics	French Cohort** N=385	US Cohort* N=195
Age (yr)	34 ~ 10	36 ~ 12
Female sex (%)	60%	58%
History of ACS (%)	34%	83%
History of stroke (%)	5%	15%
Systolic blood pressure (mmHg)	118 ~ 16	122 ~ 18
Hemoglobin SS	98.5%	69%
Hemoglobin SC	0%	18%
Hemoglobin S-thalassemia	1.5%	12%
Hydroxyurea therapy (%)		
Blood transfusion	36%	42%

*

Causes of Death in SCD French Cohort

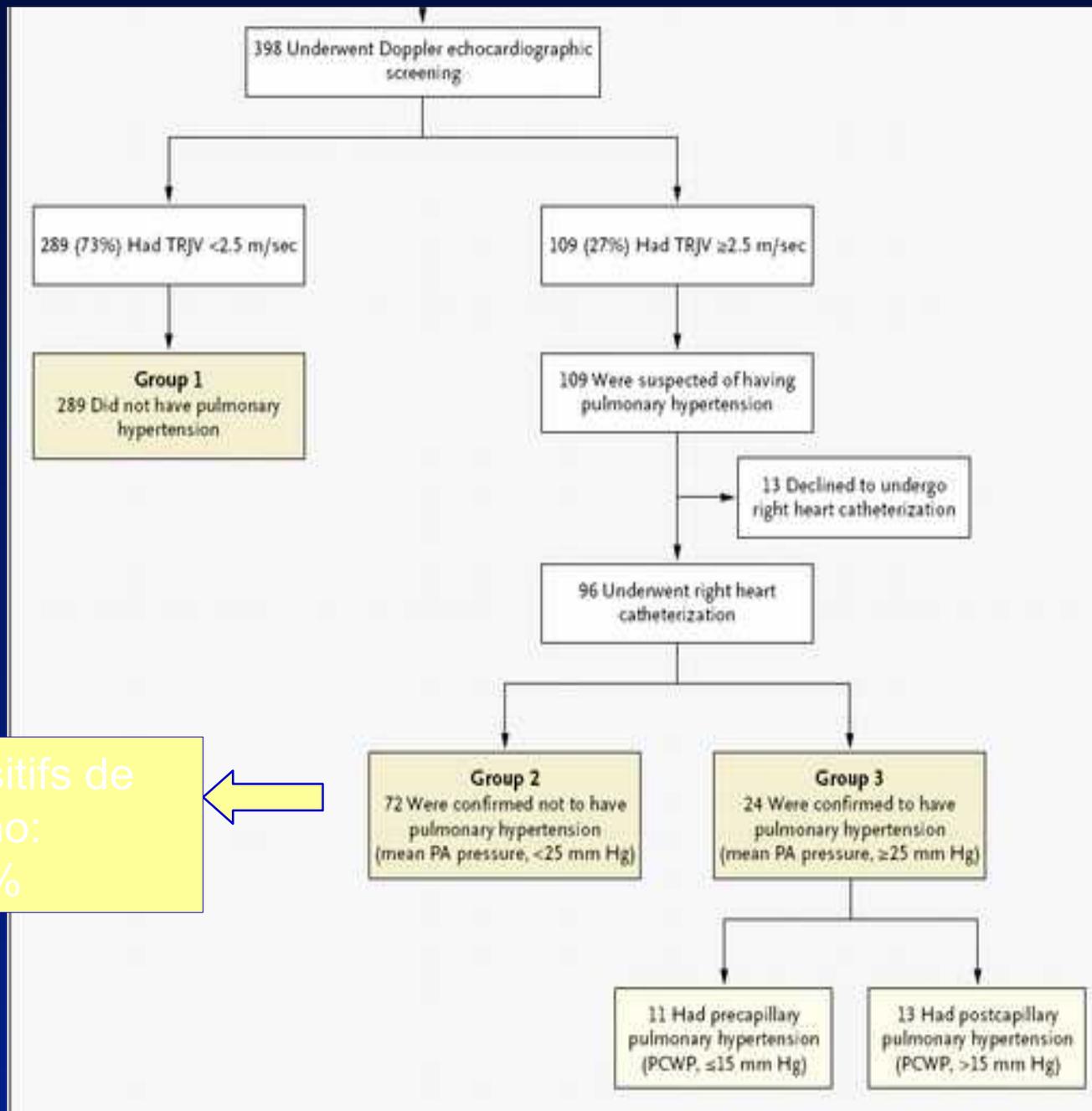
<i>Characteristic</i>	<i>Patient 1</i>	<i>Patient 2</i>	<i>Patient 3</i>	<i>Patient 4</i>	<i>Patient 5</i>
	<i>TRJV < 2.5 m/s*</i>	<i>TRJV ≥ 2.5 m/s</i>	<i>TRJV ≥ 2.5 m/s</i>	<i>TRJV ≥ 2.5 m/s</i>	<i>TRJV ≥ 2.5 m/s</i>
	Group 1	Group 2		Group 3	
Age (yr)	37	40	58	58	56
TRJV (m/s)	2.3	2.8	2.5	2.7	4.0
mPAP (mmHg)	NA	14	36	31	25
RAP (mmHg)	NA	5	19	5	5
PCWP (mmHg)	NA	9	26	10	6
CO (L/min)	NA	5.9	8.5	7.9	8.1
PVR (dyn.s.cm ⁻⁵)	NA	68	94	213	188
Cause of death	Vaso-occlusive crisis	Sudden death at 37 weeks of pregnancy	Acute chest syndrome	Acute chest syndrome	Progressive right heart failure

Echocardiography for screening PH in SCD

- It is clear, from our data* that in asymptomatic patients with SCD, echocardiography (TRJV) used as a single tool to select patients who should undergo RHC is not ideal, regardless of the cut-off value of TRJV
- Limitations of echocardiography alone for screening PH, have been also recently shown in a population of asymptomatic SSc patients (Detect study**)

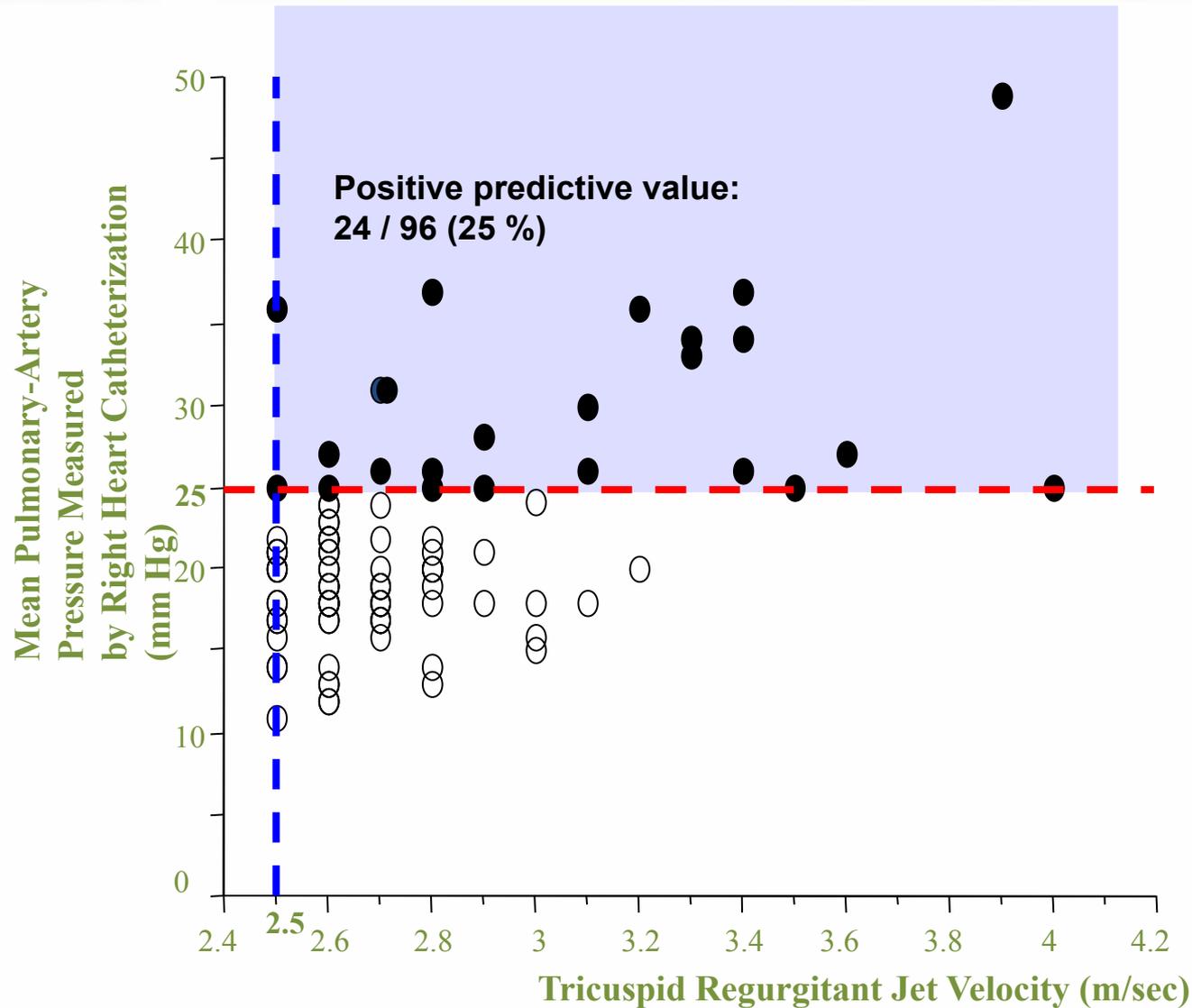
Parent F et al, New Engl J Med, 2011 *

Coghlan JG et al, Ann Rheum Dis, 2014**



Faux positifs de l'écho: 75%

Echocardiography for screening PH in SCD

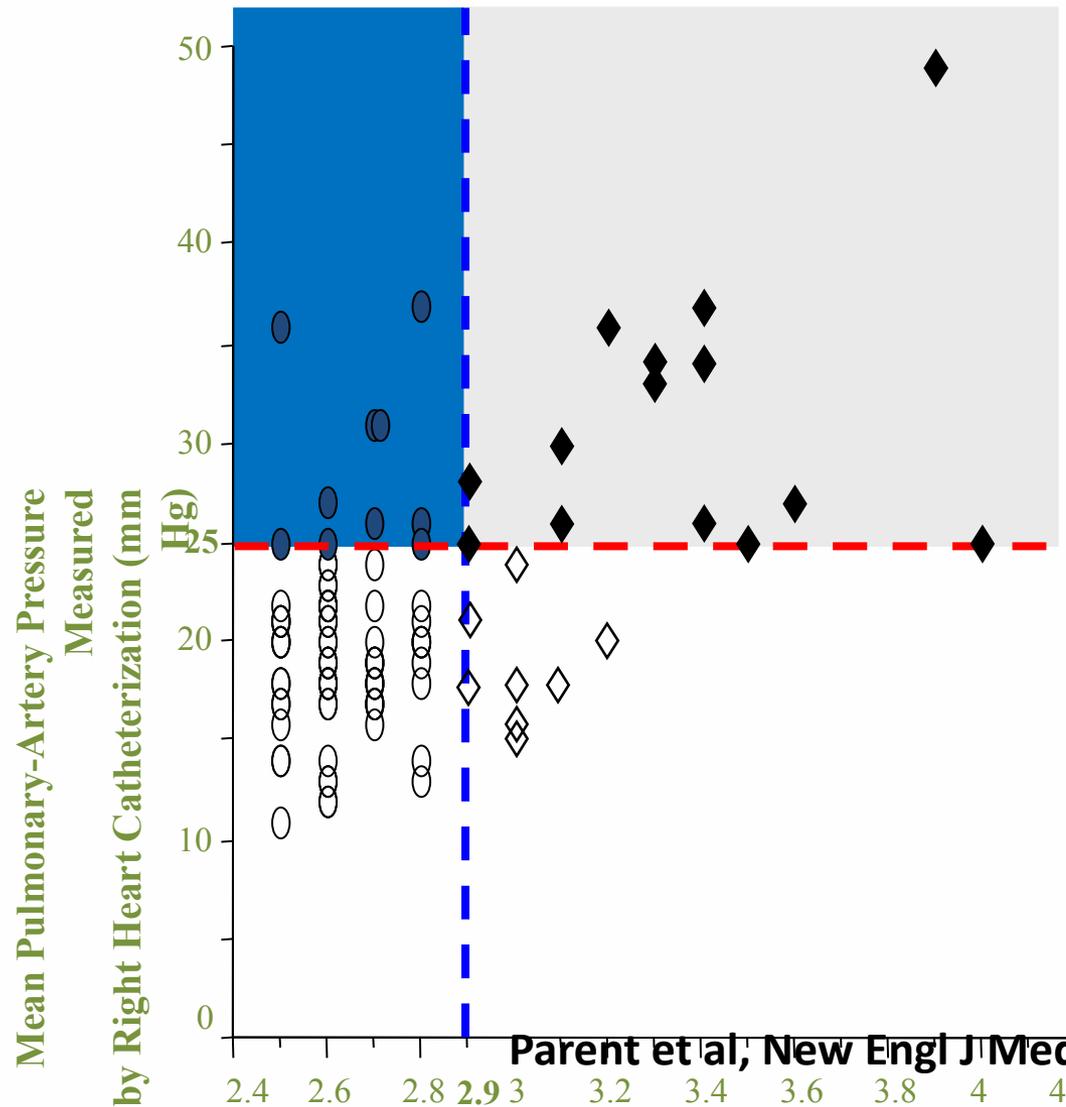


Parent et al, New Engl J Med, 2011

Echocardiography for screening PH in SCD

False negative: at least 42% 10/24

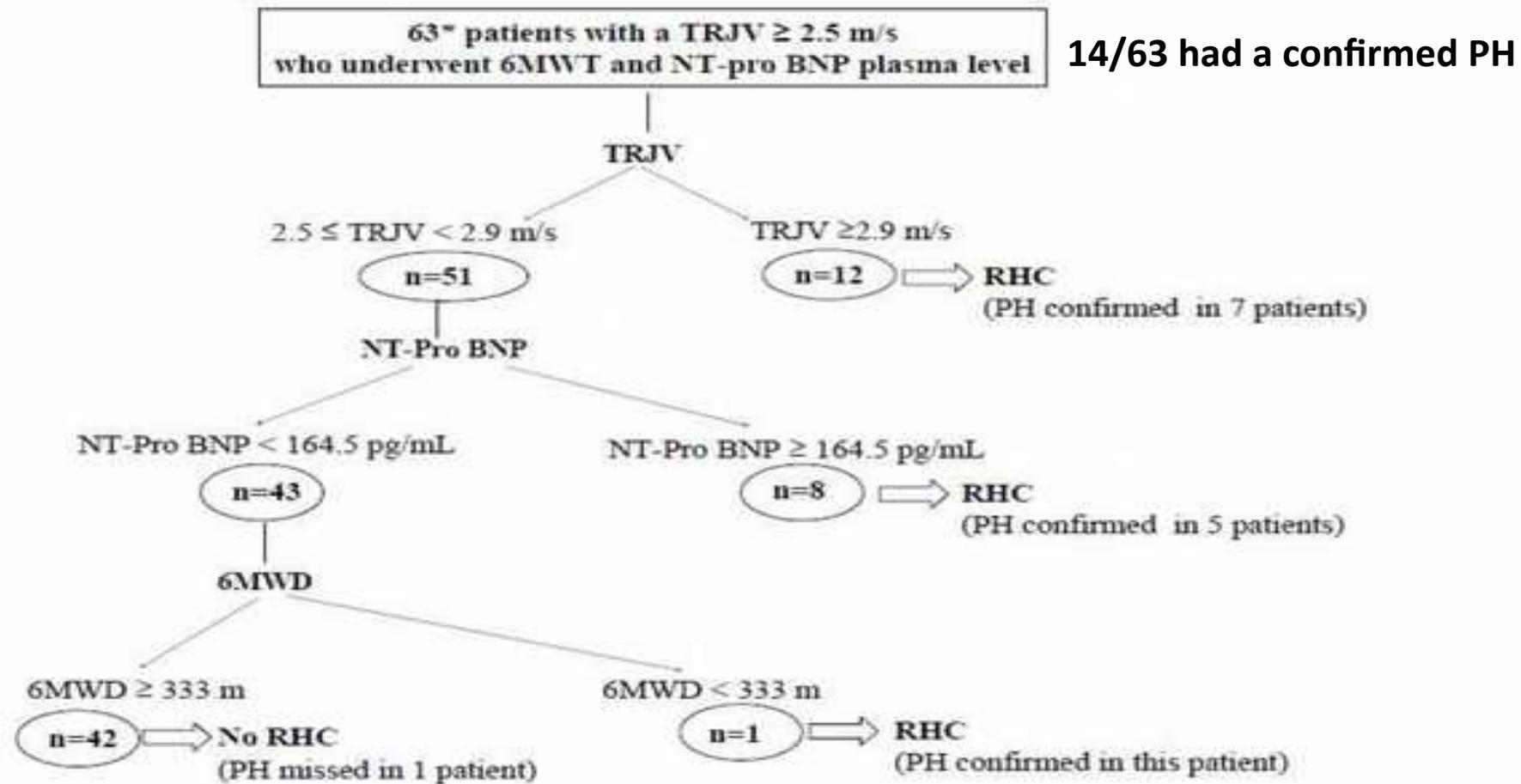
Positive predictive value: 14 / 22 (64 %)



Characteristic	TRV < 2.5 m.s-1 N=289	<i>P</i> value	TRV \geq 2.5 m.s-1 without PH N=72	<i>P</i> value	TRV \geq 2.5 m.s-1 with PH N=24
Age (yr)	33 \pm 9	0.03	36 \pm 11	<0.001	45 \pm 10
Female sex (%)	32%	0.11	51%	0.10	71%
NYHA I/II (%)	94.5	0.4	93.1	0.0001	62.5
NYHA III (%)	5.5		6.9		37.5
Systolic blood pressure (mm Hg)	116 \pm 16	0.03	121 \pm 14	0.31	124 \pm 15
6MWD (m)	520 \pm 88	0.49	527 \pm 62	<0.0001	404 \pm 94
PaO2 (mmHg)	87 \pm 11	0.38	86 \pm 11	0.04	80 \pm 12
Urea (mmol/l)	3.3 \pm 1.4	0.26	3.7 \pm 2.2	0.17	5.0 \pm 4.2
LDH (U/L)	466 \pm 224	0.32	501 \pm 274	0.009	901 \pm 606
Bilirubin: total (mmol/l)	58 \pm 44	0.6	62 \pm 86	0.9	60 \pm 35
direct (mmol/l)	11 \pm 8	0.9	11 \pm 6	0.02	16 \pm 15
NT-proBNP (pg/ml)	121 \pm 185	0.44	107 \pm 101	<0.0001	1020 \pm 2153

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A non parametric and regression tree (CART) analysis combining TRJV and two markers of PH NT-pro BNP & 6' WD



only 21 RHC instead of 63

Positive predictive value of CART model 62 % (13 / 21)

False negative of CART model ~7% (1 / 14)

Precapillary PH associated with SCD In Which Group?



The classification of pre-capillary PH associated with SCD has evolved during the successive world meetings, revealing uncertainties in potential causes and mechanisms

Evian meeting (1998)



Group 4 (CTEPH)

Venice meeting (2003)



Group 1 (PAH)

Dana point meeting (2008)

Nice meeting (2013)



Group 5 (multifactorial)

Classification of Pulmonary Hypertension

- ❖ ***During the most recent world meetings on PH, a clinical classification was proposed to individualize different categories of PH sharing***
 - similar pathophysiological mechanism
 - similar histological findings
 - similar clinical presentation
 - similar management

Evian Meeting (2nd WS, 1998)

Venice Meeting (3rd WS, 2003)

Dana Point Meeting (4th WS, 2008)

Nice Meeting (5th WS, 2013)

Clinical classification of Pulmonary Hypertension

Category

Characteristics

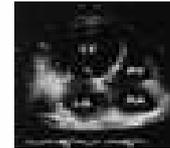
Group 1

Pulmonary Arterial Hypertension



Group 2

PH due to Left Heart diseases
proliferation



mild medial & intimal

Group 3

PH due to Lung Diseases
proliferation



mild medial & intimal

Group 4

Chronic Thromboembolic PH



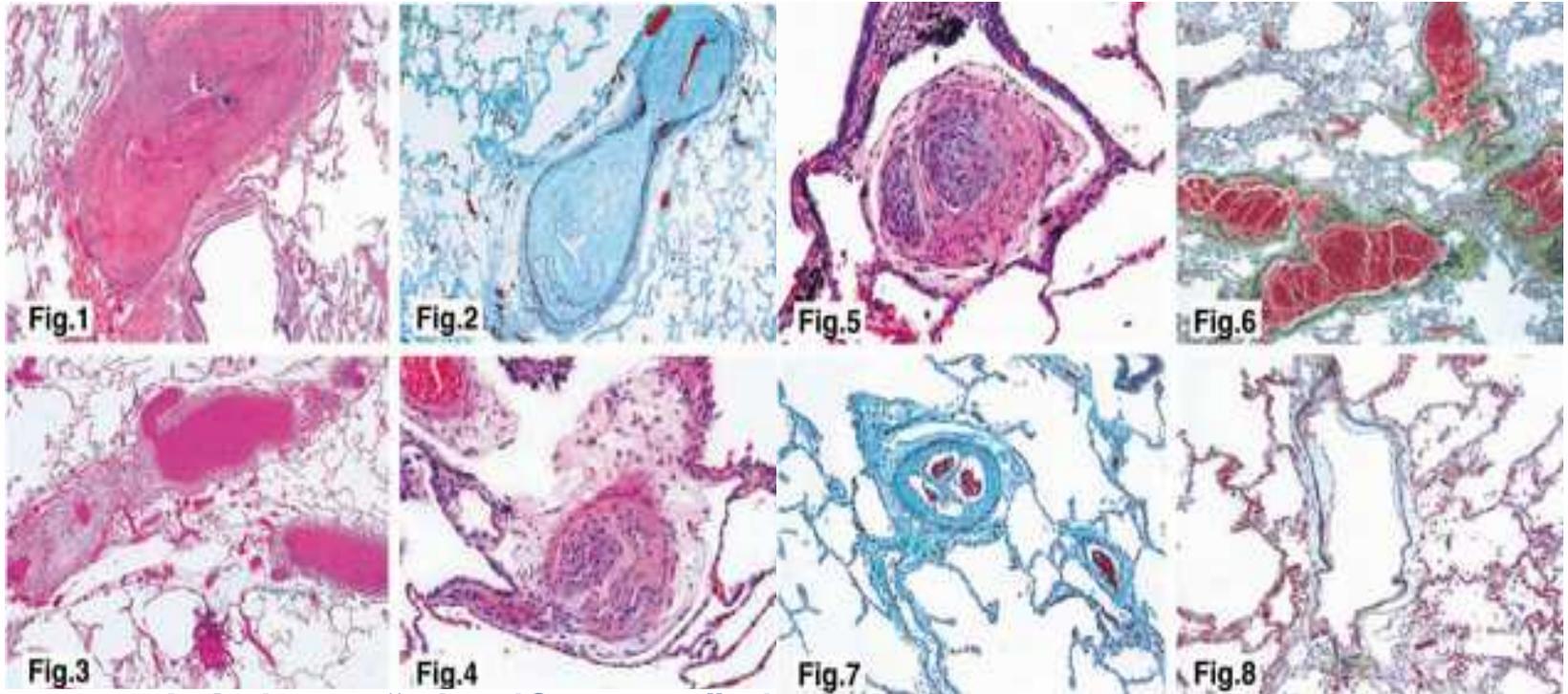
Group 5

PH with unclear or multifactorial
mechanisms

- **Augmentation du débit cardiaque en rapport avec l'anémie chronique**
- Thrombose au niveau des artères pulmonaires (asplénisme, thrombocytose, état d'hypercoagulabilité)
- Modification de la rhéologie sanguine (hyperviscosité) entraînant une élévation des RVP
- Dysfonction endothéliale entraînant un remodelage des AP de petit calibre ($< 500 \mu$) comme dans l'HTAP.

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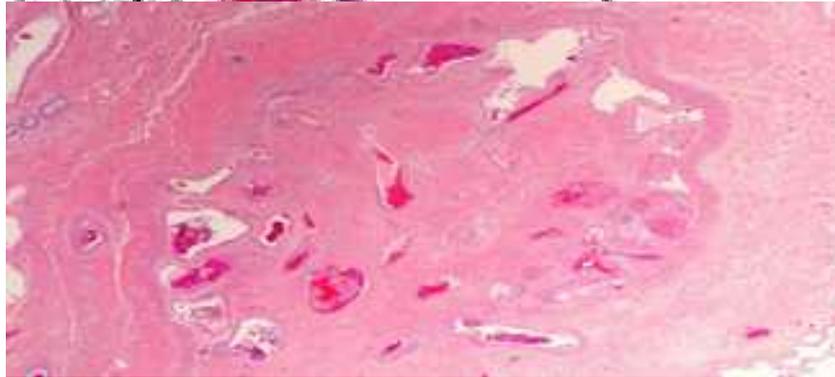
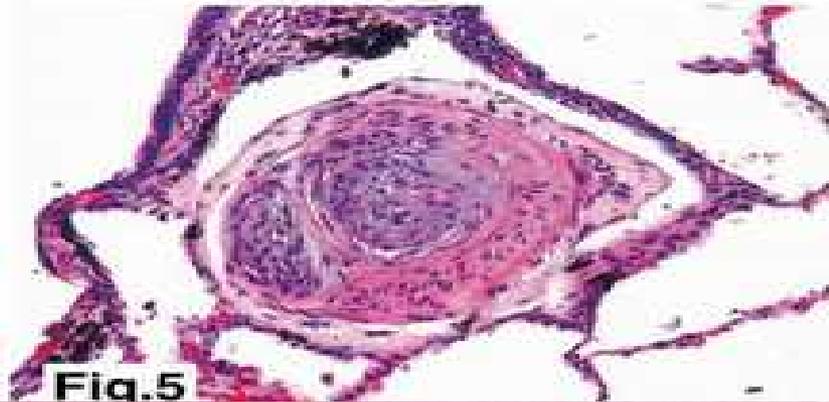
Intégré au Groupe 1 dans la classification Dana point



- Lésions “plexiformes” décrites¹
- Incidence élevée? ²
- Impact sur la survie²

Mais

Distal thrombotic obstructions of pulmonary arteries with partial recanalization



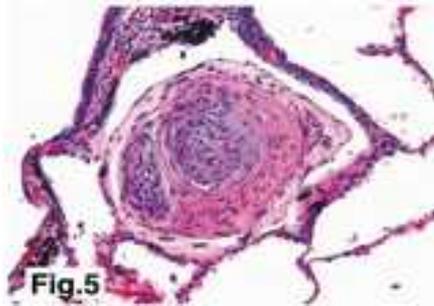
Haque et al,
Human Pathology, 2002
Lésions "plexiformes" décrites ?

R Souza et al,
Unpublished data

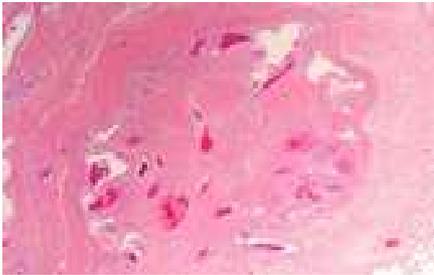


Graham et al,
Am J Forens Med Path, 2007

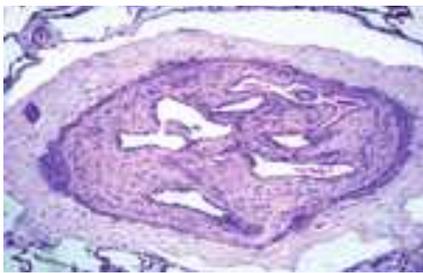
HTP et drépanocytose : lésions histologiques



Haque *et al.* Human Pathology 2002.



Rasse *et al.* ERS congress 2013.



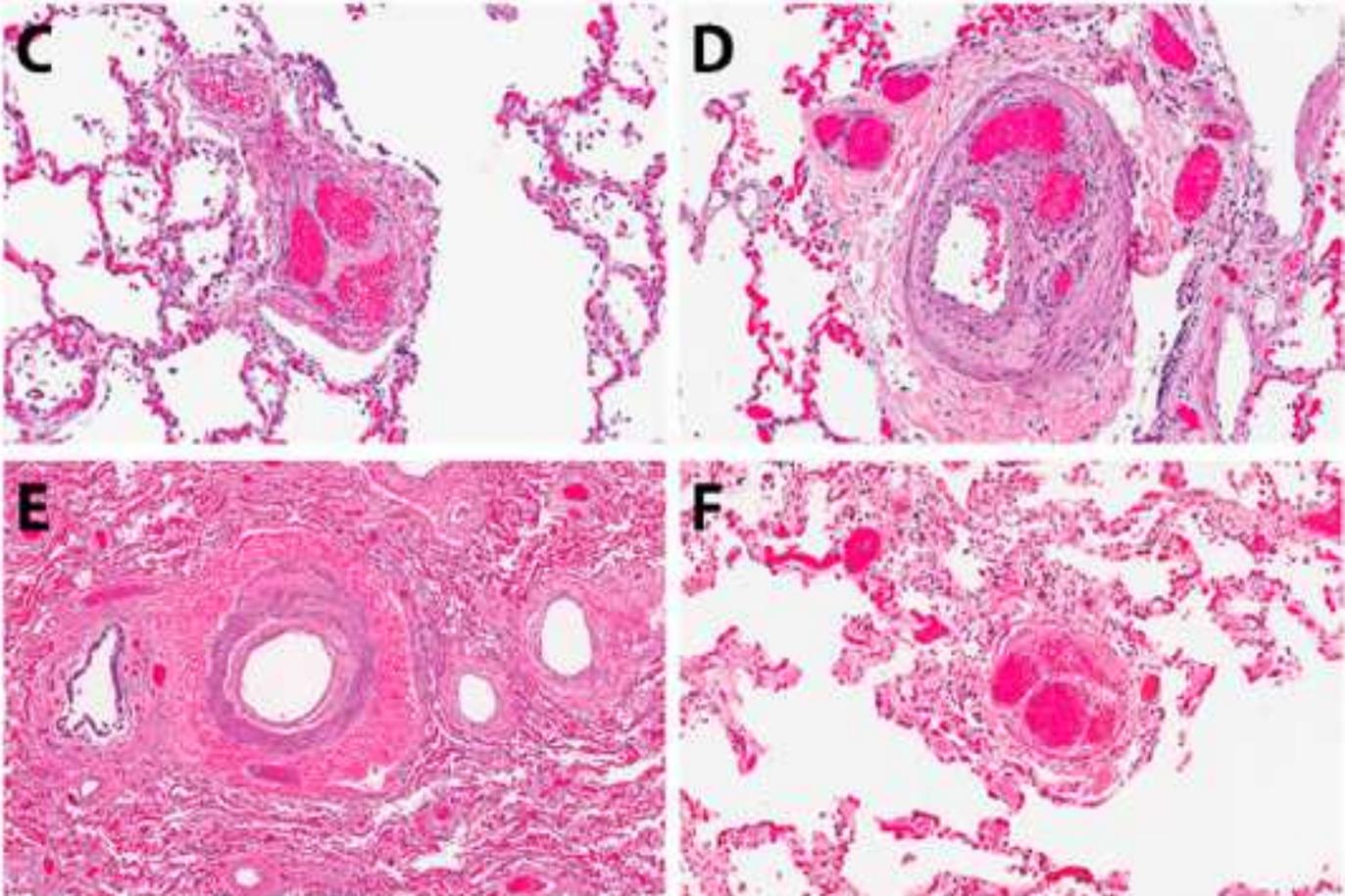
Graham *et al.* Am J Forens Med Path 2007.

Pas de lésions plexiformes mais:

- obstruction thrombotique distale avec recanalisation partielle
- Epaissement de l'intima et de la media
- Hémangiomatose capillaire

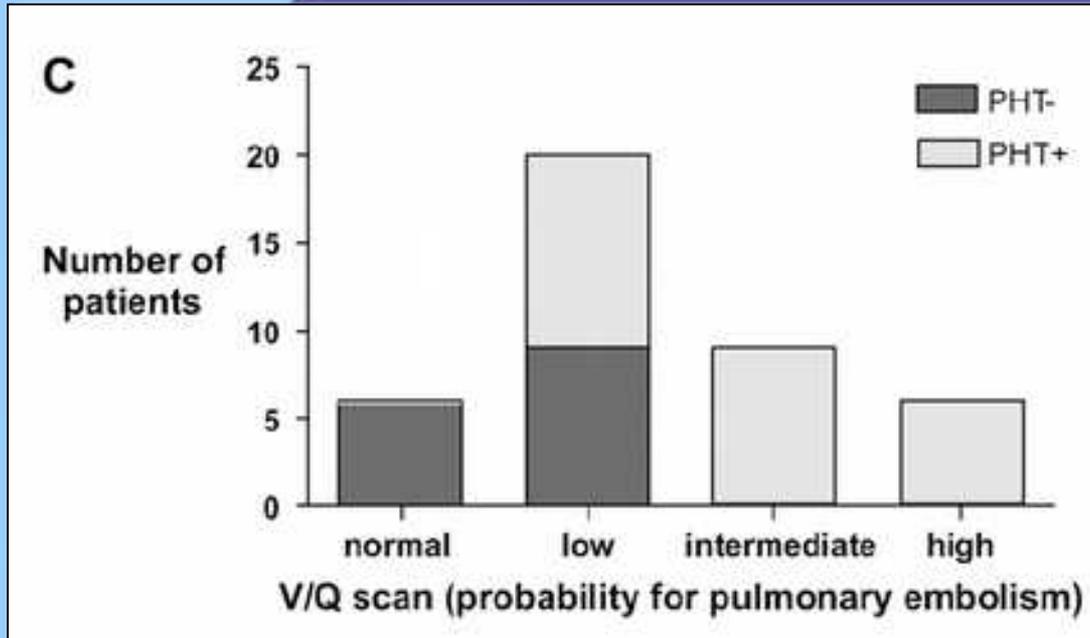


Distal thrombotic obstructions of pulmonary arteries with partial recanalization

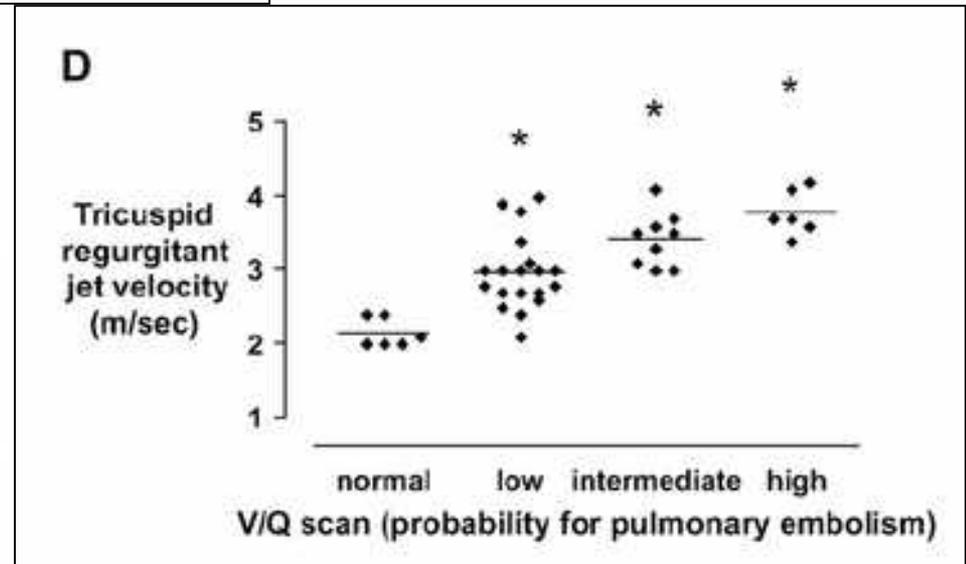


A Mehari et al Am j Respir Crit Care Med 2013

V/Q Scan is frequently abnormal in Patients with SCD



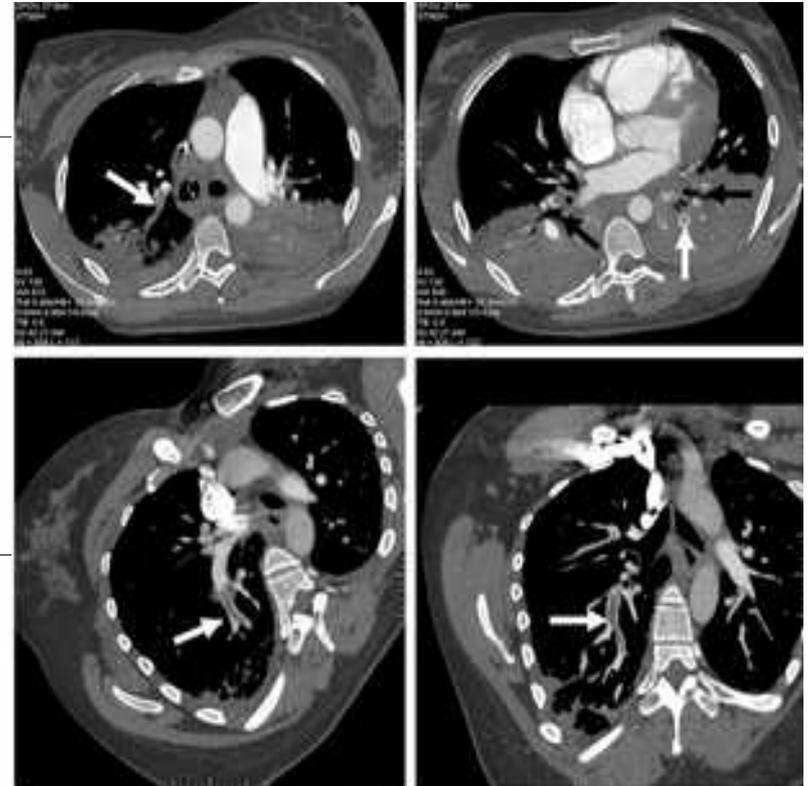
PH+ : n = 26
PH- : n = 17



Pulmonary Artery Thrombosis during Acute Chest Syndrome in Sickle Cell Disease

Armand Mekontso Dessap^{1,2,3}, Jean-François Deux^{2,4}, Nour Abidi¹, Cécile Lavenu-Bombled^{2,5},
Giovanna Melica⁶, Bertrand Renaud^{2,7}, Bertrand Godeau^{2,8}, Serge Adnot^{2,9}, Laurent Brochard^{1,2,3},
Christian Brun-Buisson^{1,2}, Frederic Galacteros^{2,10}, Alain Rahmouni^{2,4}, Anoosha Habibi^{10*},
and Bernard Maitre^{2,11*}

- ⇒ 125 pts consécutifs / 144 STA
- ⇒ 103 angioscanners pulmonaires (121 STA)
- ⇒ Prévalence EP: 17% [10-23%]



Pulmonary Hypertension and Cor Pulmonale during Severe Acute Chest Syndrome in Sickle Cell Disease

Armand Mekontso Dessap^{1,2}, Rusel Leon¹, Anoosha Habibi³, Ruben Nzouakou³, Françoise Roudot-Thoraval⁴, Serge Adnot², Bertrand Godeau⁵, Frederic Galacteros³, Christian Brun-Buisson¹, Laurent Brochard^{1,2}, and Bernard Maitre^{2,6} *Am J Respir Crit Care Med* 2008

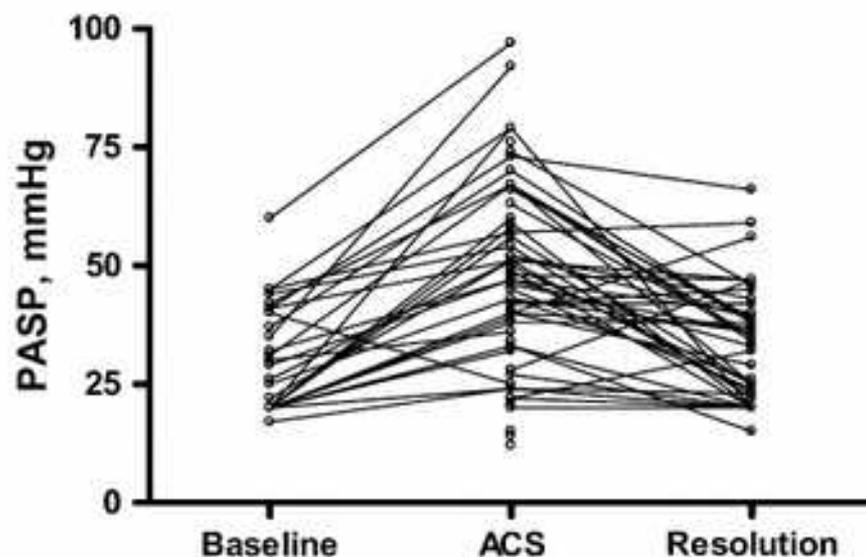


Figure 1. Pulmonary artery systolic pressure (PASP) at baseline (n = 29), during severe acute chest syndrome (ACS) (n = 84), and after its resolution (n = 44). PASP was estimated from tricuspid regurgitant jet velocity.

Hypertension pulmonaire et STA

Dessap AM et al. Am J Respir Crit Care Med 2007

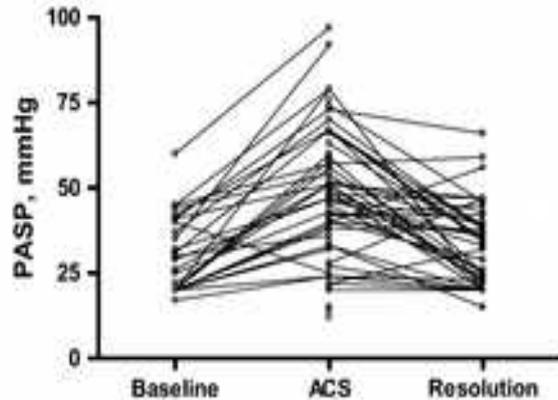


Figure 1. Pulmonary artery systolic pressure (PASP) at baseline (n = 29), during severe acute chest syndrome (ACS) (n = 84), and after its resolution (n = 44). PASP was estimated from tricuspid regurgitant jet velocity.

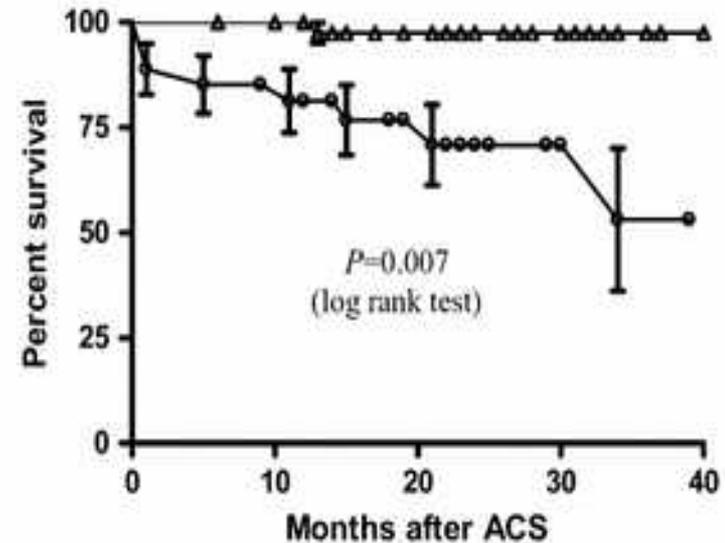


Figure 4. Kaplan-Meier long-term survival curves according to tricuspid regurgitant jet velocity (TRV) during severe acute chest syndrome (ACS). Triangles, TRV < 3 m/second during all episodes (n = 43, deaths = 1); circles, TRV ≥ 3 m/second during at least one episode (n = 27, deaths = 8).

Successful Pulmonary Thromboendarterectomy in Two Patients with Sickle Cell Disease

GORDON L. YUNG, RICHARD N. CHANNICK, PETER F. FEDULLO, WILLIAM R. AUGER, KIM M. KERR, STUART W. JAMIESON, DAVID P. KAPELANSKI, and KENNETH M. MOSER†

Division of Pulmonary and Critical Care Medicine, Department of Medicine, and Division of Cardiothoracic Surgery, Department of Surgery, University of California at San Diego, San Diego, California

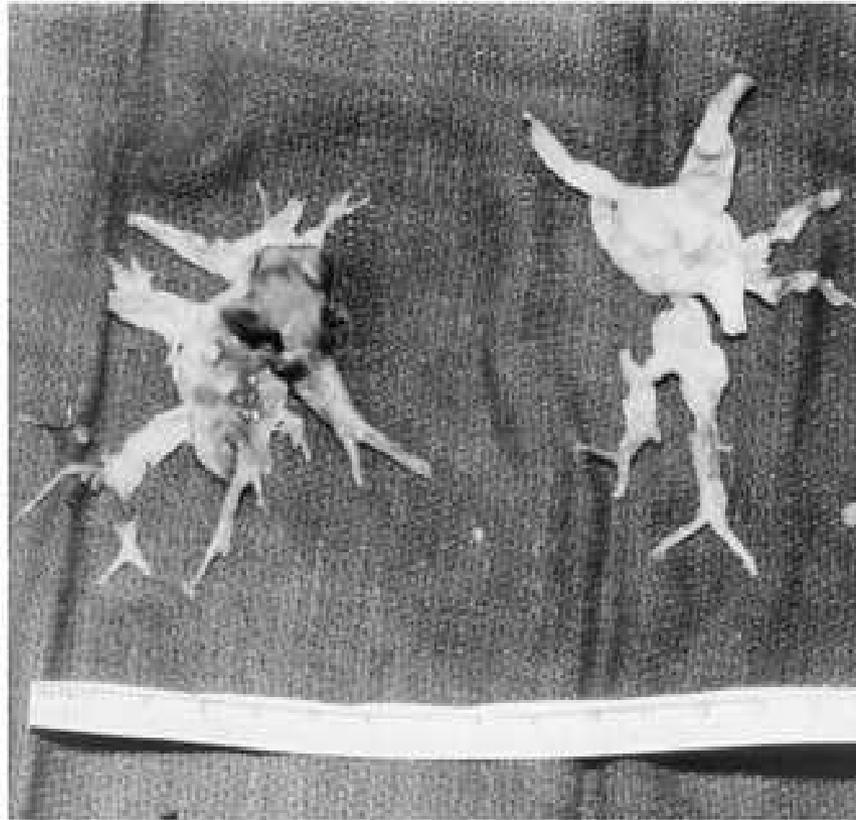


Figure 1. Organized thrombi removed from patient in Case 1.

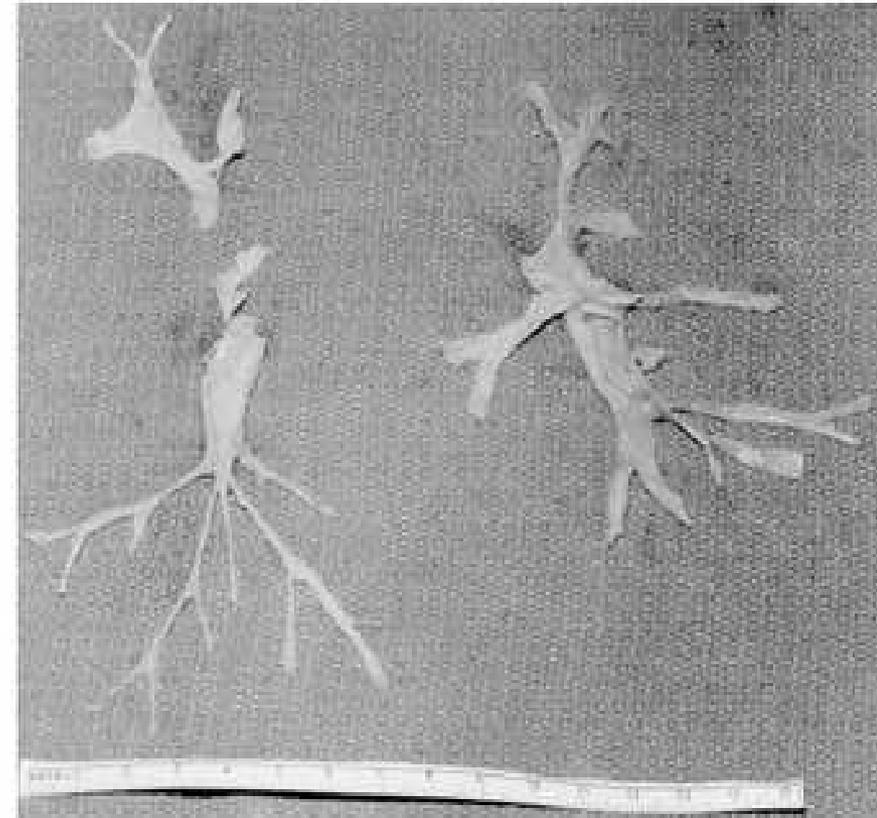


Figure 2. Organized thrombi removed from patient in Case 2.

- Augmentation du débit cardiaque en rapport avec l'anémie chronique
- Thrombose au niveau des artères pulmonaires (asplénisme, thrombocytose, état d'hypercoagulabilité)
- **Modification de la rhéologie sanguine (hyperviscosité) entraînant une élévation des RVP**
- Dysfonction endothéliale entraînant un remodelage des AP de petit calibre ($< 500 \mu$) comme dans l'HTAP.

Regular automated red cell exchange transfusion in the management of pulmonary hypertension in sickle cell disease

- ❖ Report on 2 patients with symptomatic PH (TRJV 3.6 m/s and 4.0 m/s respectively) treated with ARCET
- ❖ There was a rapid clinical and echocardiographic improvement and a decrease of NT-pro BNP
- ❖ The observed benefit, when a lower Hb S level is achieved, suggests it may exist in these patients a degree of reversibility of Pulmonary Hypertension

D Tsitsikas et al, Br J Haematol 2014 (Letter)

Clinical Case

- ❖ A 54 year-old man Born in French West Indies
Suffering from severe SCD (Hb SS)
- ❖ Multiple episodes of Acute Vaso-occlusive pain
- ❖ Three episodes of Acute Chest Syndrome leading to ICU admission
- ❖ No other history of cardio-pulmonary disease
- ❖ Treatment: Hydroxyurea for several years and chronic blood transfusion

Effects of ARCET: A clinical case with RHC evaluation

	June 10	October 10	March 11	July 11
NYHA FC	III	II	III	II
6MWD, m	300	350	240	370
mPAP, mmHg	34	28	42	29
mPCWP mmHg	8	4	6	7
CO L/min	6.4	7.0	5.1	6.6
PVR, dyn.s.cm-5	320	272	558	265
BNP, pg/ml	500	100	850	120
Hemogl. g/dl	9.6 Hb S 39 %	9.2 Hb S 32 %	8.9 Hb S 54 %	9.8 Hb S 24 %
Treatment	—	Sildenafil	Sildenafil	Sildenafil
Tx Change	Start Sildenafil		Start ARCET	After 3rd ARCET

- Augmentation du débit cardiaque en rapport avec l'anémie chronique
- Thrombose au niveau des artères pulmonaires (asplénisme, thrombocytose, état d'hypercoagulabilité)
- Modification de la rhéologie sanguine (hyperviscosité) entraînant une élévation des RVP
- **Dysfonction endothéliale entraînant un remodelage des AP de petit calibre (< 500 μ) comme dans l'HTAP.**

Group 1 Pulmonary Arterial Hypertension (PAH)

- **Idiopathic**
- **Heritable**
- **Drugs and toxins**
- **Associated with other diseases**
 - **Connective tissue diseases**
 - **HIV infection**
 - **Portal hypertension**
 - **Systemic-to-pulmonary shunts**
 - **Schistosomiasis**
 - **Chronic hemolytic anemia**

To belong to Group 1 different subgroups have to share with IPAH

-Major proliferation of the wall of small PA

-Severe PH at diagnosis

-Similar response to PAH specific therapies

Sickle Cell Disease Pathology

TABLE 1. Demographic Pathologic Data

Case no.	Age/sex	SCS/HbE	PH grade	Plex. lesion	Pulm. edema	Heart wt (g)	RV (cm)	RV dil/hyper	LV (cm)	PP/Echo	Spleen	Cirrhosis /hemchr	Cause of death
1	27/M	S 97.8%	3	-	+	480	0.3	+/-	1.5	normal/mild TR	0	+	SD
2	64/F	S 97.3%	4	+	-	420	0.2	+/-	1.5	41-46 sys/TR + PR	0	+/+	SD
3	33/M	S 96.7%	4	+	-	760	0.4	+/+	1.6	TR	0	+/+	SD
4	28/M	S 96.4%	4	+	+	560	0.7	+/+	NA	74/36/TR	0	-	SC crises
5	54/F	S 95.7%	4	+	-	500	0.8	+/+	2.2	H/o PH	0	+/+	GI bleed
6	47/M	S 92.9%	2	-	+	600	1.0	+/+	NA	normal/mild TR	0	+	SD
7	50/F	S 92.7%	4	+	-	510	0.5	+/-	1.8	Increased left atrial pr	0	+/+	SC crises, sepsis
8	40/M	S 90%	4	+	+	500	0.6	+/+	1.8	77/34/ mod TR	0	+/+	DIC
9	39/M	S 83%	4	+	+	520	0.4	+/+	1.5	78-82 sys/TR	0	+/+	SD
10	28/M	S 81.3%	3	-	+	560	0.4	+/-	1.1	ND	0	+	SC crises
11	19/F	S 53%	3	-	+	360	0.6	+/+	1.7	51-56/TR	0	+/+	Renal failure
12	41/M	S 42%	3	-	+	288	0.3	-	1.3	ND	500	-	SD
13	34/F	S 40%	4	+	-	430	0.2	+/-	1.2	ND/mild TR	550	+/+	SC crises
14	77/F	S 37%	4	+	+	390	0.3	+/-	1.4	55/35/TR	0	-	Sepsis
15	62/F	S 31%	4	+	+	720	0.6	+/-	NA	ND	230	-	Ovarian CA
16	40/M	S 23%	2	-	+	480	0.25	+/-	1.7	ND	330	-	Sepsis
17	19/M	+ /ND	4	+	+	420	NA	NA	1.5	ND	150	-	SD
18	39/M	+ /ND	4	+	+	540	0.4	+/-	1.5	ND	0	+	Cirrhosis
19	33/M	+ /ND	1	-	+	580	0.3	+/-	1.4	ND	220	-	SD (PE)
20	41/F	+ /ND	2	-	+	368	0.2	+/-	1.4	ND	188	-	Sepsis

Abbreviations: SCS, sickle cell screen; HbE, hemoglobin electrophoresis; Plex lesion, plexiform lesion wt, weight; RV dil/hypert, right ventricular dilatation/hypertrophy (in g); PP/Echo, pulmonary pressure/echocardiogram; TR, tricuspid regurgitation; PR, pulmonary regurgitation; ND, not done; Spleen 0, autosplenectomy; SD, sudden death; PE, Pulmonary embolism; DIC, disseminated intravascular coagulopathy.

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PH in Sickle Cell disease

Hemodynamic findings

	IPAH1 (n=288)	CTD-PAH1 (n=157)	PO-PAH1 (n=127)	CHD-PAH1 (n=35)	HIV-PAH2 (n=59)	Precap. PH in SCD3 (n=11)
RAP, mmHg	8 ± 5	7 ± 5	8 ± 6	7 ± 5	8 ± 5	5 ± 2
mPAP, mmHg	49 ± 13	41 ± 9	47 ± 12	51 ± 16	49 ± 10	28 ± 4
PCWP, mmHg	9 ± 4	8 ± 4	9 ± 4	8 ± 4	9 ± 5	10 ± 3
Cardiac Index, L/min/m ²	2.4 ± 0.8	2.8 ± 0.9	3.0 ± 1.0	3.0 ± 1.0	2.9 ± 0.7	5.8 ± 1.3
PVR, dyn.sec.cm-5	831 ± 461	649 ± 379	611 ± 311	753 ± 370	737 ± 328	178 ± 55

1. Sitbon O, et al. *ESC & ERS* 2011.
2. Degano B, et al. *Eur Respir J* 2009 .
3. Parent F, et al. *New Engl J Med* 2011.

Table 2: Hemodynamic Profiles of Patients with Sickle Cell Disease with or without Pulmonary Hypertension: Three Cohorts*

	PH	No PH	P Value
NIH cohort	n = 56	n = 30	
CVP, mm Hg	10 ± 5	6 ± 3	<0.001
mPAP, mm Hg	36 ± 9	19 ± 4	<0.001
PAWP, mm Hg	16 ± 5	12 ± 3	<0.001
CO, L/min	8 ± 3	9 ± 2	0.14
CI, L/min/m ²	5 ± 1	5 ± 1	0.063
PVR, dyn · s · cm ⁻⁵	229 ± 149	74 ± 38	<0.001
French cohort	n = 24	n = 72	
CVP, mm Hg	10 ± 6	7 ± 2	<0.001
mPAP, mm Hg	30 ± 6	19 ± 3	<0.001
PAWP, mm Hg	16 ± 7	11 ± 3	<0.001
CO, L/min	8.7 ± 1.9	8.4 ± 2.1	0.60
PVR, dyn · s · cm ⁻⁵	138 ± 58	72 ± 26	<0.001
Brazilian cohort [†]	n = 8	n = 18	
mPAP, mm Hg	33.1 ± 8.9	18.7 ± 2.8	<0.001
PAWP, mm Hg	16.0 ± 5.7	13.3 ± 2	0.07
CI, L/min/m ²	5 ± 1.36	4.9 ± 1.7	0.85
PVR, dyn · s · cm ⁻⁵	179 ± 120	64 ± 48	0.002

NIH: Mehari et al. AJRCCM 2013
 French: Parent et al. NEJM 2011
 Brazil: Fonseca et al. ERJ 2011

HTP et drépanocytose : IPDE-51 (Walk-PHaSST)

- Etude multicentriques contrôlée : sildénafil 80 mg x 3/j vs placebo
- Critère d'inclusion : VRT $\geq 2,7$ m/s
- Critère de jugement principal: TM6' à S16

<i>Tolérance</i>			
	Placebo	Sildénafil	p
EIG	8(22%)	17(46%)	0,02
CVO	5(14%)	13(35%)	0,03

<i>Effet à S16</i>			
	Placebo	Sildénafil	p
TM6', m	410 \pm 105	364 \pm 101	NS
VRT, m/s	2,9 \pm 0,5	2,9 \pm 0,3	NS
NT-BNP, pg/L	2,3 \pm 0,6	2,5 \pm 0,7	NS

- Etude interrompue par la NIH après 33 inclusions dans chaque groupe car augmentation significative de l'incidence des CVO dans le groupe traité.

▪ Pas d'efficacité démontrée du sildenafil



NIH Public Access

Author Manuscript

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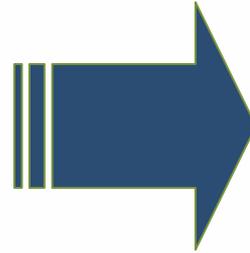
Exercise Capacity and Hemodynamics in Patients with Sickle Cell Disease with Pulmonary Hypertension Treated with Bosentan: Results of the ASSET studies

RJ Barst¹, KK Mubarak², RF Machado³, KI Ataga⁴, RL Benza⁵, O Castro⁶, R Naeije⁷, N Sood⁸, PS Swerdlow⁹, M Hildesheim¹⁰, MT Gladwin¹¹, and on behalf of the ASSET study group*

Number of AEs, SAEs, and VOC AEs by treatment group, ASSET-1 and ASSET-2 – All subjects.

Number of Events	Treatment Group				Wilcoxon's Exact p
	Bosentan N subjects=11		Placebo N subjects=15		
	Mean (std)	Median (min - max)	Mean (std)	Median (min - max)	
AEs	5.1 (2.5)	6 (1 - 8)	5.2 (3.9)	5 (1 - 13)	0.9
VOC AEs	0.8 (1.3)	0 (0 - 3)	0.7 (1.4)	0 (0 - 4)	0.8
SAEs	1.5 (1.9)	1 (0 - 5)	1.1 (1.9)	0 (0 - 6)	0.5
Severe SAEs	0.7 (1.3)	0 (0 - 4)	1.0 (1.9)	0 (0 - 4)	1.0

Groupe 1



Groupe 5

- **Présentation clinique et hémodynamique différente**
- **Hypertension pulmonaire multifactorielle**
- **Physiopathologie méconnue**
- **Lésions plexiformes inhabituelles**
- **Pas d'efficacité démontrée des traitements spécifiques HTAP**



Group 1 Pulmonary Arterial Hypertension (PAH)

- **Idiopathic**
- **Heritable**
- **Drugs and toxins**
- **Associated with other diseases**
 - **Connective tissue diseases**
 - **HIV infection**
 - **Portal hypertension**
 - **Systemic-to-pulmonary shunts**
 - **Schistosomiasis**
 - **Chronic hemolytic anemia**

To belong to Group 1 different subgroups have to share with IPAH

-Major proliferation of the wall of small PA

-Severe PH at diagnosis

-Similar response to PAH specific therapies



Updated Classification of PH



1. Pulmonary Arterial Hypertension

1.1 Idiopathic PAH

1.2 Heritable PAH

1.2.1. BMPR2

1.2.2. ALK-1, ENG, SMAD9, CAV1, KCNK3

1.2.3 Unknown

1.3 Drugs and toxins induced

1.4 Associated with:

1.4.1 Connective tissue disease

1.4.2 HIV infection

1.4.3 Portal hypertension

1.4.4 Congenital Heart diseases

1.4.5 Schistosomiasis

1'. Pulmonary Veno Occlusive Disease and/or Pulmonary Capillary Hemangiomatosis

1''. Persistent Pulmonary Hypertension of Newborn

3. Pulmonary Hypertension Due to Lung Diseases and/or Hypoxia

3.1 Chronic obstructive pulmonary disease

3.2 Interstitial lung disease

3.3 Other pulmonary diseases with mixed restrictive and obstructive pattern

3.4 Sleep-disordered breathing

3.5 Alveolar hypoventilation disorders

3.6 Chronic exposure to high altitude

3.7 Developmental lung diseases

4. Chronic Thromboembolic Pulmonary Hypertension

5. Pulmonary Hypertension with Unclear Multifactorial Mechanisms

5.1 Hematologic disorders: chronic hemolytic anemias, myeloproliferative disorders, splenectomy,

5.2 Systemic disorders, Sarcoidosis, pulmonary Langerhans cell histiocytosis, Lymphangiomyomatosis, neurofibromatosis, vasculitis

5.3 Metabolic disorders: Glycogen storage disease, Gaucher disease, thyroid disorders

5.4 Others: tumoral obstruction, fibrosing mediastinitis, chronic renal failure, segmental PH

Simonneau G *et al.* J Am Coll Cardiol 2013

- Pulmonary Hypertension, confirmed by RHC in adults with SCD, is less frequent than expected on the basis of echocardiographic estimation
- Post- capillary pulmonary hypertension represents the most frequent cause
- Pre-capillary pulmonary hypertension is less frequent and multifactorial associating : high cardiac output ,thrombosis, hyperviscosity and may be endothelial dysfunction
- PH represents an important risk of death
- The optimal management of this severe complication remains to be properly evaluated

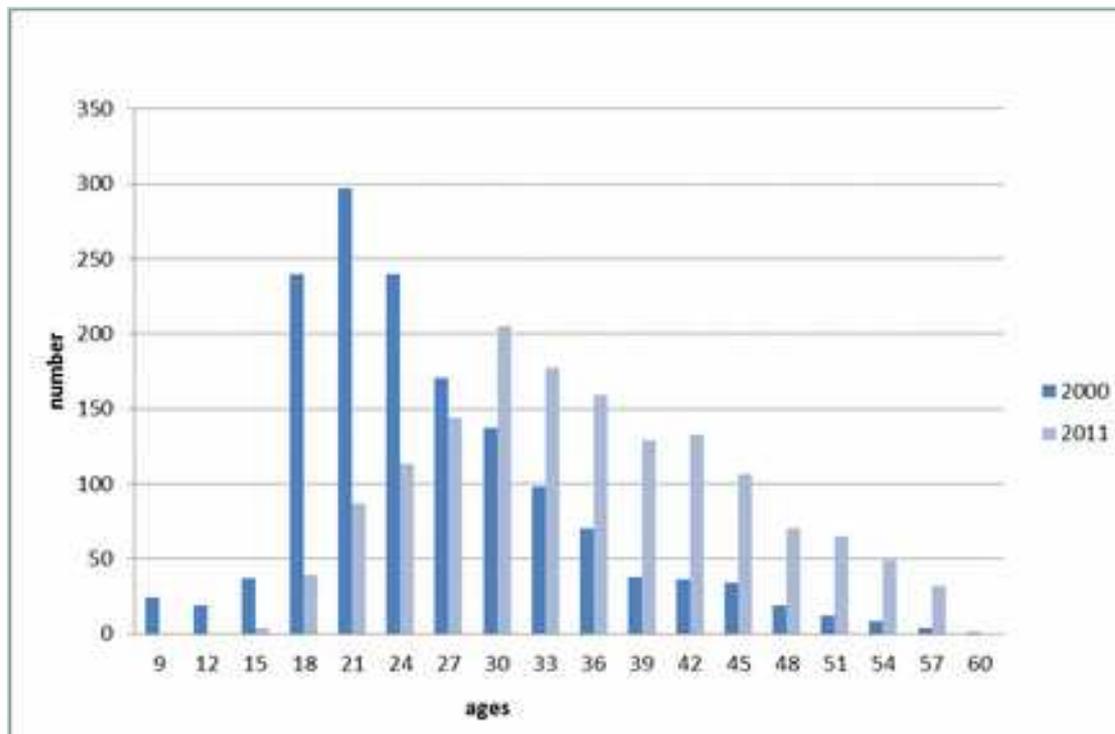
Parent F. *New Engl J Med* 2011

**** Fonseca GH. *Eur respir j*2012**

*****Gladwin M, *et al. New Engl J Med* 2004**

Syndromes drépanocytaires majeurs

- SS, SC, Sβthal, SD Punjad, SO Arab
- Prévalence: 1 - 5 /10 000
 - 250 nouveaux cas / an en France métropolitaine
 - 250 000 nouveaux cas / an dans le monde
- Cohorte Hôpital Mondor: âge des patients suivis



RESULTS: Characteristics of patients

Characteristics	N=385
Age (yr)	34 ~ 10
Female sex (%)	60%
TRJ velocity (m/sec)	2.3 ~ 0.4
History of ACS (%)	34%
History of stroke (%)	5%
Hemoglobin SS	98.5%
Hemoglobin SC	0%
Hemoglobin S- thalassemia	1.5%
Systolic blood pressure (mmHg)	118 ~ 16
Blood transfusion	36%
Hydroxyurea therapy (%)	23%

Characteristics	N=385
Hemoglobin (g/dl)	9.0 ~ 4.6
Creatinine (mmol/l)	65 ~ 23
Bilirubin : direct (mmol/l)	11 ~ 8
total (mmol/l)	59 ~ 54
Aspartate aminotransferase (U/L)	40 ~ 20
Alanine aminotransferase (U/L)	25 ~ 18
Lactate dehydrogenase (U/L)	496 ~ 284
SaO2 (%)	95 ~ 3

Characteristic	TRV < 2.5 m.s-1 N=289	<i>P</i> value	TRV \geq 2.5 m.s-1 without PH N=72
Age (yr)	33 \pm 9	0.03	36 \pm 11
Female sex (%)	32%	0.11	51%
NYHA I/II (%)	94.5	0.4	93.1
NYHA III (%)	5.5		6.9
Systolic blood pressure (mm Hg)	116 \pm 16	0.03	121 \pm 14
6MWD (m)	520 \pm 88	0.49	527 \pm 62
PaO2 (mmHg)	87 \pm 11	0.38	86 \pm 11
Urea (mmol/l)	3.3 \pm 1.4	0.26	3.7 \pm 2.2
LDH (U/L)	466 \pm 224	0.32	501 \pm 274
Bilirubin: total (mmol/l)	58 \pm 44	0.6	62 \pm 86
direct (mmol/l)	11 \pm 8	0.9	11 \pm 6
NT-proBNP (pg/ml)	121 \pm 185	0.44	107 \pm 101

Characteristic	TRV < 2.5 m.s-1 N=289	<i>P</i> value	TRV \geq 2.5 m.s-1 without PH N=72	<i>P</i> value	TRV \geq 2.5 m.s-1 with PH N=24
Age (yr)	33 \pm 9	0.03	36 \pm 11	<0.001	45 \pm 10
Female sex (%)	32%	0.11	51%	0.10	71%
NYHA I/II (%)	94.5	0.4	93.1	0.0001	62.5
NYHA III (%)	5.5		6.9		37.5
Systolic blood pressure (mm Hg)	116 \pm 16	0.03	121 \pm 14	0.31	124 \pm 15
6MWD (m)	520 \pm 88	0.49	527 \pm 62	<0.0001	404 \pm 94
PaO2 (mmHg)	87 \pm 11	0.38	86 \pm 11	0.04	80 \pm 12
Urea (mmol/l)	3.3 \pm 1.4	0.26	3.7 \pm 2.2	0.17	5.0 \pm 4.2
LDH (U/L)	466 \pm 224	0.32	501 \pm 274	0.009	901 \pm 606
Bilirubin: total (mmol/l)	58 \pm 44	0.6	62 \pm 86	0.9	60 \pm 35
direct (mmol/l)	11 \pm 8	0.9	11 \pm 6	0.02	16 \pm 15
NT-proBNP (pg/ml)	121 \pm 185	0.44	107 \pm 101	<0.0001	1020 \pm 2153

HTP et Drépanocytose: Caractéristiques

- Marqueurs d'hémolyse sont associés à la présence d'HTP, de façon variable, dans les 3 études
- Dans les 3 études, patients sont plus âgés (45 ± 10 / 39 ± 12 / 38 ± 11) , et ont une créatinine plus élevée

HTP et Drépanocytose: Mécanismes

- Données autopsiques montrent des lésions d'HTAP chez $\frac{3}{4}$ patients (Haques Hum Pathol 2002;33).
- Hémolyse intravasculaire chronique
 - Déplétion de NO par captation par Hb plasmatique libre
 - Augmentation de l'endothéline-1
 - Activation plaquettaire
 - Libération accrue de l'arginase érythrocytaire qui diminue la biodisponibilité du NO
- Thrombose: Etat d'hypercoagulabilité; présence de thrombi des AP en cas de STA, asplénie
- Hypoxie chronique
- Hyperviscosité sanguine

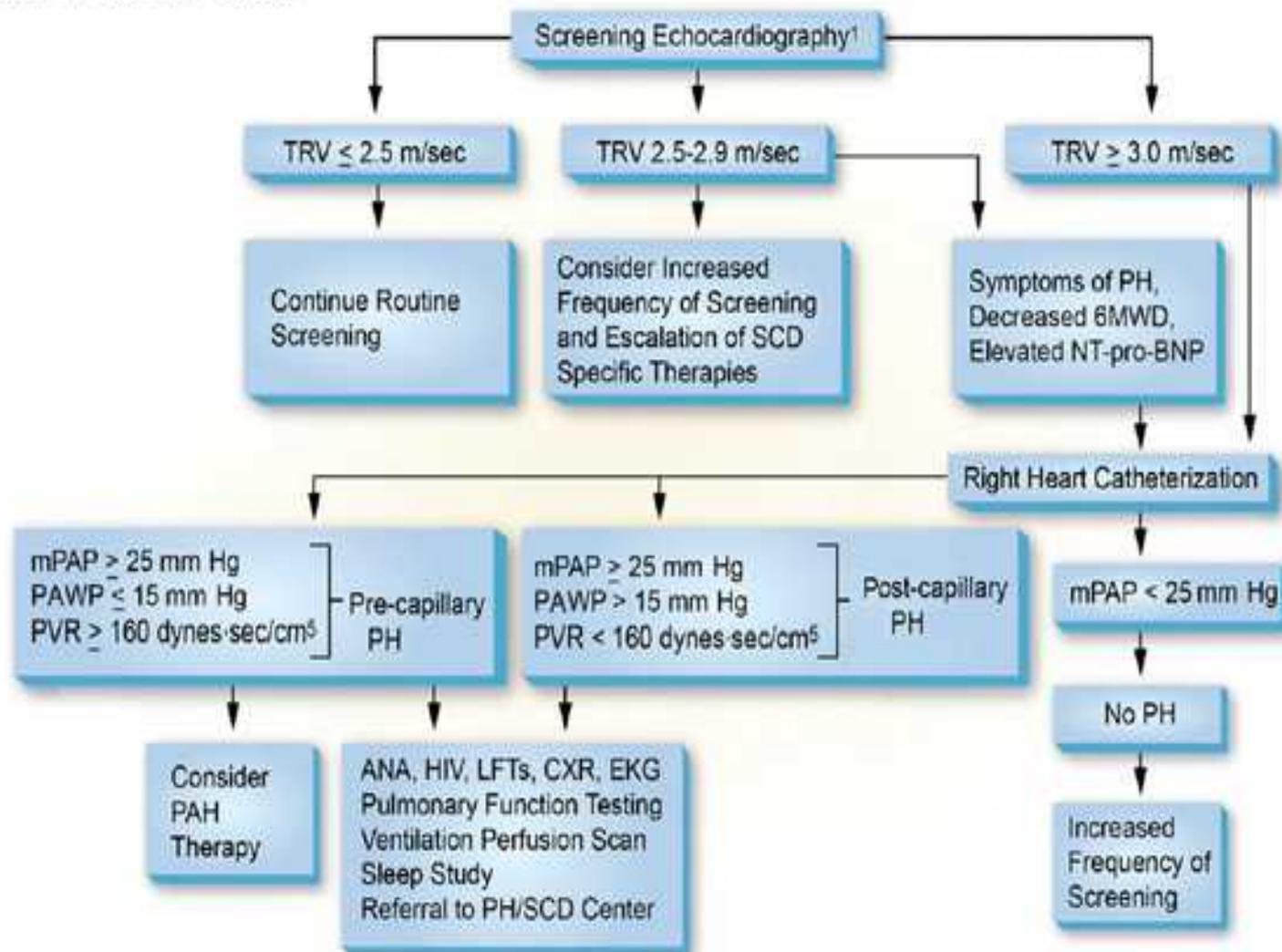


An Official American Thoracic Society Clinical Practice Guideline:
Diagnosis, Risk Stratification, and Management of Pulmonary
Hypertension of Sickle Cell Disease

Elizabeth S. Kings¹, Roberto F. Machado², Nobuyuki J. Barst³, Claudia R. Morris, Kamal K. Mubarek, Victor R. Gorduk,
Gregory J. Katz, Kenneth I. Ataga, J. Simon Gibbs, Oswaldo Castro, Erik B. Rosenzweig, Namita Soori, Larwa Hsu,
Kevin C. Wilson, Marilyn J. Teitel, Laura M. DeCastro, Lakshmanan Krishnamurti, Martin H. Sternberg, David B. Badesch,
and Mark T. Gladwin, on behalf of the ATS Ad Hoc Committee on Pulmonary Hypertension of Sickle Cell Disease

This Official Clinical Practice Guideline of the American Thoracic Society was approved by the ATS Board of Directors, November 2012. This
Guideline also was approved by the American College of Chest Physicians, October 2012, and by the Pulmonary Hypertension Association,
November 2012.

AJRCCM: 189; 6,
727-740



Risk stratification by measurement of N-terminal pro-brain natriuretic peptide (NT-pro-BNP) levels in adults with sickle cell disease.

Ref	Type of study	Type of patients (n)	Numerator	Denominator	Mortality risk
a	Observational study evaluating the risk of death	Two cohorts, consecutive patients with SCD (230 & 121).	Mortality among patients with an NT-pro-BNP ≥ 160 pg/mL	Mortality among patients with an NT-pro-BNP < 160 pg/mL	RR 5.1 (95% CI 2.1-12.5) in cohort #1 RR 2.9 (95% CI 1.2-6.6) in cohort #2 Absolute values not provided
b	Observational study evaluating the risk of death	Consecutive patients with SCD (758).	Mortality among patients with an NT-pro-BNP ≥ 160 ng/L	Mortality among patients with an NT-pro-BNP < 160 ng/L	Adjusted RR 6.87 (95% CI 3.0-16.0) Absolute values not provided

NT-pro-BNP: N-terminal pro-brain natriuretic peptide. SCD: Sickle cell disease.

Machado et al. JAMA 2006; 296(3):310-318.

Machado et al. Br J Haematol 2011;

Hypertension Artérielle Pulmonaire

- *Maladie rare: 10/million en France*
- *Augmentation progressive de la pression artérielle pulmonaire*
- *Installation d'une insuffisance cardiaque droite*

Lésions anatomiques - HTP de la drépanocytose

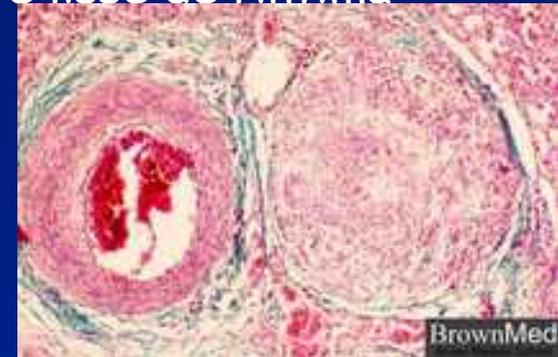
- ◆ Première étude anatomopathologique:

HAQUE, AK., pulmonary hypertension in sickle cell hemoglobinopathy: a clinicopathologic study of 20 cases Hum Pathol 2002

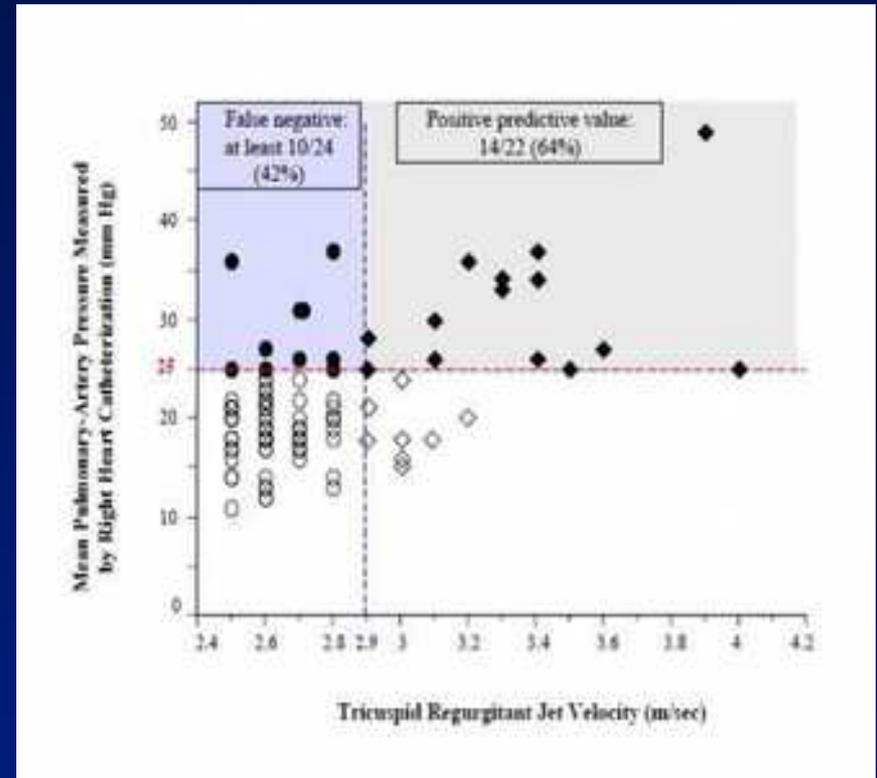
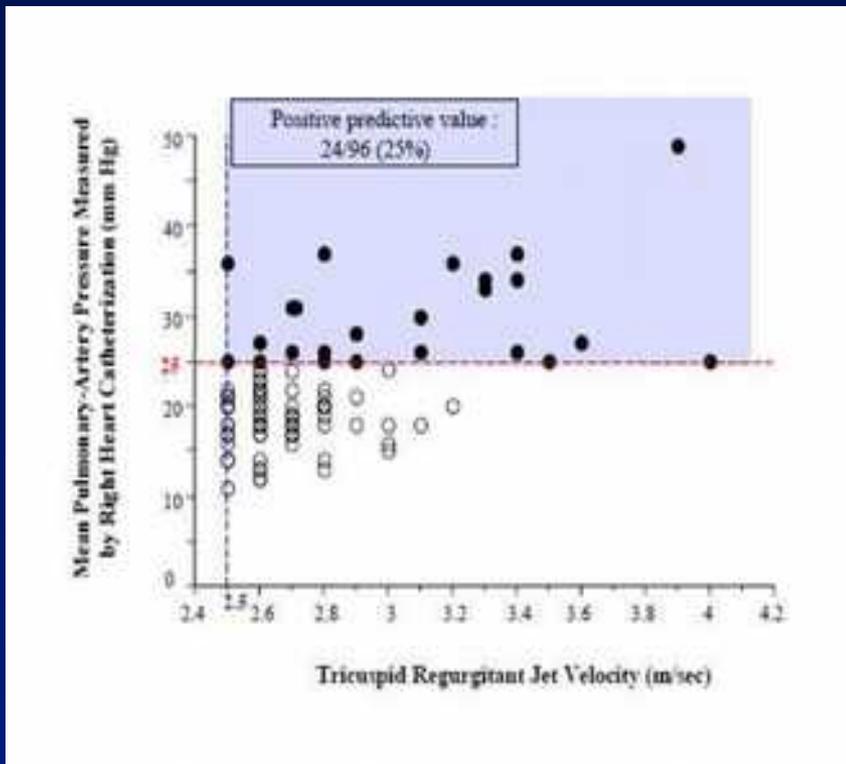
- 20 autopsies de drépanocytaires SS

- ◆ Résultats:

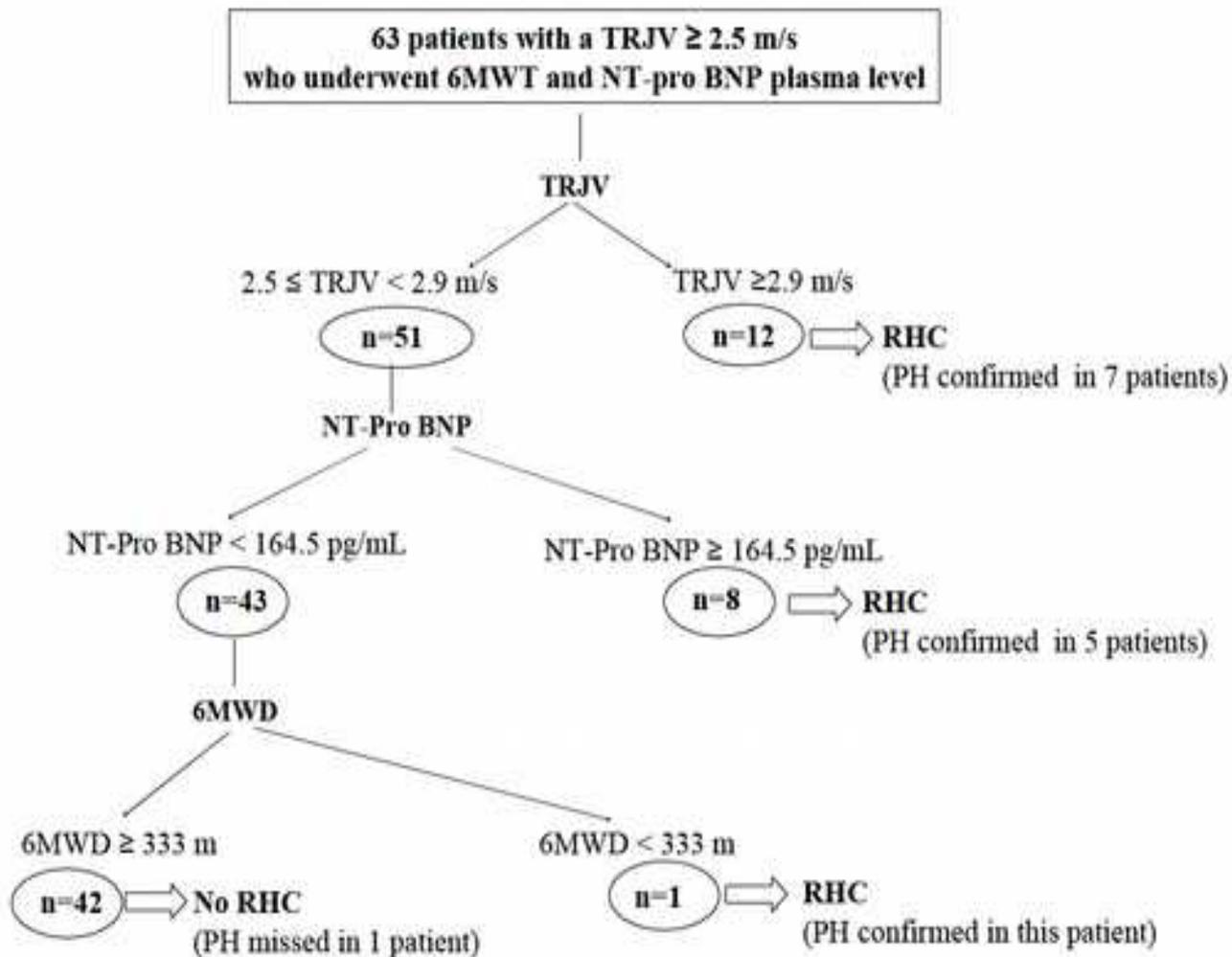
- Tous présentaient des lésions de remodelage vasculaire pulmonaire caractéristiques de l'HTAP
- 60% de lésions plexogéniques décrites: (artères de 80 à 150: dilatation par destruction pariétale artérielle et amincissement de la média avec perte du muscle lisse avec rupture ou perte de la limitante élastique externe)
- hypertrophie de la média et hyperplasie musculaire lisse de l'intima



HTP et Drépanocytose: Screening?



Intérêt d'associer plusieurs tests: TM – BNP – Echocardiographie?



- 21 KT au lieu de 63
- VPP : 62%
- FN: 7%

Effects of Sildenafil in PAH associated with SCD

- The walk-PHaSST study was a double-blind placebo controlled trial of 16 weeks to test safety and efficacy of sildenafil in PAH patients with SCD
- The NIH stopped the study, due to safety concerns when 33 patients had completed the trial
- sildenafil treated patients were likely to have more likely sickle cell pain crisis (35%) compared to placebo-treated patients (14%).
- Furthermore, there was no evidence of treatment-related improvement at time of study

HTP et drépanocytose : ARE (ASSET 1 et 2)

- Etude multicentriques contrôlée : bosentan 125 mg x 2/j vs placebo
- Critère d'inclusion :
 - ASSET-1: PAPm \geq 25, Pcp \leq 15 et RVP \geq 160
 - ASSET-2: PAPm \geq 25, Pcp \leq 15 er RVP 100-160 ou Pcp 16-25 et RVP \geq 100
- Critère de jugement principal: RVP à S16

Number of AEs, SAEs, and VOC AEs by treatment group, ASSET-1 and ASSET-2 – All subjects.

Number of Events	Treatment Group				Wilcoxon's Exact p
	Bosentan N subjects=11		Placebo N subjects=15		
	Mean (std)	Median (min - max)	Mean (std)	Median (min - max)	
AEs	5.1 (2.5)	6 (1 - 8)	5.2 (3.9)	5 (1 - 13)	0.9
VOC AEs	0.8 (1.3)	0 (0 - 3)	0.7 (1.4)	0 (0 - 4)	0.8
SAEs	1.5 (1.9)	1 (0 - 5)	1.1 (1.9)	0 (0 - 6)	0.5
Severe SAEs	0.7 (1.3)	0 (0 - 4)	1.0 (1.9)	0 (0 - 4)	1.0

- Etude interrompue pour défaut d'inclusion (n=26)
- Bonne tolérance sur la population étudiée
- Pas d'efficacité démontrée